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CM M K Stalin demands protection and denounces the traps set for Rahul Gandhi.

2 0 2 4 : Wednesday, Chief leader threatening that Minister MK Stalin @RahulGandhi 'will expressed dismay at meet the same fate as media reports that a his grandmother." BJP leader and a Shiv Stalin wrote on X Sena MLA had (formerly Twitter) that threatened to carry out "my brother Rahul violent acts against Gandhi's growing Leader of the public support has Opposition Rahul clearly unsettled Gandhi. In order to many, leading to such guarantee Gandhi's vile acts of safety, he urged the intimidation." national government went on, "The Union to act right away.

Chennai, Sep 18 other intimidating On threats, and a BJP government needs to "Deeply shocked reaffirm that violence Opposition." response to the threats. including Uttar Sanjay Gaikwad, and



by media reports of a and intimidation have Congressman and The Delhi police Pradesh Minister Minister of State for Shinde Sena MLA's no place in our Rajva Sabha member station on Tughlak Raghuraj Singh, Delhi Railways Ravneet bounty for cutting his democracy and move Ajay Maken filed a Road received a BJP leader Tarvinder Singh Bittu. tongue, along with quickly to ensure formal complaint complaint that named Singh Marwah, Shiv According to Maken's

Leader of the against BJP leaders in multiple people, Sena (Shinde) MLA

complaint, on Gaikwad publicly September 11, at a BJP offered a reward of Rs function, Tarvinder 11 lakh to anyone who Singh Marwah directly would "cut the tongue" threatened Rahul of Rahul Gandhi is Gandhi, saying, also brought up in the "Rahul Gandhi baaz c o m p l a i n t . aaja, nahi toh aane Furthermore, on wale time mein tera September 15, Maken bhi wohi haal hoga jo charged that Ravneet teri dadi ka haal hua" Singh Bittu, the (You better behave, or Minister of State for you will meet the same Railways, had referred fate as your to Rahul Gandhi as the grandmother), making "number one terrorist reference to the late of the country" in a Prime Minister Indira statement meant to stir Gandhi. Maken has up trouble and incite provided video violence. On social evidence of this threat media and television, that was recorded. A the statement was September 16 incident widely shared. in which Sanjay

Gangster Kakathope Balaji was slain by police in Chennai

2024:

protection for the

Chennai, Sep 18 murder, was shot and Greater Chennai to an ongoing case. Renowned killed by police in Police, Balaji was According to reports, mobster Kakathope Chennai early on approached by police the gangster used Balaji, who was Wednesday. It was a in Vyasarpadi when deadly weapons to





fire, which ultimately Armstrong, Sambo handcuffs were taken "Parandhu" (Hawk), a resulted in his death.

In March 2020, criminal. Balaji and another escape the violent k i l l e d

Senthil is a wanted off, Thiruvengadam software program that

gang member, CD Greater Chennai which is why they cases of well-known Mani, were targeted by Police have killed two opened fire. bombs from a rival people in encounters.

allegedly attempted to assists in following the In recent weeks, the attack the officers, whereabouts and legal

gang led by Sambo On July 14, while the peace and prevent that this technology Senthil on Chennai's gathering evidence gang conflicts, the helps them stay ahead busy Anna Salai. near Madhavaram Greater Chennai of gang-related Balaji managed to Lake, police shot and Police have been activities and increase K. closely observing the the number of attack. The two men Thiruvengadam, a activities of the convictions in ongoing had made a clean history sheeter and approximately 4,000 investigations by escape. In connection leading suspect in the history-sheeters in the providing vital with the killing of BSP murder of K. city. Additionally, they information. state president K. Armstrong. After his have unveiled

offenders. Police In an effort to keep officials acknowledge



PASSPORT | MSME | PAN | AADHAAR

Pearson Elevates STEM Education in India with Launch of 'Conceptual Physics' Learning Experience

