

Southern Railway observes 'Swachhati Hi Seva' Special Cleanliness Campaign today General Manager participates in the Swachhati Hi Seva event held at Chennai Egmore Additional General Manager participates in the Swachhata Hi Seva event at Dr MGR Chennai Centra

2023: Southern Railwayand Southern Railway. offered Shramdaan

maintenance depots and the programme. workshops, 30 Health Units and 30 running rooms covering over zone. Over 12000 volunteers actively participated in the drive.

General Manager, participation of students, Southern Railway Scouts & Guides, NGOs, launched the Swachhata Volunteers, rail

Chennai, Oct 01 Hi Seva Cleanliness Over 12000 drive at Chennai Egmore v o l u n t e e r s today and offered including Railway Shramdaan along with officials, School/College Shri P. Suresh, Principal students, Scouts & Chief Mechanical Guides, NGOs, rail Engineer, Shri P. passengers and general Mahesh, Senior Dy. public participate in General Manager, Shri Swachhata Hi Seva Challam, Chief Project events organized at Manager/Gati Sakti and various stations across Officers and Staff of

Shri Kaushal The '14-minute Kishore, Additional Miracle' Vande Bharat General Manager. Cleaning session carried Southern Railway out at Dr MGR Chennai participated in the Central, Chennai Swachhata Hi Seva Egmore & Kasaragod Cleanliness drive at Dr today 'Southern Railway MGR Chennai Central observed 'Swachhata Hi today along with Shri B. Seva' today, the 1st of Viswanath Eerya, October 2023 in Divisional Railway commemoration of Manager, Chennai, other Gandi Jayanthi. The Officers and staff. The massive cleanliness '14-minute miracle' campaign focussing on Cleaning of Coimbatore the theme "Garbage Free – Dr MGR Vande Bharat India' was organized at Express (on arrival) was 360 railway stations, 43 carried out at Dr MGR public. railway colonies, 47 Chennai Central during

Principal Heads of Departments, Officers and Staff of Southern 1200 locations across the Railway also actively participated in the drive organized at various locations which saw the Shri R.N. Singh, enthusiastic

and a host of events like Shramdaan, Cleanliness rally, Tree plantation



Shri R.N.Singh, General Manager at Chennai Egmore Railway Station as part of the Swachhta Hi Seva Programme on 1st October 2023

passengers and general drives, honouring Cleanliness workers (Safai Karamcharis) were The special organized.

cleanliness campaign was led by Divisional '14-minute Miracle' Railway Managers at all Vande Bharat Cleaning

the six divisions of As part of the Chennai, Salem, Swachhata Hi Seva Tiruchchirappalli, Cleaning Program on 1st Madurai, Palakkad and October 2023, a novel Thiruvananthapuram scheme named '14minute miracle' has been launched on pilot basis for three incoming rakes



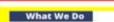
of Vande Bharat. The 14 Chennai Central Minute Miracle Railway Station, and the Cleaning Scheme will incoming Train save time for the No.20666 Tirunelveli -













passengers at the Chennai Egmore Vande destination station for Bharat which reached the return journey of the Chennai Egmore at Vande Bharat train and it 13.50 was also cleaned in will ensure that the a record 14 minutes as passengers are able to well as Train No.20634 board a cleaner train in a Thiruvananthapuram -Kasaragod Vande Bharat shorter time.

Train No 20644 Express which reached Kasaragod 13.20 hrs. All Coimbatore – Chennai Vande Bharat which arrived at Dr MGR Chennai Central at 11.50 hrs was cleaned at a record 14 minutes at Dr

the three Vande Bharat These trials will feedback the scheme will destination stations. and based on the initiative.

Express trains were demonstrate the be further improved. cleaned quickly in 14 scheme's effectiveness in This program shares minutes time on arrival improving the overall similarities with Japan's at their respective quality of rail services Bullet Train cleanliness



