

Southern Railway Observes International Yoga Day

Chennai, June 21 2024: Southern Railway observed International Yoga Day today, the 21st June, 2024 through various events across the Zone.

Shri R. N Singh, General Manager, Southern Railway inaugurated the Yoga Session at Railway Officers Club at Nungambakkam, Chennai. Shri Kaushal Kishore, Addl General Manager, and all the Principal Heads of Departments, of Southern Railway, Officers and staff of Southern Railway Headquarters, participated in the Yoga

Session. The Program, organised by the Personnel Branch headed by Shri Harikrishnan, Principal Chief Personnel Officer attracted participation by Officers and Staff in large numbers. Shri Viswanath B.Eerya, Divisional Railway Manager, Chennai Division and the team of Officers and Staff from Chennai Division also participated in the event.

Guided by Eminent Yoga Teachers, the participants demonstrated the asanas specified in the



Common Yoga Protocol (CYP) issued by the Ministry of Ayush. The participants practised some of the basic asanas enlisted in the Common Yoga Protocol such as Tadasana, Vrksasana, Bhadrasana, Vajrasana, Trikonasana, etc. with great zeal and enthusiasm.

All the six divisions of Southern Railway, i.e., Chennai, Tiruchchirappalli, Madurai, Salem, Palakkad and Thiruvananthapuram and the Workshops of Southern Railway namely, Perambur Carriage Works, Loco

Works and the Golden Rock Workshop also observed International Yoga Day. Officers and staff of the divisions and Workshops attended Yoga Day events organized at the divisional headquarters and other work places.

The theme of 10th International Day of Yoga 2024 is 'Yoga for Self and Society', which highlights how yoga not only enhances personal health but also contributes to social well-being.

Indian Railways observes Yoga Day every year under the guidance of the Ministry of Ayush.

Progress Card : Chengalpattu Railway Station Redevelopment Under Amrit Bharat Station Scheme at a cost of Rs.22.14 Crores

Chennai, June 21 2024: Chengalpattu, as the district headquarters, is home to major industries including Mahindra, Wipro, Samsung, Infosys, Pepsi, TVS, Siemens, RLT Instrumentation, Nissan Renault, and Apollo Tyres. The renowned BMW India plant is also located nearby in Mahindra World City. Prominent

tourist destinations such as Chengalpattu Railway Station, is poised for a significant transformation under the Amrit Bharat Station Scheme. The station receives an average footfall of more than 58,000 passengers per day. A critical rail hub situated in the Chennai Egmore – Villupuram section, the station is also a key terminal for

Chengalpattu, the Chengalpattu Railway Station, is poised for a significant transformation under the Amrit Bharat Station Scheme. The station receives an average footfall of more than 58,000 passengers per day. A critical rail hub situated in the Chennai Egmore – Villupuram section, the station is also a key terminal for



2, 7 & 8 - 80% completed.
 v Re-modelling of existing station building works -20% completed.
 v Booking office & pedestrian plaza works are in progress
 v Circulating area works are in progress
 v Telecom works are in progress
 These improvements promise enhanced passenger comfort and a seamless, pleasurable journey for travelers.

What We Do

- 300 Project Management
- 300 Residential Construction
- 300 Commercial Construction
- 300 Industrial & Factory Construction
- 300 Structural Design
- 300 Architectural Design
- 300 MEP and HVAC Works

Build Your Future With Us

RTN.DR.R.SATHYANARAYANAN
 Director
 +91 9160136897
 +91 8148231942

Oasis Grace
 Engineering projects Pvt Ltd
 No. 15, South Meela Street,
 Srinagar Colony,
 Saidapet, Chennai-600019

25⁺ Years of Excellence

Who We Are

Established in the year 2000, Oasis Grace has a proven track record in delivering high-quality projects across various sectors. We are a team of professionals with extensive experience in the construction industry.

Our Clients

RESIDENCE, COMMERCIAL, INDUSTRIAL, FACTORY, HOTEL, RESORT, etc.

Our Projects

Projects in India

- IT Hub - Anna Nagar
- Power Plant (gas) - Andhra
- Residential - Chennai
- IT Hub - Anna Nagar
- Power Plant (gas) - Andhra
- Residential - Chennai

Projects in Bangalore

- Auriga - Bangalore

Projects in Chennai

- IT Hub - Anna Nagar
- Power Plant (gas) - Andhra
- Residential - Chennai

Express trains, facilitating travel to Southern Districts. Further, the Chengalpattu – Arakkonam line, essential for commuters, enhances the station's importance, especially as it connects to Chennai and Kanchipuram, the famed temple city known for its silk saris.