Chennai, Sep 18 2024: In a significant move to advance STEM education in India, Pearson (FTSE: PSON.L), the world's lifelong learning company, today unveiled the 13th edition of 'Conceptual Physics' by renowned physicist Prof. Paul G. Hewitt in India. The strengthen STEM This learning unveiling took place education in India, it is experience has been during an event, held essential that our instrumental in at the Infosys Science students have access to transforming the way Foundation, with world-class learning physics is taught and Narayana Murthy, resources. 'Conceptual understood globally, Founder of Infosys. Physics' by Paul G. by emphasizing the Murthy endorsed the Hewitt is a prime principle of 'concepts book as essential example, emphasizing before calculations. reading for Indian c o n c e p t u a l The latest edition by Flipkart and others. students who want to understanding and Pearson builds on this master the principles real-worldlegacy, offering of physics. Today's applications to make updated content, reallaunch aligns with physics more world analogies, and India's 'Viksit Bharat' relatable. I am thrilled the popular Hewittvision by 2047, which that Pearson's launch Drew-It screencasts prioritizes higher- will make this that make learning quality education. The invaluable resource physics both updated edition of accessible to STEM informative and fun. 'Conceptual Physics' students across India. In India, where the supports India's Such high-quality focus on STEM modern STEM content is crucial for education is curriculum goals to positioning India as a intensifying, it will be serve both students global education hub. a vital learning and educators. By 'Conceptual Physics' is resource for releasing this edition student-centric and a individuals aiming to in India, Pearson is vital step towards this excel in the fields of giving students new goal." said Narayana physics. opportunities to access Murthy, Founder, comprehensive Infosys. physics content, covering key topics such as mechanics, thermodynamics, electricity and magnetism, waves, and modern physics, with a focus on current applications in digital technology,

"As we work to education aspirants.

environment, and



Conceptual Pearson India, said, Physics, authored by "As India emerges as a widely recognized for learning resources. We its unique approach to adapt our extensive engaging for higher and cultural contexts. Prof. Paul G. Hewitt.

international standards. Soon, we will introduce 'Conceptual Physics' in regional languages like Hindi and Kannada to make it accessible to even more students and educators." The 13th edition of 'Conceptual Physics' will be available in India in the nearest bookstores and ecommerce platforms

such as Amazon, "I am deeply satisfied to see the 13th edition of Conceptual Physics being launched in India by Pearson. My aim continues to be opening the eyes of students to see,

Committed to serving

the Indian market, we

ensure our content

aligns with the highest

appreciate, and understand how physics is relevant to their everyday lives. With the book's clear explanations, both science and nonscience students can welcome the joy of Vinay Swamy, truly learning physics Country Head, concepts and foster a love for STEM education. I extend my Prof. Paul G. Hewitt, global engineering heartfelt thanks to Mr. an internationally hub, it is crucial to Narayan Murthy for acclaimed author, is provide quality recognizing the book as essential for Indian students. His support simplifying complex content library, highlights the physics concepts, featuring works by importance of making them international authors, accessible education accessible and to meet regional needs in shaping our future."

Hazoor Multi Projects Ltd. Bags User fee collection Contract from NHAI

2024: Hazoor Multi Projects Ltd. a leader in Engineering, Procurement, and Construction (EPC) contracting services, has announced that it has been awarded a work order from National Highways Authority of India for acting as user fee collection agency at Mulawad FP for Shipyard Private monitor and ensure widening to 2 lanes Limited into the e f f e c t i v e with paved shoulders Company with a view implementation of the from Km. 4.40 to 56.00 to combine the merger decision in of NH 218 Bijapur strengths and synergies timely manner. Hubli section in the of both businesses so as state of Karnataka. The to benefit all value of awarded stakeholders and project is Rs.2.59 crores.

Chennai, Sep 18

Further, the board of the company will meet on September 16, 2024 to evaluate the proposal regarding In-principal approval of a potential



merger of Square Port Company to facilitate, accordingly, constitute a "Specific Transaction M/s Hazoor Multi Responding to the Committee" to manage and oversee all necessary steps related to the proposed merger. Pvt. Ltd. for Excavation swiftly emerged as a This committee will act of various site located key player in the

Projects Limited escalating demand in Shirke Const. Tech. process, HMPL has on behalf of the at Pahadi Goregaon- industry.