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Sunday, October 01, 2023



Following Tamil Nadu Chief Minister's announcement, 'Margazhi Thingal' film team pledges to donate organs. Health and Family Welfare Minister Ma Subramanian lauds Suseenthiran, Manoj Bharathiraja and other members of 'Margazhi Thingal' team for pledging to donate their organs. Margazhi Thingal to have grand release on October 5



recent announcement f o r m s Director Manoj passion for the welfare

2023: Following the Elango Accepting the he said.Director Manoj Bharathiraja, under his by honourable Tamil congratulating them, is a great scheme. I b a n n e r. M a n o j Nadu Chief Minister Hon'ble Minister of hope more people from Bharathiraja expressed Thiru M K Stalin that Family Welfare and the film industry will happiness that he got state honours will be Health Thiru Ma come forward to donate the opportunity to given to organ donors, Subramanian said, "I their organs and inspire direct his legendary the team of upcoming would like to express the general father in his maiden film 'Margazhi Thingal' my sincere appreciation public." Actor Manoj directorial venture, has announced that they to the film crew of Bharathiraja will make though he made his will donate their 'Margazhi Thingal' who his debut as director acting debut with organs.Sixteen people have volunteered to through 'Margazhi Bharathiraja's 'Taj including the producer donate their organs Thingal' bankrolled by Mahal' and has acted in of the movie following the Director Suseenthiran's various films since Suseenthiran and announcement of Vennila Productions. then. director Manoj Hon'ble Chief Minister The film has Bharathiraja met the of Tamil Nadu. I hope newcomers in lead hon'ble Minister for that many others will characters, while Family Welfare and come forward and set 'Iyakkunar Imayam' Health Thiru Ma an example."The film's Bharathiraja plays a Subramanian, and producer and very important submitted forms for prominent director role.Bharathiraja and organ donation. The Suseenthiran said, "The music maestro details of those who recent announcement Isaignani Ilayaraja have have pledged to donate by Hon'ble Chief teamed up after 31 their organs are as Minister of Tamil Nadu years for this film, follows:1. Producer that organ donors will which will have a grand S u s e e n t h i r a n 2. be honored shows his release on October 5.

The last film they

Chennai, Oct 01 Murugesh Babu16. T their encouragement," and his son Manoj a n d Bharathiraja said, "This Vennila Productions

> Thanking Suseenthiran for producing his first film as a director, Manoj Bharathiraja expressed hope that the movie will be liked and appreciated by all. Manoj, who worked as assistant director to Mani Ratnam in 'Bombay', recently met the ace filmmaker and sought wishes for his worked together in was directorial debut.Manoj N a d o d i Bharathiraja also said Thendral'. Director that Ilaivaraaja's songs Suseeenthiran is and background score delighted over will play an important producing this movie, role in this story which which will bring has got a huge scope for

Popular director Seenu Ramasamy debuts as actor in a film produced by Thangam Cinemas and directed by CV Kumar's assistant Vijay Karthik Producer-director CV Kumar kickstarts the film by directing the first scene



2023: Vijay Karthik, Chennai today, with CV He added that the film editing, S R Hari who worked as an Kumar directing the will deeply and composes the music assistant director to first scene. The film is diligently capture the and Swetha Thangaraj noted producer-director based on a plot that is idea that standing on designs the costumes. CV Kumar, is writing relevant to all eras. Arun the side of the victims is The film is co-produced and directing a new is the protagonist of this social justice. Hundreds by S Sriram. Produced film, which is being movie, while Niranjana of supporting actors by Thangam Cinemas' produced on a lavish will play his lady love. and actresses S Thangaraj, the film budget by S Thangaraj They are joined by participated in the shoot which has story, under Thangam YouTube fame Vijay which started today in screenplay, dialogues Cinemas banner. Duke, Sheimour Chennai where some and direction by Vijay National award Roosevelt and others. important scenes were Karthik with leading winning director Seenu Seenu Ramasamy plays shot. The shooting will director Seenu Ramasamy, who has a very important role continue in places like Ramasamy making his helmed many and his scene was Villupuram, acting debut, will speak successful movies, is filmed today.Director Coimbatore and loud that social justice debuting as an actor Vijay Karthik is Pollachi.A S Surya is standing by the through this confident that the handles the victims and it applies to film.Shooting for the movie will be a guide cinematography, V B all societies.

Chennai, Oct 01 movie commenced in for new social change. Venkat takes care of

RP Films' R P Bala's second production venture, directed by V R Thudhivaanan, starring Kalaiyarasan and Deepa Balu in lead roles titled 'Kolaiseval'



Bharathiraj3. Shyam of the people. Selvan 4. Rakshana5. Following this, we from Panneerselvam R D6. the team of 'Margazhi Abinaya7. Renuga Thingal' have come Devi8. Dharshan9. forward to donate our Hershan10. Kavin11. organs. Our sincere Surya T12. Ashok thanks to the Chief Kumar13. Varshini14. Minister of Tamil Nadu Naksha Saran15. I P and Health Minister for Imayam' Bharathiraja

together 'Iyakkunar music.