Redevelopment of Chengalpattu under Amrit Bharat Station Scheme

As part of the Amrit Bharat Station Scheme (ABSS), Chengalpattu railway station is undergoing redevelopment at a projected cost of Rs. 22.14 Crores. Key development works planned include:

- Construction of a new station building (G+1)
- Development of a new entrance and porch
- Provision of a new concourse, booking counters, and additional three retiring rooms
- Modification of the existing station building to include an AC Waiting hall, VIP lounge, and retail spaces
- Resurfacing of platform flooring
- Expansion of parking spaces
- Development of pedestrian pathways and circulating area
- Installation of two lifts and an escalator for the existing FOB
- Enhancement of the Passenger Information Display system and Public Announcement system
- Replacement of roofing sheets
- Installation of CCTV systems
- Work in Progress: Significant progress has been made in the redevelopment works under ABSS. Presently, the following works are underway at Chengalpattu station:
 - Approach road works, platform paving works - 50% completed.
 - Lift works in PF

PASSPORT | MSME | PAN | AADHAAR

FSSAI | PATTA | LEGALHEIR

2,4 WHEELER INSURANCE

PROPERTY TAX, EB - NAME TRANSFER

STATE AND CENTRAL GOVT

AUTHORISED FRANCHISEE

ALL ONLINE SERVICES

இ-சேவை மையம்

ஸ்லார் ரெயின்போ சர்வீசஸ்

11, SOUTH PERUMAL KOIL STREET, VADAPALANI, CHENNAI - 600 026.

8148231942 / 8144337349

வாது இ-சேவை மையம்

Cellecor Gadgets Limited expands its overseas operations by incorporating a new Wholly Owned Subsidiary in Hong Kong

Chennai, June 21 2024: Cellecor Gadgets Limited a rapidly growing leader in India's dynamic Electronics and Consumer Durables Goods Market, proudly announces the establishment of its wholly owned subsidiary in Hong Kong, named Cellecor Gadgets HK Limited. This strategic initiative, in line with the company's announced blue print for growth, underscores company's commitment to enhancing its supply chain capabilities and seizing whatever the opportunities available.

Located strategically in Hong Kong, known as a gateway to Asia's



electronics industry, the new subsidiary will serve as a pivotal hub for Cellecor Gadgets' procurement of critical components and operational activities, and with Hong Kong's robust logistical infrastructure and business-friendly environment, the Company aim to further optimize its supply chain efficiencies and strengthen its competitive edge in delivering innovative, high-quality cost-comprehensive products to its customers.

"We are excited to establish our wholly owned subsidiary in Hong Kong, a move that enhances our ability to meet the evolving demands of the electronics and consumer durables goods market," said Mr. Ravi Agarwal, Managing Director of Cellecor Gadgets. "This expansion positions us closer to key suppliers and partners, reinforcing our commitment to operational excellence and customer satisfaction."

Hong Kong's strategic location and established supplier network will enable

Cellecor Gadgets to streamline operations, reduce lead times, and respond swiftly to market trends. The subsidiary will foster closer collaboration with regional distributors, enhancing growth opportunities and facilitating seamless market penetration across key consumption centres. As Cellecor Gadgets continues to innovate and expand its product offerings, the establishment of the Hong Kong subsidiary reaffirms our dedication to driving technological advancement and sustainability in the electronic consumer durables industry.

Weber Shandwick Launches 'Elections Matter: India Report'

Chennai June 21 2024: Weber Shandwick India, today launched the "Elections Matter: India Report". The survey led by the Corporate Advisory and Public Affairs practice, examined election sentiments around news consumption habits, trust in different information sources and voting behaviours and motivations among Gen Z (18-24 years) and Millennial (25-44) consumers in India.

Key findings
A. Media consumption behaviour w.r.t. current events, news & politics

Generational differences in news consumption: Stark contrast exists in news engagement between Millennials and Gen Zs. Over 55% of Millennials followed news daily, compared to about 36% of Gen Z with males significantly more inclined to current events, news & politics. While TV is among the top 3 news sources, there was a significantly lower preference among Gen Zs (44%) compared to Millennials (60%).

Reaffirmation of digital consumption surge: YouTube is the leading platform for consumption of current events, news and politics, in keeping with the digital media uptake. It was the dominant information source across all demographics, particularly driven by Delhi, while TV channels were on top in Chennai and Bangalore. It was followed closely by Instagram, TV, and

WhatsApp. Most watched is necessarily not the most trusted: Google search, print media, and digital news media had a higher trust quotient compared to most social media platforms.

Traditional media resonating stronger for Millennials: Print media continued to have higher acceptance among Millennials. 45% Millennials consumed print media for news and politics compared to only 31% Gen Zs. This preference pattern was evident even in the consumption pattern for television. South India especially Chennai and Bangalore had a stronger leaning to television than the rest of India. Also, 42% males favoured print versus 33% of women. Print media was also high on trust compared to most social media platforms.