1473, Shirdhon- III, Khoni- 1374, Nawde-1449, CPWD- 1447, Taloja-1415/16, Thane-1 4 5 3 a n d Kanamwarnagar-1180. The value of awarded project is Rs. 30 crores.

Hazoor Multi Projects Ltd. stands at the forefront of India's rapidly evolving infrastructure landscape, having strategically ventured into the development of a business vertical dedicated to providing high-quality and Earlier, the reliable Engineering, company reported that Procurement, and it received a work order Construction (EPC) has been awarded to contracting services. received from B.G. the nation-building

Legend Saravanan's new film to be produced on a grand **budget by The Legend New Saravana Stores Productions**

Chennai, Sep 18 2024: Following the success of his debut film as protagonist 'The Legend,' which garnered widespread acclaim in theatres and on OTT, leading entrepreneur Legend Saravanan has embarked on his second cinematic venture.

Legend New Saravana Prabhakar, Santhosh Senthilkumar's last the yet-to-be-titled film is a grand-budget venture directed by R S Durai Senthilkumar, known for his blockbusters like 'Kakki Sattai,' 'Kodi,' and the recent success 'Garudan.'

This movie will feature a captivating storyline designed to



with Shaam, Andrea other locations. Produced by The Jeremiah, Baahubali

shooting has been based on real events, completed in Chennai, set against the with the second phase backdrop of currently underway in Thoothukudi. and around Panikka Nadar Kudiyiruppu in will be composed by music by Gibran, is Thoothukudi, Legend Gibran, with currently in a brisk engage audiences Saravanan's cinematography by S. shooting phase.

sections. Bollywood this, the shoot will also star Payal Rajput is take place in Georgia, cast as the female lead, Mumbai, Delhi, and

Stores Productions, Prathap, and Baby Iyal venture 'Garudan' playing key roles. revolving around Prominent stars will be Theni, the new film featured in other promises to deliver a significant characters. thrilling action-The first phase of packed experience

across various hometown. Following Venkatesh and editing

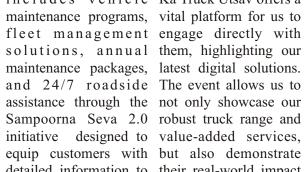
by Pradeep. The art direction is managed by Durairaj, while Ambikapathi is the executive producer. Costume design is handled by Deepthi, and Suresh is in charge of stills. Poster design is by Dinesh, action sequences are choreographed by Matthew Mahesh, and the production With Durai executive is Chinnamanur Sathish. Production managers: Munusamy and R S Govindarasu.

L e g e n d Saravanan's second film, produced under The Legend New Saravana Stores Productions and directed by R S Durai Music for the film Senthilkumar with

Tata Motors to empower customers in Chennai to unlock greater business profitability at Desh Ka Truck Utsav

Chennai, Sep 18 Tata Motors, 2024: India's largest commercial vehicle manufacturer, is set to host Desh Ka Truck Utsav an immersive daylong event in Chennai on 19th September 2024. The event is designed to empower the trucking community in Chennai with actionable insights a n d h a n d s - o nexperience with Tata Motors' latest range of trucks and value added services, all aimed at enhancing profitability and delivering a low total cost of ownership (TCO).

expert guidance on enhancing fleet performance, improving fuel efficiency, and achieving greater profitability. They will also benefit from indepth vehicle demonstrations and insights into Tata after-sales support. This



rewarding.

Mr. Rajesh Kaul, Vice President & Business Head Trucks, Tata Motors Commercial Vehicles, shared, "Tata Motors is committed to understanding and

includes vehicle Ka Truck Utsav offers a detailed information to their real-world impact drive long-term success on customers' long-term with their fleets. profitability and Additionally, the success. Our cuttingcompany will honour edge solutions are also key customers for designed to make their partnership and customers' businesses During the event, support, making the future-ready, ensuring attendees will receive overall experience more they remain ahead in an evolving landscape. We look forward to interacting with our customers and partners to strengthen our collaboration and achieve shared