Selection of the Indian Film for Entry to the Academy Awards - FFI

Chennai, Oct 01 2023: The committee to select the Indian film to be nominated for 2023 Academy Awards (Oscar) under the foreign language category today announced Malayalam movie '2018 – Everyone is a Hero' will represent the country at the Oscars. The committee was led by noted filmmaker Mr. Girish Kasaravalli. From the various shortlisted films, the panel has unanimously chosen '2018



Everyone is a of India President Ravi floods, 2018 Kerala Hero'.Speaking to the Kottarakara said, floods, 2023 disaster in media, Mr. Girish "Mother Earth is crying Himachal, Uttarakhand Kasaravalli said that and pleading us not to and the calamity in '2018 - Everyone is a abuse her. We are Libya. We need to learn Hero' has expressed the seeing the ill impacts of lessons from these and idea that humanity is climate change immediately take important in the everywhere across the necessary action to backdrop of a natural world. Thousands of protect the world. '2018 disaster in Kerala. He lives and thousands of - Everyone is a Hero' is added that this idea is crores of money were a great film that talks applicable to the entire lost in natural disasters about this and more." world. Film Federation like the 2015 Chennai

Chennai, Oct 01 director V R very beautiful love has reached its final 2023: Director Pa Thudhivaanan, story. It has taken shape stages. 'Kolaiseval' will Ranjith releases the 'Kolaiseval' has in an interesting hit the theaters very first look of sensational Kalaiyarasan playing manner and will be soon."PG Muthiah has s t o r y the protagonist, while enjoyed by all. The film taken care of love 'Kolaiseval'Following YouTube short films will also convey a very cinematography, while the critically acclaimed fame Deepa Balu is important message that Santhan has composed successful venture making her debut in the the society needs. the music. Editing is by 'Love' which was cinema industry as the Especially the last 20 Ajay Manoj, art recently released in heroine. Bala minutes of the movie direction by Saravana theatres, R P Bala and Saravanan and Agaran will be so unique and Abhinaman, and stunts Kousalya Bala of RP Venkat play key roles exciting."Giving more by Danger Mani.RP Films are now and Aadhavan, who has details, he said, "It is a Films' R P Bala and producing their second played character roles pleasure to introduce Kousalya Bala's second venture, which has been so far, plays a very young talent venture 'Kolaiseval' is i t l e d strong negative Thudhivaanan as directed by V R t 'Kolaiseval'.Director character. Actors director through this Thudhivaanan, with Pa Ranjith released the including Gajaraj are film. This movie will be Kalaiyarasan and title and first look also part of the a turning point for Deepa Balu in the lead poster of the film film. Talking about Kalaiyarasan. Shoot roles. The movie is today. Written and 'Kolaiseval', producer has been completed and releasing very soon. directed by debutant R P Bala said, "It is a post-production work

Sunday, October 01, 2023



More than 1300 children with Type 1 Diabetes, achieve positive outcomes through Social Impact Program Type 1 Diabetes program by RSSDI and Sanofi's Social impact initiative has been delivering positive outcomes

2023: The three-year and their caregivers in between the Research challenges in diabetes Society for the Study of management. This is Diabetes in India because very few (RSSDI) and Sanofi dedicated doctors and h as b e g u n t o educators are trained to demonstrate a treat and manage T1D. significant impact on Other challenges are the lives of children poor public awareness living with Type 1 about T1D, the socio-Diabetes Mellitus economic burden, and (T1D). As part of this access to proper program, more than healthcare facilities, 1300 young T1D patients have been urban and rural areas. enrolled nationwide, Other complexities including 208 from include delayed Tamil Nadu. The diagnosis, poor coldprogram (PPHF).

These 1300 children are receiving better education on T1D management. Over the last 9-months (September 2022 to June 2023), the program's intervention President has reduced the number of children experiencing hypoglycaemia (1 to 4 times per week) by 46% (vs. 70%) and children experiencing hyperglycaemia (1 to 4 times per

week) by 25% (vs. 52%).