Concerns about misinformation: After fake news websites, social media influencers topped the list for spreading misinformation. Males in particular were especially distrustful of them.

B. Sentiments towards elections & voting

Motivated Millennials and less enthusiastic Gen Zs: Millennials were significantly motivated by elections and voting due to a strong sense of civic duty and the desire for educational reform. Chennai and Hyderabad had a higher sentiment comparatively towards elections.

In contrast, Gen Z showed less enthusiasm, hinting at a potential apathy in political engagement.

Priority issues for elections and new government expectations: Civic and social factors such as infrastructure development, outweighed economic concerns and party manifesto promises as primary voting motivations across gender and generational cohorts. The state of the economy and education were the most pressing issues both for the current elections and future government focus, reflecting widespread concerns about socio-economic and educational development. This shift suggested a future-oriented approach to polling, with voters seeking macro-level changes for a better future.

Regional differences in voting motivations: Voters in Delhi focused on infrastructure development, while those in southern regions, such as Chennai and Bangalore, prioritized voting for candidates who promised to bring about change and impactful leadership.

Gender-specific concerns towards elections: While economy, education and public safety were perceived to be among the top priorities for the recent elections, women were particularly interested in women empowerment issues, highlighting the

importance of gender-specific policy agendas. Also, over 55% would like the new government to focus on economy, education and healthcare agendas.

Commenting on the consumer survey findings, Rohan Kanchan, MD Consulting and Head of Public Affairs, Weber Shandwick India, said, "This report underscores the dynamic nature of news consumption and electoral engagement in today's digital age. Even as broader generational trends are known, nuances within the cohorts reveal a break from the pattern. For instance, the connection of Influencers in consumer motivations vis-a-vis trust in perception, might have implications in analyzing corporate reputation and development of future strategies. Our national commonalities peppered with our regional disparities, continue to provide an interesting lens to any consumer study such as Elections Matter."

The survey was conducted by YouGov among 1,000 respondents from the top 10 cities in India, including Mumbai, Delhi-NCR, Chennai, Kolkata, Bangalore, Hyderabad, Pune, Lucknow, Jaipur, and Ahmedabad. The demographics of the survey were balanced, with a near-equal split between males (51%) and females (49%), and evenly distributed between Gen Zs and Millennials.

Ruckus in Assembly over spurious liquor deaths Edappadi Palaniswami, MLAs demand CM's resignation, evicted from House

Chennai June 21 2024: AIADMK, PMK, BJP MLAs protested in State Assembly and created ruckus over spurious liquor deaths in Kallakuruchi incident.

AIADMK MLAs led by the opposition leader Edappadi Palaniswami all wearing black shirts in protest, rose to seek the issue of Kallakuruchi should be discussed as Call Attention Motion during demands for the water resources department and the housing department were moved.

Unhappy with the ruckus by opposition parties Speaker Appavu denied their request.

The members besieged the Speaker and raised their voices to adjourn the assembly proceedings and discuss the Kallakuruchi illicit liquor deaths. They were also demanding the resignation of chief minister Stalin for not taking any action to end the illicit liquor menace in Tamil Nadu.

Speaker Appavu explained that the resolution brought by the opposition parties



will be discussed after the question time is over.

However, the members staged a dharna without accepting his reply.

At that point Speaker was forced to issue orders to evict them for the dishonorable conduct and to ensure the House proceedings continue.

Accordingly, the security guards forcefully evicted AIADMK MLA RP Udayakumar and other members.

Speaker also admonished the agitating MLAs and said that he is banning them for a day so they are not allowed to participate further in the Assembly proceedings for that day.

At that time, Minister Durai Murugan, spoke in his capacity as Speaker of the House, said, "The opposition parties have created an unpleasant incident, though they have the right to debate any issue, they can be done only under the legislative provisions.

Members can, with prior notice to the Speaker, raise issues of importance during Question Hour the first business at Assembly.

Opposition MLAs are well aware of this, but to disrupt the orderly proceeding they are indulging in unruly and undemocratic way, he complained and ordered to expunge all remarks made by them till that point.

Today at 10 am

when the Assembly convened, Speaker Appavu announced the start of the question hour. At this time, the Leader of the Opposition, Edappadi Palaniswami, stood up and tried to speak. But the Speaker did not allow it.

However, Edappadi Palaniswami continued to stand up and speak but it all went unheard as his mike was not allowed to work. Infuriated by this AIADMK MLAs PMK, BJP MLAs joined them and started to raise voice and registered their protests.

They moved towards Speaker and kept chanting and this created a tense atmosphere in the assembly. Further to this Speaker ordered their eviction.