Tata Motors offers addressing customers' the widest range of Motors' comprehensive evolving needs. Desh trucks, with cabin

are available with fullybuilt body options, designed to meet the diverse demands of goods movement, including market load, agriculture, cement, iron & steel, container, petroleum, chemical, water tankers, LPG, FMCG, construction, mining, and municipal applications among others. The range is equipped with Fleet Edge, Tata Motors' connected vehicle platform for efficient fleet management. Engineered with advanced technology for durability and rigorously tested to meet specific customer needs, the vehicles are supported by Tata Motors' extensive network. With over 2500 service points nationwide, including 220 in Tamil Nadu, the company ensures holistic support and the highest vehicle uptime.

options including the

LPT, Ultra, Signa and

the Prima. The trucks

Laxmi Dental Limited files draft papers to raise funds via IPO

Chennai, Sep 18 a n d 2024: filed preliminary (DRHP) filed last reduced. papers with capital week. markets regulator Sebi offering (IPO).

combination of a fresh IPO-bound company. issue of equity shares worth Rs 150 crore and an offer for sale (OFS) of 1.28 crore shares by promoters

c o m p a n y m a y corporate purposes. consider raising Rs 30

Proceeds from the As a part of the fresh issue will be kept to raise funds through $\ O\ F\ S$, $\ i\ n\ v\ e\ s\ t\ o\ r$ aside for investment in an initial public OrbiMed Asia II subsidiary Bizdent Mauritius Ltd will Devices, purchase of products. The IPO is a offload shares of the new machinery for the company, payment of Management, Motilal $B\,e\,s\,i\,d\,e\,s\,,\quad t\,h\,e\quad debt\ and\ for\ general$

> Laxmi Dental, an crore in a pre-IPO end-to-end integrated

other placement round. If dental products Dental shareholders, such placement is company, has a products company according to the draft completed, the fresh comprehensive Laxmi Dental Ltd has red herring prospectus issue size will be portfolio that includes custom-made crowns and bridges, branded dental products such as aligner solutions and paediatric dental

> Nuvama Wealth Oswal Investment Advisors, SBI Capital Markets are the bookrunning lead managers to the issue.



Flipkart Gears Up For 11th Edition Of 'The Big Billion Days' With New Tech Launches, 1 Lakh+ New Jobs In Supply Chain, **Faster Delivery And Growth Opportunities For Lakhs Of Sellers**

Chennai, Sep 18 2024: Flipkart, India's homegrown ec o m m e r c e marketplace, has announced the dates for its highlyanticipated annual flagship event, The Big Billion Days (TBBD) 2024. The shopping extravaganza will kick off on September 27 fulfilment centres and continue till (FCs) across nine to set new benchmarks customers seeking October 6, 2024, with cities in the run up to in e-commerce by affordability to sellers early access for TBBD, bringing the transforming the way and Flipkart Plus and VIP total number of FCs in India shops online manufacturers scaling members starting India to 83. This during the festive their reach. This year's September 26. As the development has season with a focus on 'The Big Billion Days' country gears up for directly generated creating growth will once again the festive season, The over 1 Lakh new jobs opportunities for a redefine the Big Billion Days 2024 across its Supply wide ecosystem of possibilities of epromises to bring a Chain PAN India stakeholders. celebration of the best reflecting Flipkart's deals and an exciting commitment to socioarray of product e c o n o m i c offerings. As part of development, as it K the festive remains deeply Krishnamurthy, CEO remains steadfast in preparations to cater to focused on enabling rising demand PAN employment India, Flipkart has opportunities. launched 11 new



Flipkart continues

11th celebration of The Big Billion Days, a 1 y a n said, "The Big Billion

an entire ecosystem of stakeholders - from sellers, MSMEs, to D2C brands and international labels. As India's festive season begins, we remain committed to creating value for the entire nation - from commerce by driving Speaking about the inclusivity, innovation and sustainable growth across the board. Our vision Flipkart Group, playing a pivotal role to shape the future of Days is not just a India's digital

shopping event at

Flipkart - it is a symbol

of how digital

commerce can uplift

Samsung Launches 2024 Crystal 4K Dynamic TV with 4K Upscaling, AirSlim Design and Knox Security in India

Coimbatore, 18 Sep 2024: Samsung, India's largest consumer electronics brand, today introduced the Crystal 4K Dynamic TV at a starting price of INR 41990. The premium television series elevates viewers experience by several notches, allowing them to witness the new era of home the content being series, with its 4K entertainment.