As per the global Type 1 diabetes Index, in India T1D is growing at 6.7% each year compared with 4.4% for Type 2 diabetes. Referred to as juvenile or insulin- dependent Research Society for

Chennai, Oct 01 with Type 1 diabetes in India (RSSDI) ongoing collaboration India continue to face g particularly in semii s chain management for

implemented by the insulin, and insufficient People-to-People education for patients Health Foundation and caregivers. Just a provision of access to insulin, test strips and $g \circ \circ d$ s e l f management, could help restore 21.2 years of healthy life per person[1].

Dr. Brij Makkar

MD FIAMS, FICP, FRCP (Glasg,Edin), FACP (USA), FACE (USA), FRSSDI

in India (RSSDI)

"With an estimated 8.6 lakh T1D patients in India[2], we cannot afford to overlook the urgent needs of children living with

"For this program, **RSSDI** and Sanofi India are combining their respective experience and expertise to create a universal standard-ofcare that provides access to treatment across India as per 1 o b a 1 recommendations. RSSDI is dedicated to transforming the landscape of T1D care in India."

This Social Impact Program is aimed at improving the health status of T1D patients by creating a support program through a network of both trained h e a l t h c a r e professionals (HCPs) and T1D educators across India. Training doctors will enable correct diagnosis and management, leading

to reduction in the occurrence of chronic complications.

Ms. Aparna Thomas Senior Director, Corporate

President -Research Society for the Study of Diabetes

motivated to see the impact of our social program's intervention that is very quickly improving the quality this condition."

standard-of-care that is much needed in Type 1 diabetes for its diagnosis, education, and counselling. The program facilitates T1D training to increase the number of doctors and educators and in turn, access to T1D diagnosis, treatment, and care. Sanofi India's social impact program also their T1D optimally."

Vishwanathan MBBS, partners forsuccessful DNB - General roll out of KISNA Medicine, FRCP franchise stores.Kisna General Physician, from Hari Krishna Internal Medicine

diabetes is also distribution to experiencing an 3,500+retailers across upward trend and while the prevalence may not be as significant, it is still a cause for alarm. Thus, comprehensive training and education on treatment, monitoring, dosage, Communications and and titration is crucial Corporate Social in addressing the Responsibility, Sanofi challenges faced by children with Type 1 "We are hugely diabetes. By equipping healthcare professionals and educators in Tamil Nadu with the necessary tools and of life in so many knowledge, we can

KISNA Hosts Cluster Meet for its retail partners in Tamil Nadu

A Chennai, Oct 01 2023: Launches new collections and unveils franchise model i n ChennaiChennai 29th Sept 2023 - KISNA Diamond and Gold Jewellery from Hari Krishna Group hosted Chennai cluster meet for its key retailers in Tamilnadu. The main objective of this cluster meeting was to provides funds for free offer a platform insulin to 1300 children for in sightful who need the financial discussion on industry support to access trends and to treatment to manage collaborate with its loyal and long Dr. Vijay standing business

Group is a reputed "Like Type 2 jewellery brand since diabetes, Type 1 2005, with a wide the country making it the largest distributed diamond jewellery brand in India. KISNA has beengrowing exponentially by driving business growth through a retailer-enabled franchise model. In 2022, KISNAbegan



Hyderabad, Hisar, expressed interest this cluster meet, we Ayodhya, Bareilly, increating KISNA aim to bringtogether Raipur, Delhi, brand corners in their our retailers of Mumbai, Jammu & stores. Mr. Chennai under one Bengaluru. The Ghanshyam Dholakia, platform to interact, business cluster meet Founder and learn, grow and was graced by Mr. Managing Director, explore more Ghanshyam Dholakia, Hari Krishna Group. businessopportunities Founder & Managing said, "Chennai with KISNA. The Director, Hari possess hugepotential company is focusing KrishnaGroup. Mr. for the growth of towards rapid Parag Shah (Director) Indian economy and it expansion of its Kisna Diamond & was a privilege to host franchise operations Gold Jewellery and a cluster meeting for and tohave the widest Mr.MK Suresh (COO) our valuedretailers in KISNA Franchised Kisna Diamond& this region. We are Retail Chain across Gold Jewellery. optimistic that the the country. We take Engaging discussions business synergies this opportunity to took place on the discussed during the invite ourbusiness industry overview and meeting will lead partner to become a KISNA's product to the expansion and franchise partner of offerings, services and development of the KISNA Diamond & b u s i n e s s company and the GoldJewellery"

Join hands with Railways and participate in the mass Cleanliness Campaign 'Swachhata Hi Seva' on 1st October 2023

Volunteer for Shramdaan and contribute to bringing a visible change in Cleanliness standards of railway stations Chennai, Oct 01 about cleanliness and 1st October 2023 Swachhata Hi Seva

MD, FACE, FACP Secretary -

diabetes, people living the Study of Diabetes designed to create the

India Limited

children living with make a significant Type 1 diabetes in difference in the lives India. The program is of these children."