Celebrating World Bathing Day: Turn your Bath into a Blissful Ritual says Sonam Kapoor

Chennai, June 21 2024: While bathing is a routine activity, it doesn't have to be mundane. By adding a few thoughtful touches, you can transform your bath into a special, rejuvenating experience. Imagine stepping into a bath that feels like a mini-retreat, leaving you refreshed and rejuvenated.

World Bathing Day offers the perfect opportunity to pause, relax, and enjoy a moment of pure bliss. Elevate your regular bathing routine with these simple yet effective tips to transform your bath into a holistic experience that soothes the skin, body and mind.

1. Simplify Your Atmosphere

Creating a relaxing atmosphere doesn't need to be complicated. Just dim the lights or light a few candles to create a softer ambience. Play your favorite soothing music or nature sounds to set the mood. These small adjustments can make a big difference in how relaxed you feel.

2. Exfoliate for Smooth Skin

Before stepping into the bath, take a few minutes to exfoliate your skin. Use a gentle scrub or



a dry brush to remove dead skin cells. Exfoliating helps to reveal smoother skin and allows moisturizing products to penetrate deeply, maximizing their benefits.

3. Choose the Right Water Temperature
The temperature of your bathwater plays a crucial role in your overall experience. A lukewarm bath is ideal for relaxation as it helps soothe muscles and calm the mind. If you're seeking an invigorating experience, a cooler bath can refresh and energizes you, especially on a hot day.

4. Use a Body Wash with a High Foaming Formula

A body wash is an

essential part of your bathing routine, providing a refreshing and cleansing experience for your skin. Choosing the right body wash can elevate your bathing experience to new heights. A high-foaming body wash creates a rich lather that feels indulgent and helps cleanse your skin thoroughly. The ITC Vivel Lavender and Almond Body Wash is an excellent choice. It combines the soothing scent of lavender with the moisturizing benefits of almond oil, leaving your skin feeling soft and nourished. The gentle fragrance helps you relax while the rich lather cleanses and hydrates your skin.

5. Changing the tap or shower filter

Changing your tap or shower filter can make a significant difference in the quality of your bath. Filters help remove impurities from the water, making it gentler on your skin and hair. This small change can enhance your bathing experience by ensuring that the water you use is as clean and pure as possible.

ITC Vivel's brand ambassador, Sonam Kapoor, says, "To begin everyday fresh and fragrant is something I always stand by. We may feel that bathing is routine, but a good bath really helps start and end the day right. A relaxing bath routine is the perfect way to end a tiring day. I love soaking in an indulgent and fragrant bath and one of my favourite fragrances is Lavender. My go to is the ITC Vivel Lavender and Almond Oil Body Wash, it has heavenly scents and helps nourish and moisturise my skin, keeping it soft and supple."

Following these simple yet effective tips can make the most of World Bathing Day. Turn your bath into a rejuvenating escape that pampers your senses and revitalizes your spirit.

Rashmika Mandanna unveils her bathing rituals on World Bathing Day with ITC Fiamma

Chennai June 21 2024: Amidst the hustle and bustle of life, we often neglect the simple act of bathing. However, in many parts of the world, bathing has become a cherished ritual, integral to self-care and wellness. On World Bathing Day, actress and ITC Fiamma brand ambassador Rashmika Mandanna urges everyone to embrace bathing as a moment of self-care, encouraging us to celebrate the time we spend with ourselves, transforming a mundane routine into a rejuvenating and joyful experience.



Rashmika's approach to self-care starts with an indulgent bath...

For Rashmika, a good bathing routine is the first step in self-care. She says "Even on the busiest days with endless work, I turn to an indulgent and relaxing bath to help me unwind in the best way possible. Growing up, sandalwood has been a holy grail for skincare, and I get all its natural goodness from ITC Fiamma's Sandalwood Oil and Patchouli gel bathing bar. The heavenly fragrance and incredible skin-conditioning properties keep my skin supple and nourished. It rekindles the joy of bathing, transforming a simple routine into a blissful, rejuvenating escape."

Rashmika's Must-Haves in Her Bathing Routine

Rashmika's bathing ritual revolves around nourishing and pampering her skin, especially after long days on set. Alongside natural body oils and moisturizers that keep

her skin hydrated and glowing, Rashmika relies on ITC Fiamma Sandalwood Oil & Patchouli Shower Gel for a luxurious shower experience.

"I find solace in the calming aroma of sandalwood oil, which not only relaxes my senses but also nourishes my skin deeply. ITC Fiamma Sandalwood Oil & Patchouli Shower Gel, with its blend of sandalwood oil and patchouli, leaves my skin feeling refreshed and rejuvenated, making it an essential part of my bathing regimen. The skin conditioners in the shower gel work their magic to give my skin a soft glow."