The 2024 Crystal 4K Dynamic TV comes with advanced technology including 4K Upscaling, Air Slim Design, Dynamic Crystal Colour, Multi Voice Assistant, Q-Symphony, and Crystal Processor 4K amongst other features to deliver lifelike visuals. The new 2024 Crystal 4K Dynamic TV is powered by Crystal Processor 4K and the masterful 4K upscaling feature that elevates the picture quality to match up to near 4K display brilliance. Its Dynamic Crystal Colour technology delivers lifelike variations of colours, enabling consumers to see the subtle details of each shade. The HDR feature increases the range of light levels of



consumers to enjoy a connected home experience by using either Bixby or Amazon Alexa.

"Young consumers today want a superlative audiovisual experience whether it is sports, OTT or other forms of home entertainment. The new Crystal 4K TV series sets a benchmark for contemporary households by providing a superlative TV viewing experience, further enhancing the proposition of smart and connected living. The Crystal 4K TV

and is incredibly clarity of 4K displays, detailed with layered delivering lifelike contrast. The TV's picture quality while built-in Multi Voice providing immersive Assistant allows sound capabilities with Q-Symphony and OTSLite. Furthermore, the TV comes with Knox security which enables complete protection of users' information," said Viplesh Dang, Senior Director, Visual Display Business, Samsung

> Additionally, with a mind-blowing sleek profile made possible with AirSlim Design, the 2024 Crystal 4K Dynamic TV is an ambient entertainment portal that comes with a Samsung TV Plus service comprising free endless content with 300+ channels in

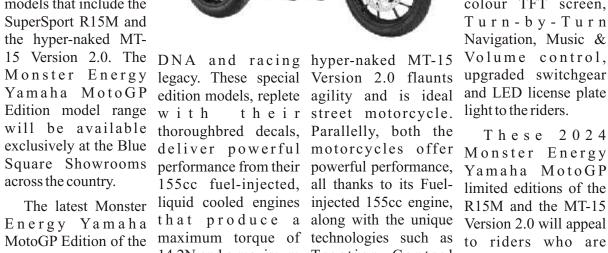
Enhanced by OTS viewed, while the upscaling capability, Lite, this TV series lets Contrast Enhancer enhances content in consumers feel the onfeature ensures that it standard resolution to screen motion as if it is appears more natural match the stunning real. The elevated Adaptive Sound technology analyses all content scene-byscene in real time, making it more dynamic and amplifying the intended effects. The Crystal 4K Dynamic TV also features the Q-symphony which uniquely allows the television and soundbar speakers to o p e r a t e simultaneously for better surround effects without muting TV speakers.

> Delivering a truly unparalleled immersive content viewing experience, the Crystal 4K Dynamic TV is equipped with multiple innovative audio technologies.

Yamaha unveils exclusive 2024 MotoGP **Editions of R15M and MT-15 Version 2.0**

Chennai, Sep 18 2024: As a part of its thrilling 'The Call of the Blue' brand campaign, India Yamaha Motor Pvt. Ltd. today introduced the 2024 Monster Energy Yamaha MotoGP Edition models that include the SuperSport R15M and the hyper-naked MT-Monster Energy Yamaha MotoGP Edition model range w i t h Square Showrooms across the country.

Energy Yamaha R15M and MT-15 Version 2.0 showcases the rousing MotoGP livery on the tank engineered with an shrouds, the fuel tank unwavering trackoutlining its Racing



While the R15M is and side panels, oriented design, the Telescopic Upside-performance.

power of 13.5 kW.

14.2N and a maximum Traction Control looking to covet their System, Assist and own unique premium Slipper Clutch, motorcycles with Variable Valve genuine racing livery Actuation (VVA), and segment-leading

Fork) in Front Suspension and Linked-Type **Monocross Suspension** at the rear, and Bluetooth connectivity. Additionally, the R15M offers Quick Shifter, fully digital colour TFT screen, Turn-by-Turn Navigation, Music & Volume control, upgraded switchgear and LED license plate light to the riders.