Headquarters, Integrated Defence Staff celebrates its 23rd Raising Day

Chennai, Oct 01 2023: Headquarters, Integrated Defence Staff (IDS) is celebrating its 23rd Raising Day on October 01, 2023. Chief of Integrated Defence Staff to the Chairman, Chiefs of Staff Committee (CISC) Lt Gen JP Mathew laid a wreath at the National War Memorial in New Delhi and paid homage to fallen heroes on the occasion. The CISC has extended felicitations to all ranks of the 'Purple Fraternity' and exhorted them to continue striving to achieve the goal of a truly integrated Armed decades, HO IDS has Forces.

The HQ IDS was Defence Services in raised on October 01, promoting key national 2001 as a Tri-Service endeavours like force



entity to fulfill the vital structuring and objective towards c a p a b i l i t y India's national security d e v e l o p m e n t, architecture. It remains t e c h n o l o g y at the forefront of management, multiple initiatives consolidating defence aimed at furthering the intelligence, promoting integration and military diplomacy, jointness among the enhancing joint training Services, duly living up of the three services and to its motto 'Victory also with friendly Through Jointness'. foreign countries, developing Over the past two interoperable led the efforts of the operational logistics, progressing major procurements for the

Armed Forces and conducting Humanitarian Assistance and Disaster campaign, there is a Relief (HADR) specific initiative operations. Key known as Swachhata milestones of operationalisation of Defence Space Agency, Defence Cyber Agency and Armed Forces Special Operations

Division as Joint significant cleanliness Organisations have also campaign, "Swachhata been achieved.

The creation of place on October 1st Department of Military (Sunday) 2023, on the Affairs (DMA) and eve of Gandhi Jayanthi. institution of Chief of). The theme for this Defence Staff (CDS) year's campaign is are transformative "Garbage Free India," reforms that have given with a particular focus the much-needed on visual cleanliness impetus to Tri-Services and the well-being of synergy, modernisation SafaiMitras (sanitation and transformation of workers). Defence Services and

The primary their integration in the objective of this Higher Defence campaign is to raise Organisation of the widespread awareness Nation.

2023: The ongoing encourage people to Swachhata Pakhwada, actively participate in a special cleanliness shramdaan activities drive, is being (voluntary labor for conducted across the cleanliness initiatives. Indian Railways with great enthusiasm and dedication from various segments of society. As part of this Hi Seva (SHS), which is celebrated annually from September 15th to October 2nd. This year, this Hi Seva," will take

rail users and general Swachhata Hi Seva 2023. Principal Heads the station nearest to their place of living. This presents a valuable opportunity for you to contribute to your community and contribute to making India cleaner and more beautiful. The drive will be organized in almost all major stations of Chennai, passengers and general S a l e m Tiruchchirappalli, Madurai, Palakkad and you can participate in Thiruvananthapuram the campaign: Divisions.

Cleanliness drive on by visiting the

website. Shri Kaushal

Kishore, Additional . General Manager, neighbourhood: You Southern Railway will have the option to participate in the organize a clean-up Southern Railway Swachhata Hi Seva event or simply pick up extends an invitation to events to be organized litter whenever you at Dr MGR Chennai encounter it. public to join us in the Central on 1st October

others about cleaning campaign at of Departments, Officers and Staff of Southern Railway will actively participate in the drive organized at various locations which will also see the enthusiastic

participation of

students, Scouts &

Guides, NGOs,

Volunteers, rail

cleanliness: Engage in conversations with your friends, family, and neighbours to emphasize the significance of maintaining clean communities. You can also use social media to share information about the Swachhata Hi Seva campaign.