One Ingredient She Swears by for Soft and Radiant Skin

As most of her days are spent in front of the camera, Rashmika ensures to maintain a holistic body care and skincare routine. "In my skincare and body care routine, I prioritize natural and nourishing ingredients that promote both physical and emotional well-being," she shares. "One ingredient that holds a special place in my regimen is sandalwood. Its calming properties not only benefit my skin but also help me unwind and relax"

She further adds,

"The aroma of sandalwood instantly evokes memories of my childhood home and my Coorgi roots. It's remarkable how this fragrance has the power to transport me back to those cherished moments, filling my day with warmth and comfort. It's a beautiful reminder of where I come from and the values that shape me"

Rashmika stresses on choosing right ingredients..

Rashmika emphasizes the importance of selecting the right ingredients for skincare and body care, driven by her pursuit of healthy skin and overall well-being. "I started with basic skincare and body care steps and gradually incorporated more holistic practices, such as mindfulness and using natural products," she explains. "I have also learned the significance of choosing products that contribute to a comprehensive body care routine. As I've become more attuned to my skin's unique needs and adopted a mindful approach, my routine has evolved to prioritize nourishment, simplicity, and overall wellness. It's been a journey of growth, self-love, and discovering what truly works best for me."

Eat, Drink, Sleep, Glow: Rashmika's Tips for Healthy, Radiant Skin

Rashmika emphasizes how important it is for her to follow a proper routine for physical health, as taking care of oneself is crucial for maintaining a healthy skin glow. Maintaining a balanced diet, staying well-hydrated, and getting ample rest are essential for her. "I prioritize a diet rich in water and fruits, consciously steering clear of ingredients that can trigger any allergic reactions. Additionally, I refrain from consuming oily foods" Rashmika shares. "I also try to focus on either of these - strength training, yoga, swimming, and walks, at least three days a week".

Rashmika's message to her fans on World Bathing Day

Rashmika strongly believes in embracing one's natural beauty and enveloping oneself in positivity is essential for overall well-being. "I feel, all young women out there should embrace their natural beauty. Concentrate on nurturing yourself from within, give priority to self-care, use natural ingredients in your skincare and body care routines, and envelop yourself in positivity. You are unique and beautiful just as you are" shares Rashmika.

Celebrate World Bathing Day by transforming your daily shower routine into a delightful and luxurious experience with ITC Fiamma. Embrace moments of bliss and self-care each morning, rejuvenating your senses and nourishing your skin.

India's next leap in MedTech: Introducing MISSO - The revolutionary knee replacement robot by Meril

Chennai June 21 2024: Meril, an India-based global medical device company, today announced the launch of its advanced surgical robotic technology, MISSO. MISSO is a high-quality robotic system entirely made in India that provides surgeons with real-time assistance during knee replacement procedures with unparalleled accuracy. Indian hospitals currently depend on imported robotic technology for knee replacement surgeries which requires a significant investment. MISSO will reduce this investment by ~66%, making these surgeries more accessible and affordable. The versatile technology of MISSO can be adapted for other joint surgeries in the near future.



Total knee replacement (TKR) is a surgical procedure that involves replacing a damaged or worn-out knee joint with an artificial joint made of metal and ultra-high molecular weight polyethylene. Knee replacement surgery is necessary for patients who suffer from severe osteoarthritis. This condition is highly prevalent in India, occurring in around 22 to 39 percent of the population. Today about, ~5.5 lakh people undergo total knee replacement in India every year, which is 2.5 times the number of such procedures conducted annually about five years ago. Although its adoption is on the rise, the need for knee replacement surgeries annually is 7-8 times higher than the current number of surgeries performed in India. Currently, only

20% of surgeons perform 80% of knee replacement surgeries (approx.).

Manish Deshmukh, Head of Marketing, India & Global, at Meril, says, "Meril is pleased to bring MISSO, which has the potential to democratise robotic knee replacement surgery in India. The prevalence of osteoarthritis has surged from ~23 million to 62 million in the last 20-25 years, making it the second largest disease modality after cardiovascular conditions. [ii] The gap between the need and adoption of knee replacement surgery can be addressed more efficiently by the widespread use of robotic surgery. Currently, the affordability of robotic surgery procedures is a challenge in India. Hospitals also hesitate to invest in imported robotic systems because it requires the training of surgeons and OT staff and a long turnaround time for service-related requests. With MISSO,

we aim to address these challenges by providing the platform indigenously alongside an ecosystem of training and support that will make robotic surgery highly accessible, not only in metros but also in Tier 2 and Tier 3 cities".

"This launch reinforces our leadership in the segment of joint replacement surgeries and robotics in India. We are also actively exploring the export potential of this advanced robotic system to help India lead in making robotic surgery accessible worldwide," he added.