These 2024

Fortnight-long Special Cleanliness Campaign 'Swachhta Hi Seva' begins The General Manager inaugurated the Special Cleanliness drive today Swachhata Pledge administered to the employees of Southern Railway

Chennai, Sep 18 R.N. Singh, 2024: General Manager, Southern Railway inaugurated the 'Swachhata Hi Seva' special cleanliness campaign in Southern Railway by administering 'Swachhata Pledge' to the Officers and Staff of SR Headquarters, today. The General plantation drive and Shramdaan marking the Cleanliness drive along with Shri Kaushal Kishore, Additional General Manager, Shri P. Suresh, Principal Chief Mechanical Engineer, Principal Heads Departments, other Officers, Staff including conservancy



Southern Railway 02nd October, 2024, Manager also has been channelizing marking the Railway's participated in a tree its efforts to achieve commitment to sustainable improvement in the cleanliness arena. To emphasize its dedication in promoting cleanliness among its employees, rail users, and the general public, the railway will organize a fortnight-long special cleanliness Cleanliness Campaign known as 'Swachhata

workers and Scouts & Hi Seva' from 17th September, 2024 to reinforce cleanliness among employees, rail users and general public. The theme of Swachhata Hi Seva' 2024 is "Swabhav Swachhata - Sanskar Swachhata", seeks to reignite the spirit of collective action and citizen participation in

and workshops of Southern Railway also launched Special Cleanliness drive today and Swachhta Pledge was administered to Railway employees Divisional Offices and other establishment

Each day of the Swachhta Hi Seva Campaign will entail a Cleanliness theme and activities will be undertaken at SR Headquarters, Divisions, Workshops, Railway stations, Offices and Other field units.(Annexure-A).

Southern Railway appeals to Rail users to join hands with Railways in maintaining higher standards of cleanliness in trains, All the divisions railway stations and tracks.



A.M. Jain as the champions level cricket College emerged in the district-tournament in

Chennai as part of the CM Trophy 2024. This victory highlights the college's exceptional sporting talent determination. At the end of the tournament, the team will receive recognition from Chief Minister

Salasar Techno Engineering Ltd.'s Long Term Bank Facilities Rating Revised to "IVR A/ Poisitive"



ALASAR Building a stronger future

Engineering Ltd. is a A/Positive." The across our key projects. one stop engineering rating for Short Term business segments. and infrastructure Bank Facilities Company is engaged "IVRA1." in providing turnkey Structures. The pleased to present our 2, 940 Long Term Bank

Heavy Steel Salasar said, "We are quarter stood at Rs. projects. Mn, company has financial and representing a 12.3% FY25 was Rs. 104.9 announced that M/s operational year-on-year increase. Mn, reflecting a Infomerics Valuation performance for the This growth was growth of 3.4% and Ratings Pvt. Ltd. Q1 FY25. The quarter primarily driven by the compared to Rs. 101.5 has revised the rating has been marked by continued expansion Mn in the same quarter for the Company's significant progress in in our telecom last year.

Chennai, Sep 18 Facilities from "IVR our strategic initiatives infrastructure, power 2024: Salasar Techno A/Stable" to "IVR and consistent growth transmission, and EPC

EBITDA for the Salasar Techno quarter improved to solution provider. The remains unchanged at Engineering Limited Rs. 282 Mn, reflecting recorded robust a strong margin of Earlier, the financial performance 9.6%. This EPC services for company had in Q1 FY25, improvement is a Railway and Power announced impressive demonstrating the result of our focus on sectors and is also earnings for the resilience of our operational engaged in designing quarter ended 30 June business model and efficiencies, cost and manufacturing of 2024. Commenting on the effectiveness of optimization, and the telecom towers, the results, the our growth strategies. successful execution Monopoles and other management team of Our revenue for the of higher-margin

incredibly rewarding,

and I would love to

Swiggy Launches 'Project Next': Creating a Career Path for Delivery Partners

Chennai, Sep 18 2024: Swiggy, India's pioneering ondemand convenience platform, announced the launch of "Project Next," a new initiative designed to provide career growth opportunities for delivery partners while accelerating restaurant onboarding. Project Next is a part of Swiggy's larger initiative Swiggy Skills, which offers skilling, training, internship, and e m p l o y m e n t opportunities in its value chain.