Clean up your

Educate

Southern Railway public. appeals to rail users and Here are some ways

To participate in shramdaan activities: campaign at railway Swachhata Hi Seva, Numerous shramdaan stations, make a please click the activities will be substantial impact in following link, choose organized at nearby enhancing the a convenient railway Railway stations. You cleanliness standards station nearby, register can discover these for a cleaner and and participate in the activities by reaching beautiful Nation.

general public to volunteer for participation in the Engage in Swachhata Hi Seva

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Sunday, October 01, 2023



Countdown to COP28 UAE: The UAE Ambassador brings together key stakeholders to build collaboration for climate action

Aims to reach 11000+ schools across 300+ cities in India through this campaign

Chennai, Oct 01 2023: In the run-up to the 28th session of the Conference of the Parties (COP28) to the UN Framework Convention on Climate Change (UNFCCC) to be held at Expo City, Dubai in the United Arab Emirates (UAE), the UAE Ambassador to India, H.E. Dr. hosted a roundtable discussion with senior civil society and think tank leaders in New Delhi. The roundtable, which deliberated upon critical climate action strategies, highlighted the role of constructive dialogue in support of COP28 UAE outcomes, dignitaries from The Energy and Resources Institute (TERI); the for Science and Environment (CSE); Council on Energy, Environment and Water (CEEW); Rockefeller Foundation and Children's Investment Fund Foundation

4



(CIFF), among others.

The roundtable Abdulnasser Alshaali underlined the UAE COP Presidency's fourpillar strategy to accelerate global climate action, by fasttracking the energy transition, transforming climate finance, implementation of focusing on lives and climate financing and livelihoods, and full opportunities for inclusivity of the COP climate action, process. As a milestone commitments on bringing together COP, the Presidency mitigation, and will work to ensure that adaptation. the world moves forward from COP28 International Solar with a clear, collective, importance of collective action, international

Alliance (ISA); Centre collaborative, and inclusive plan of action that leaves no one responsibility in behind.

> Underlining this spirit of inclusion and collaboration, roundtable participants emphasised the scale of India, stated, "The UAE

is fully committed to playing a pivotal role in advancing climate action and fostering collaboration among nations as we head towards the first global evaluation of Paris COP21. India has been a valued partner to the UAE Presidency's global climate change vision for COP, and and its impact on today's roundtable is a communities around the testament to our world, highlighting the collective dedication to need for whole-ofcreating a resilient society solutions. They future for all by enabling highlighted the an inclusive and importance of working solutions-oriented together post the G20 COP28." summit to ensure the

The roundtable discussions reaffirmed the COP28 UAE's aim to disrupt business-asusual climate approaches, unite around decisive action, and achieve game-Reinforcing the changing results in an inclusive manner, bolstering the UAE's call to the world to Unite. Act. Deliver.

addressing the pressing The COP28 challenges posed by roundtable in New Delhi climate change, H.E. Dr. was held as a precursor Abdulnasser Alshaali, to COP28, which will be the UAE Ambassador to held from November 30 to December 12, 2023.

VICE ADMIRAL TARUN SOBTI, AVSM, VSM ASSUMED CHARGE AS DEPUTY CHIEF OF NAVAL STAFF

cooperation, and shared

Chennai, Oct 01 Vice Admiral 2023: Tarun Sobti, AVSM, VSM assumed charge as Deputy Chief of the Naval Staff on 01 Oct 23.



The Flag Officer was awarded the Vishisht Seva Medal in 2020 and Ati Vishisht Seva Medal in 2022 by the Hon'ble President of India.

He has succeeded

Salient Features of New Time Table with effect 01st October, 2023

Chennai, Oct 01 (76628/76627)Tirutura 2023: comprehensive update Tiruturaipundi (5 days 06413/06414 (old No. Weekly Humsafar to Southern Railway's a week) DEMU Spl 56113/56114) Express to Firozpur Time Table is scheduled (Daily) (w.e.f Mayiladuthurai- Cant.- To be notified by to come into force on 08.04.2023) October 1, 2023.

In Southern No.06629/06630 and Train 06881/06882 No.17643/17644 Railway, this revision (76630/76629)Tirutura ^(old No.76833/76834) Kakinada Port – signifies a major leap in ipundi - Agastiampalli improving train timings Tiruturaipundi (5 days and significant a week) DEMU Spl enhancement in the (Daily) (w.e.f speed of Mail/Express 08.04.2023)

trains. Dedicated maintenance works No.20683/20684 carried out in the zone, Tambaram - Sengottai essential infrastructure improvements and track upgrades are poised to bring about faster and more as Tri-weekly w.e.f efficient train journeys 01.06.2023. for passengers.