MISSO has received approval from CDSCO and is queued up for CE and USFDA approvals in times to come. Through the use of a robotic system, the success rate of knee replacement surgery is close to ~98%. The robotic system also helps surgeons who are relatively less experienced to achieve a similar degree of precision and accuracy as experienced surgeons. This can help achieve a more even

distribution of surgeries and greater standardization of treatment with a higher rate of positive outcomes across national health systems.

Dr Sugavanam C, Chief Orthopaedic Surgeon, London Ortho Specialist Hospital, Salem, says, "It is exciting to see that we now have an indigenous robotic system, MISSO. Robotic surgery has the potential to transform the surgical landscape in India, as it offers multiple benefits over traditional surgery. As it utilizes minimally evasive methods, it can cause less pain and lead to a potentially faster recovery time. It can also help to upskill surgeons to achieve better patient outcomes. No patient deserves to be in pain, especially when such revolutionary healthcare options are available."

Misso has the smallest footprint in the OR as a robotic system for knee replacement, making it ideal for use even in small hospitals. The use of AI in this system reduces the pre-operative planning time by ~83% and improves personalisation. Other features of the product include increased precision and safety during the procedure. The level of personalisation contributes to better operative outcomes and reduced risk of complications. Patients can expect improved joint function and a quicker return to their daily activities, making knee replacement a less cumbersome procedure.

Special Medical Equipment donated to Kanchi Kamakoti CHILDS Trust Hospital by Adyar Ananda Bhavan Valued at Rs 50 lakhs a boon to critically ill children

Chennai June 21 2024: Adyar Ananda Bhavan, popularly known as A2B, donated essential medical equipment to Kanchi Kamakoti CHILDS Trust Hospital (KKCTH) on 21st June, 2024. The equipment will be used on critically ill children in the Pediatric Intensive Care Unit and Emergency Room. This will greatly enhance our ability to provide timely and affordable care to children who are critically ill said Dr Bala Ramachandran,

Head of the Department of Intensive Care & Emergency Medicine.

Kanchi Kamakoti CHILDS Trust Hospital, a renowned pioneer in multispecialty pediatric healthcare, has been serving the healthcare needs of underprivileged children since 1979, ensuring that quality healthcare is accessible and affordable to everyone.

The following equipment will be added to strengthen the

system:

1. Wipro-GE Ultrasound machine for performing ultrasound exams on children in the ICU
2. Wipro-GE multiparameter monitors (4 numbers) for monitoring seriously ill children
3. vTitan Syringe infusion pumps (3 numbers) for administering medicines to children accurately
4. Graseby volumetric infusion



pumps (9 numbers) for administering fluids to children accurately

5. Philips defibrillator to provide electric shocks for

restarting the heart of seriously ill children

Mr. K.T. Venkatesa Raja & Mr. K.T. Srinivasa Raja, Managing Directors of

A2B said they were very happy to donate the equipment worth Rs 50 lakhs to KKCTH which helps the children from all walks

of life and has a history to give the best treatment at affordable cost to every child. We have done our homework and evaluated the systems and Doctors at KKCTH and then made our decision so we are here. They are the most deserving. We will continue to support them in future also.

Dr. Ramachandran explained that the Hospital treats more than 10,000 inpatients every year, including about 1400 in the ICU. We provide ethical care

without a profit motive, he said. Our goal is to ensure that high quality medical care is available to every child, irrespective of whether they are rich or poor. We are also expanding our services by performing more heart surgeries for underprivileged children and have recently inaugurated a Center of Excellence in Pediatric Airway Surgery. These state of the art equipment will go a long way in helping us in these ventures.

Samsung Partners with Paytm to Bring Travel & Entertainment Services to Samsung Wallet in India

Chennai June 21 2024: Samsung, India's largest consumer electronics brand, today launched flight, bus, movies and events ticket bookings on Samsung Wallet, in partnership with One97 Communications Limited that owns the Paytm brand, India's leading payments and financial services distribution company. The partnership aims to enhance consumers' convenience by offering a seamless and integrated booking experience directly through the Samsung Wallet, facilitating access to a wide range of services through Paytm.

With this partnership, Galaxy smartphone users will now have seamless access to Paytm's suite of services, including flights and bus bookings, movie ticket purchases, and event bookings, all integrated within the Samsung Wallet.

Galaxy smartphone

A.M. Jain College Organises International Yoga Day Celebration - A Commitment to Health and Well-being

Chennai June 21 2024: A.M. Jain College, a leading institution in Chennai dedicated to academic excellence, proudly organised the International Yoga Day celebration today. The event held in collaboration with the National Service Scheme (NSS) and National Cadet Corps (NCC), featured a special session on Demonstrative Yoga Practice led by Mr. Jaidev Balajee, a renowned Yoga therapist and Certified Yoga Instructor from the Indian School of Yoga, Chennai.