By transitioning qualified delivery partners into the role of sales executives, many value the network, especially in launch, hundreds of Dharwad. tier 2 and tier 3 cities, partners under 'Project on the platform.

delivery partners Marketplace. across India. While



advance my career Project Next is the

In the last five latest under the Project Next aims to platform for flexible weeks, Project Next "Swiggy Skills" enhance restaurant earning opportunities, has transitioned 100 initiative announced expansion across 150+ some aspire for more. delivery partners of earlier this month with growing markets and To empower this Swiggy as sales the Ministry of Skill offer delivery partners group, we launched executives who have Development and a meaningful career Project Next under our onboarded nearly 360 Entrepreneurship, advancement. With Swiggy Skills restaurants. In the Government of India. Project Next, delivery initiative. This unique coming months, Under the initiative, partners will take on a program helps Swiggy plans to Swiggy will facilitate new role within delivery partners transition hundreds of online skill Swiggy. They will be transition from "blue delivery partners development and responsible for collar" to "white across 150+ growing upskilling of almost onboarding and collar" workers. It is markets, such as 2.4 lakh delivery managing Swiggy's heartening to see that Vadodara, Amritsar, partners, and the staff growing restaurant within weeks of Nashik, Agra, and of their 2 lakh

Ravindra Khati, a offering restaurants Next' have already 27-year-old delivery high-quality support onboarded over 360 partner with Swiggy is restaurants", said now a sales executive "Swiggy works Rohit Kapoor, CEO, in Sikar, Rajasthan. with nearly 4 lakh Swiggy Food "My experience as a Sales Executive at Swiggy has been

within the company. Every day, I learn something new through my interactions with restaurant partners and senior colleagues. For the past few years, I've been trying to pursue a career as a government teacher but haven't been successful in securing a position. However, my role at Swiggy has sparked my interest in a career within the private sector, and I can now envision myself thriving in this environment."

restaurant partners, and collaborate towards the discovery of opportunities for employment for 3,000 individuals in restaurant operations, and various aspects of retail management.

nutrients for your kids' diet Dr. Padmapriya Ekambaram Senior Consultant Pediatrician and Specialist in New Born, Rainbow Children's Hospital, Guindy Chennai, Sep 18 fiber and limit sugar is important for proper absorption and bone

5 must-have essential

2024: children receive a should make up 30- development in requirement of 15 mcg well-balanced diet is 35% of daily calories children. A folate (600 IU), achievable crucial for their overall for children aged 2 to 3 deficiency can lead to through fortified dairy h e a 1 t h a n d years and 25-35% for anemia. Foods high in products, cereals, and development. Despite children aged 4 to 18 folate include lentils, seafood. best efforts, children years, with an chickpeas, cherries, often prefer a limited emphasis on healthier orange juice, selection of foods, sources like fish and asparagus, spinach, which can lead to nuts. nutritional gaps. To support their growth, reduce the risk of chronic illnesses, and producing healthy enhance cognitive blood, which carries abilities, it's important to include a variety of body and helps essential nutrients in prevent anemia. The their daily meals. A well-balanced diet Health (NIH) suggests supports physical health and fosters 3 should get around 7 cognitive and e m o t i o n a l development. Understanding the five should aim for 11 mg, key components of a with adolescent girls child's diet will help needing closer to 15 you make informed mg once menstruation decisions to nourish

Carbohydrates

minds.

children. Those over d e l a y s 130 grams of well as difficulties carbohydrates daily. with concentration. To promote health, focus on consuming carbohydrates rich in

Ensuring intake. Healthy fats cell growth and health, has a daily

Iron is essential for oxygen throughout the National Institutes of that children aged 1 to mg of iron daily, while older children need 8 to 10 mg, and teens begins. Iron-rich foods their bodies and include red meat, poultry (especially dark meat), seafood, whole grains, beans, Carbohydrates are nuts, and iron-fortified vital for providing cereals. Inadequate energy and aiding iron intake during tissue repair in infancy can lead to the age of one should psychological and aim for approximately social development, as

Folate

Folate, a B vitamin,

black or kidney beans, and Brussels sprouts. The NIH recommends daily folate intake as follows: toddlers need 150 micrograms (mcg), children aged 4 to 8 require 200 mcg, children aged 9 to 13 need 300 mcg, and older teens should get

400 mcg.