Southern Railway Kasaragod portion of South Zone Thiruvananthapuram -*Time Table:*

have been introduced Ø 2 Trains have

been amalgamated and service

Ø 8 trains have been extended \emptyset Frequency of 2

trains has been Increased

Ø 34 Trains have been Speeded up

Experimental Ø Stoppages provided for 199 Express Trains at Various Stations

Ø 5 Pairs of Express Trains have No.20677/20678 been diverted

The ipundi-Agastiampalli- of Train No. Rameswaram – Ajmer

Train Mayiladuthurai Spl. 3. Κ a n d T r a i n

4. Train 76801/76802) Karur – Salem- Karur DEMU Spl. to run as T. No. Tambaram Superfast Express introduced as Mayiladuthurai- Salem Weekly w.e.f -Mayiladuthurai 08.04.2023. Operated 28.08.2023)

2. 5. Train Train No. 16328/16327 Key highlights in No.20633/20634 Guruvayur - Punalur -Guruvayur Express to Madurai by Kasaragod Vande Ø 11 New Trains Bharat Express (6 days a Week) (via Kottayam) (w.e.f25.04.2023) 6. Chennai Central - Special and Train

Bharat Express (6 days (Regular No. 12.11.2022) Sengottai- Kollam-Train Sengottai Express trains 7.

No.20665/20666 Special. (With effect Chennai Egmore- from 28.08.2023). Tirunelveli Jn.-3. Chennai Egmore Vande 1 6 8 4 7 / 1 6 8 4 8 Bharat Express (6 days Mayiladuthurai -

a Week) (w.e.f Dindugal Express to 24.09.2023) Sengottai (with effect Train from 12.11.2022). 8.

4. Chennai Central- 20601/20602 Chennai 09.09.2023

1. Amalgamation No.20973/20974 Tiruchchirappalli - Originating Railway.

10. TrainTiruchchirappalli- Chengalpattu Daily a r u r - Express to Puducherry Tiruchchirappalli Spl. for 06 days a week –To Train be notified by the No.06852/06851 (old Owning Railway. N o .

III. Increase in Frequency

Train No. 1. 16811/16812 06009/06812, 06815/06816, 06817/06010 Express (Daily) (w.e.f: Mettupalayam -Coimbatore -Mettupalayam MEMU Spls from 6 days to daily (with effect from

11.12.2022). 2. Train No. amalgamating with 22504/22503 (Old No. Train No. 06663/06503 1 5 9 0 6 / 1 5 9 0 5) (Regular No. Dibrugarh -56733/56736) Kanniyakumari-Train Madurai- Sengottai - Dibrugarh Vivek operated as a single No.20607/20608 Madurai Express Express Weekly to Biweekly (with effect from Mysuruore Vande No.06659/06660 22.11.2022) and to Four days a week (with a week) (w.e.f 56737/56738) effect from 07.05.2023

> IV. Diversion of

For improved operational efficiency the following trains have been diverted:

Ι Diversion of Train No.06442 Kollam – Ernakulam MEMU Express Special via Train No. Kottayam w.e.f

II. Diversion of the

following trains via

Perambur skipping

stoppage at Chennai

No.12577/12578

Darbhanga-Mysururu

- Darbhanga Weekly

Express with effect from

Train

Train

Central:

1.

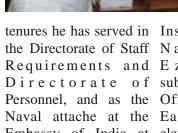
02.01.2024

01.01.2024

2.

Vice Admiral Tarun Sobti was commissioned into the Indian Navy on 01 Jul 88 and is a Navigation and Direction Specialist.

In his career spanning over 35 years, he has held a variety of Command and Staff appointments both ashore and afloat. The Flag Officer has commanded INS Nishank, a Missile Boat, Missile Destroyer INS



On promotion to the INS Kora, a Missile rank of Rear Admiral in Corvette, and Guided 2019, he was appointed as the Deputy

Moscow.

Kolkata. In his staff Commandant and Chief Staff at NHQ MoD.