The event, held at the New Cricket Ground of the college, witnessed the enthusiastic participation of more than 700 students. The



users using the Paytm app for flight, bus and movie bookings and the Paytm Insider app for event bookings, will be able to add their tickets directly to Samsung Wallet using the 'Add to Samsung Wallet' functionality. This will enable them convenient access to enter airports, bus terminals, cinema halls, event venues, etc. Samsung India and Paytm will shortly introduce exciting discount offers of up to INR 1150 on first bookings across the newly launched services.

As the Paytm app is the go-to destination for travel and event bookings for Indians, its partnership with Samsung opens new

avenues for users to access its services, in line with its efforts to drive further convenience.

Samsung India's partnership with Paytm reaffirms Samsung's commitment to providing seamless and innovative solutions that enhance user convenience through Samsung Wallet, an easy-to-use, secure platform that holds everything a user's digital life needs.

"Samsung Wallet is a popular mobile tap & pay solution in India, constantly evolving since its launch in 2017. We are delighted to launch new features on Samsung Wallet in collaboration with

Paytm. These features allow Galaxy smartphone users to easily purchase bus and airline tickets, as well as movie and event tickets, without needing to switch between multiple apps. Furthermore, users can access these tickets simply by swiping up on their Galaxy smartphone's home screen," said Madhur Chaturvedi, Senior Director, MX Business, Samsung India.

"As pioneers of mobile payments, we are excited to partner with the consumer electronics giant Samsung India, as part of our constant endeavor to provide convenience and ensure superior user experience to Indians. By combining Samsung's cutting-edge technology with Paytm's wide-ranging services, we are making it easier than ever for consumers to manage their bookings and payments through a single unified platform," Paytm Spokesperson said.



aim was to underscore the significance of yoga for healthy living and to inspire students to incorporate yoga into their daily routines for a balanced and healthy lifestyle.

Dr. M M Ramya, Dean, A.M. Jain College, said, "Yoga is a way of life that brings harmony and balance to the mind, body, and spirit. Through today's

celebration, we hope to instil the importance of integrating yoga into our daily routines, promoting overall well-being and resilience among our students. A.M. Jain College remains committed to such holistic development of our students, continually fostering environments that support their physical, mental, and emotional growth."

A.M. Jain College is dedicated to student well-being, going beyond academics. By hosting events like International Yoga Day, the college promotes a balanced lifestyle and the benefits of daily wellness practices. This approach aims to prepare students for both professional success and a fulfilling personal life.

Annamalai for toddy shops to end illicit liquor menace

Chennai June 21 2024: BJP state president Annamalai has proposed the opening of toddy shops as a solution to end the illicit liquor menace in Tamil Nadu. He made this statement while addressing media persons at an event marking the 10th International Day of Yoga, held today at the Isha Yoga Centre in Coimbatore. Prior to the media interaction, Annamalai participated in the event, performing various yoga asanas.



Annamalai condemned the recent incident in Karunapuram, Kallakurichi, where 49 people died after consuming adulterated liquor, terming it "very painful."

He pointed to the state of Bihar, which has shown that complete abstinence is

of harmful alcohol consumption in the state.

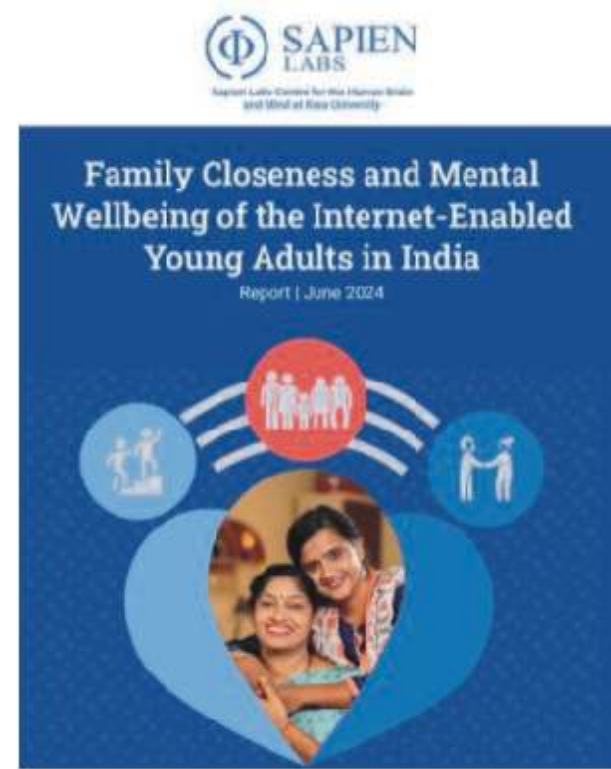
Annamalai emphasised that Bihar's success with toddy shops demonstrates the potential for a similar outcome in Tamil Nadu. By regulating the sale of traditional, less harmful alcoholic beverages like toddy, the state could effectively curb the production and consumption of dangerous illicit liquor.