Vitamins growth, vision, skin yogurt, kale, broccoli, health, and immunity. Daily intake almonds, soybeans, guidelines are 300 mcg for toddlers, 400 mcg for children, 600 includes these key mcg for ages 9-13, and nutrients supports 900 mcg for teenagers. your child's overall Good sources include development and carrots, sweet health. Carbohydrates potatoes, and spinach. and healthy fats Vitamin C, found in provide energy, while citrus fruits and bell iron, folate, and peppers, boosts vitamins A, C, and D immunity and aids in are essential for healing. Children aged growth and immune 4 to 8 need 25 mg per function. Offering a day, while teens variety of nutrientrequire 65-75 mg. dense foods Vitamin D, which encourages lifelong helps with calcium healthy eating habits.

Calcium

Calcium is crucial for children's growth and development, as it supports healthy bone formation and skeletal development. Adequate calcium intake aids in normal height growth and is vital for the proper functioning of neurons, muscles, and the heart. Highcalcium foods include milk and dairy Vitamin A supports products, cheese, okra, spinach, and fish.

A balanced diet that

Axis Bank's Burgundy Private expands its footprint to 15 new cities

cities, increasing its personalised solutions aspirations." presence to 42 that meet the evolving locations across India. expectations of has an AUM of nearly management services, Private will now offer geographies. its bespoke wealth management services tailored to the unique needs of discerning clients in India's rapidly evolving Tier 2 markets.

Chennai, Sep 18 savings and term financial, cultural, and with its clients,

The new locations, said, "At Axis Bank, offers investments, with these markets and their Private works closely journalist.

wealth management analytics, Burgundy clients to achieve their solutions. services to 15 new Private aims to deliver goals and financial

With this strategic affluent clients in Rs. 2.07 trillion, a 33% Burgundy Private move, Burgundy these emerging increase YoY, and offers a selection of currently manages handpicked Commenting on the wealth for over 13,000 e x p e r i e n c e s expansion, Arjun families across 27 encompassing the best Chowdhry, Group cities. Powered by the of art, culture, Executive- Affluent unique One Axis lifestyle, and insights Banking, NRI, Cards/ ecosystem within the for Burgundy Private Payments & Retail Axis Group, Clients. Recently, Lending, Axis Bank, Burgundy Private Burgundy Private to start with, include we are committed to comprehensive suite Society India Centre to Bhubaneswar, Patna, delivering world-class of products and host The Leadership Raipur, Agra, wealth management services to its affluent Dialogues that Ghaziabad, Jodhpur, solutions to a growing clients, including showcase the impact Udaipur, Jalandhar, and discerning set of banking, loans, cards, of visionary leaders in Meerut, Belgaum, clients. We recognise in vestments, driving collective Kozhikode, the tremendous insurance, broking, progress. The Thiruvananthapuram, growth potential in trustee services, inaugural event will Aurangabad, Nagpur, Tier 2 cities and are investment banking, feature Olympic Gold and Gandhidham. eager to be a pivotal and NBFC solutions. Medalist Abhinav These markets have player in these Through its extensive Bindra in a compelling demonstrated evolving markets. Our network of wealth conversation with a significant growth in deep understanding of managers, Burgundy renowned sports

Burgundy deposits surpassing social nuances allows understanding their Private, Axis Bank's the Rs. 1 lakh crore us to devise bespoke financial goals and private banking mark*. By leveraging wealth creation and risk appetite to provide business, announces its expertise, preservation strategies holistic and the expansion of its technology, and data that empower our personalised wealth

> In addition to its bouquet of banking Burgundy Private and wealth a partnered with Asia