Vice Admiral Sanjay Mahindru who retired after more than 38 years of illustrious service on 30 Sep 2023. During the tenures he has served in Instructor at Indian tenure of VAdm Sanjay the Directorate of Staff Naval Academy, Mahindru as DCNS, the Requirements and Ezhimala and Indian Navy witnessed a Directorate of subsequently as Flag number of significant Personnel, and as the Officer Commanding achievements that have Naval attache at the Eastern Fleet. On elevated India's Embassy of India at elevation to the rank of maritime reach and Vice Admiral in 2021, he operational tempo, as

took over as Director also a number of General Project Seabird successful strategic prior taking over the cooperation initiatives present appointment as with friendly foreign in new Time Table No.16361/16362 SMAYILADUTHURAI Deputy Chief of Naval countries.

Swachhata Hi Seva Campaign -A Call to Action for A Cleaner India

2023: September, 2023 with Janbhagidari. guidance to hold series of activities including Swachhata Hi Seva campaign, to be observed on 1st October, 2023 at 10 A.M. This would be a tribute to Mahatma Gandhi on his 154th birth anniversary.

It envisages cleaning

Chennai, Oct 01 the nation for at least 1 commitment to fostering sustainable India. This Swachhata hour resulting in visible a cleaner and healthier campaign is a testament Pakhwada was launched cleanliness through environment, Indian to our shared by Govt of India on 15th Shramdaan and Bank is committed for responsibility for the in our communities.

Indian Bank is geared " Swachhata Hi up to align its activities with above campaign Seva," which translates aiming at promoting to "Cleanliness is cleanliness and Service," is a clarion call sanitation through 35 to citizens, to all its customers and

Bank is the Lead Bank communities to come join in this noble cause and also through all its together and make a and contribute towards

offices spread across the collective effort towards Swachhata (Cleanliness) drive by people across country. With a strong a cleaner and more of our motherland.

driving positive change environment and our communities, as well as our dedication to the principles of the Swachh Bharat Abhiyan.

Indian Bank appeals Districts where Indian organizations, and community groups to

Ø Express Train

(w.e.f24.09.2023) The major changes in timings of 9. Mail/Express, No.20631/20632 of trains, increase in Alappuzha) (w.e.f effect from 16.06.23) frequency etc. which 24.09.2023) have been incorporated 10.

Annexure - A. 25.09.2023) ANNEXUREA

New Trains Ι.

The following 11 new trains have been introduced for the benefit of passengers as

given below:

Train 1. No.20643/20644 Chennai Central -Coimbatore - Chennai passengers and for 16791/16792 Central Vande Bharat improved operational Tirunelveli – Palakkad Express (6 days a week) efficiency, the Palaruvi Express to (w.e.f08.04.2023). 2.

Train No. operated as one single 06627/06628 train service as follows:

11.

Ι

Train No.

Extension of

Change in the Vijayawada-Chennai Central -Maduraidays of Service of 1 Central Vande Bharat Chennai Central (Tri-Express (6 days a Week) Weekly) Express to Bodinayakanur Train (w.e.f.16.06.23)

5. Train No. Passenger trains as Kasaragod - 06701/06702 Madurai well as introduction of Thiruvananthapuram - _ Teni Unreserved new trains, Diversion, Kasaragod Vande Express Special provision of new Bharat Express (6 days (Daily) to

stoppages, speeding up a Week) (via Bodinayakanur (with

6. Train Train No.16585/16586 pertaining to Southern Ernakulam - T Bengaluru Railway is enclosed as Velankanni (BW) Mangaluru Central Express (w.e.f Daily Express to

Murdeshwar (with Train effect from 17.09.23) *No*.17421/17422 7. Train No.

Tirupati – Kollam (BW) 16343/16344 Express.- To be notified Thiruvananthapuram by Owning Railway.

Madurai Amrita . Express t oAmalgamation and Rameswaram - To be Extension of services: notified later.

8. For benefit of Train No. following trains have Tuticorin - To be been amalgamated and notified later.

9.

No.12551/12552 SMVT Bengaluru – Kamakhya – SMVT Bengaluru Weekly Express with effect from 03.01.2024 Train 3. No.22351/22352 SMAYILADUTHURAI T Bengaluru – Patliputra Weekly Express with effect from

III. Diversion of Train No. 17229/17230 Thiruvananthapuram – Secunderabad Sabari Express via SHORANUR 'B' Cabin bypassing Shoranur junction with stoppage at Wadakancheri w.e.f

Train 01.01.2024.