achievable with the introduction of toddy shops. Drawing parallels with Kerala, which is exploring the same approach, Annamalai suggested that Tamil Nadu should also consider opening toddy shops. He believes that this could lead to the complete prohibition

Weak Family Ties a Concern for Youth Mental Health Finds New Study

Chennai June 21 2024: A new report released today by the Sapien Labs Centre for Human Brain and Mind at Krea University, India, sheds light on the intricate relationship between family dynamics and mental well-being among young adults in India. Findings show that closer relationships with family members are associated with higher levels of mental well-being, including improved social self and cognitive functioning.

Overall, younger generations reported lower levels of family closeness compared to older generations. Strikingly, the downward trend in family closeness with younger age was much more dramatic in those responding in English, who had higher income levels on average, compared to those responding in Hindi, who had lower income levels. Correspondingly, young adults who were Hindi-speaking also reported substantially better mental well-being compared to their wealthier English-speaking counterparts. Altogether, young adults



with a family income of 1 lakh or less but with close family relationships had better mental well-being than those with a family income of 10 lakhs or more who were not close to their family.

"While increasing income levels is crucial, our findings highlight that family closeness plays an out-sized role in contributing to mental wellbeing among the youth. The differences between language groups point to a generational decline in family closeness that may be cultural in nature

and to the potential negative consequences of trading off family closeness for income. Acknowledging and understanding the possible role of culture (language) and the environment on the strength of family relationships may be key to fully leveraging the potential of India's younger generation." - Dr. Shailender Swaminathan, Director, Sapien Labs Centre for Human Brain and Mind, India.

Together with the Centre's earlier research, the report points to the

need to understand contributing risk factors for mental health, which can inform preventive strategies that can be adopted by parents, schools and policymakers.

The report draws on data from the Global Mind Project, and is based on data from 62,832 respondents across 36 states and Union Territories collected between January 2022 and August 2023.

The Sapien Labs Centre for the Human Brain and Mind in India is a collaboration between Sapien Labs (USA) and Krea University, with an aim to pursue research and learning related to the human brain and mind. The Centre plans to extend this critical work beyond English-speaking participants from India, to include other language groups. Subsequent work will examine the role of other risk factors such as processed food consumption, exercise and family relationships on the mental well-being of adolescents and youth, in addition to smartphone access and use.

Krispy Days Are Here Again! Fulfil All Your Crispy Chicken Cravings With This Limited Time Offer

Chennai June 21 2024: The crispiest time of the year is here again, with KFC's limited period Krispy Days offer.

Save up to 40% till 30th June only. Enjoy 8 pieces of your finger lickin' good KFC favourites such as the iconic Hot & Crispy Leg pieces, and Hot Wings starting at INR. 299/- only.



Walk into your nearest KFC restaurant to avail the drool-worthy Krispy Days offer on dine-in or order via the KFC app and enjoy free delivery.

So, chicken lovers, what are you waiting for? The clock is ticking. Make sure to grab the crispiest offer of the year before 30th June.

Swiggy's Cricket Cards Game Concludes with a City Winner Driving Away in a Volkswagen Taigun

Chennai June 21 2024: Swiggy, India's pioneering on-demand convenience platform, announces the conclusion of the Swiggy Cricket Cards game, which saw over 36 M cricket cards collected, 14 M quizzes played, and 20 M worth of rewards given away. After a competitive campaign that saw over 11,000 users reach the milestone of collecting 15 unique cricket cards, Varun S. from Chennai has been awarded the grand prize, a Volkswagen Taigun car. Varun, an ardent Chennai team supporter, celebrated his win with fellow fans, making it a victory for the entire



city. Additionally, 150 users have won exclusive Chennai team merchandise.

The Swiggy Cricket Cards game offered users a chance to collect a set of 15 unique cricket cards. These cards included 10 current IPL team cards, 3 old team cards, and 2 special cards. Users could collect these cards by placing

orders on Swiggy's Food and Instamart services, playing daily quizzes, or trading cards with friends.

Users unlocked various rewards by collecting 3, 6, 10, or 15 unique cards, with the ultimate reward being the Volkswagen Taigun. The grand prize winner was selected through a lucky draw from those who

collected all 15 cards.

The Swiggy Cricket Cards campaign engaged lakhs of cricket enthusiasts in a race to the finish line. The excitement continues as the cricket season progresses, with Swiggy committed to delivering more engaging experiences for consumers.

In a short ceremony at Swiggy's Bangalore office, Varun S. was presented with a symbolic oversized key of the Volkswagen Taigun. The momentous event was a testament to the passion and enthusiasm of cricket aficionados nationwide.