

Ma Su inaugurates awareness camp on Rabies prevention in Thoothukudi



Chennai, Sep 29 2023: Health minister Ma Subramanian inaugurated the Rabies awareness camp at Pudukottai Primary Health Center in Thoothukudi on Thursday. The minister said that Rabies is not just limited to dog bites but it might also be caused by other animals like cat, monkey, goat, cow, horse, fox, mongoose, wolf, etc., but 95 percent of the time it is caused due to a rabid dog bite. People can experience fever and headache initially and later, they can experience panic or fear upon seeing water. The health minister said that the State has adequate availability of medicines for snake and dog bites. In the past two years, 60,380 people have been affected with dog bites and 16,484 have been affected with snake bites. Currently, Tamil Nadu has 6,21,726 anti-rabies vaccines for dog bites, 35,502 vials of immunoglobulin and 1,07,087 anti-snake venom for snake bites. The veterinary doctors, dog catchers, zoo keepers, forest officials, veterinary employees are recorded to take a rabies vaccine as a precaution. The precautionary vaccine should be taken in 3 doses on the 1st, 7th and 21st day. The rabies vaccines should be compulsorily administered to the pet dogs," he said. In case of severe injury due to a dog bite, immunoglobulin vaccines can also be administered based on the advice of a medical practitioner and he said that the vaccines are available for free at all hospitals and Primary Health Centers. He advised the public to wash the wounded area with water and soap for at least 15 minutes, upon being bitten by a dog or pet animals. It is advisable to wash with running water from the tap, usage of disinfectants like alcohol or dettol is also preferred. Avoid covering or dressing the wound. The minister said that vaccines are available for rabies and with the use of four injections, rabies can be prevented. The treatment should be started immediately after being bitten by the dog. The first dose on day one, second dose on day three, third dose on day seven followed by fourth dose on day 28.

The committee to select the Indian film to be nominated for 2023 Academy Awards (Oscar) under the foreign language category today announced Malayalam movie '2018 - Everyone is a Hero' will represent the country at the Oscars.



Chennai, Sep 29 2023: The committee was led by noted filmmaker Mr. Girish Kasaravalli. From the various shortlisted films, the panel has unanimously chosen '2018 - Everyone is a Hero'.

Speaking to the media, Mr. Girish Kasaravalli said that '2018 - Everyone is a Hero' has expressed the idea that humanity is important in the backdrop of a natural disaster in Kerala. He added that this idea is applicable to the entire world.

F I L M F E D E R A T I O N O F I N D I A : L I S T O F S E L E C T I O N C O M M I T T E E F O R O S C A R A W A R D 2 0 2 3.

1. Mr. Girish Kasaravalli (Chairman) - Bangalore - Director
2. Mr. Joshy Joseph - Kolkata - Director
3. Ms. Satarupa Sanyal - Kolkata - Producer, Director & Actress
4. Mr. M. V. Raghu - Hyderabad - Director, Writer & DOP
5. Ms. Manju Borah - Guwahati - Director, Story Writer
6. Mr. Sandeep Senan - Kochi - Producer
7. Mr. Mukesh Mehta - Chennai - Producer
8. Mr. R. Madhesh - Chennai - Director, Writer
9. Mr. S. Vijayan - Chennai - Stunt Master
10. Mr. Sreekar Prasad - Chennai - Editor
11. Ms. Vasuki Bhaskar - Chennai - Costume Designer
12. Ms. Dinaz Kalwachwala - Mumbai - Producer, Director & Writer
13. Mr. Rahul Bhole - Vadodara - Director, Writer & Editor
14. Mr. Shankhajeet De - Delhi - Producer & Writer
15. Mr. Ashok Rane - Mumbai - Director, Writer & Editor
16. Mr. N. R. Nanjunde Gowda - Bangalore - Director

F I L M S C O N S I D E R E D F O R O S C A R N O M I N A T I O N - 2 0 2 3

1. Balagam - Telugu
2. The Kerala Story - Hindi
3. 12th Fail - Hindi
4. Zwigato - Hindi
5. Rocky Aur Rani Kii Prem Kahaani - Hindi
6. The Storyteller - Hindi
7. Music School - Hindi
8. Mrs. Chatterjee Vs Norway - Hindi
9. Viduthalai Part 1 - Tamil
10. Ghoomer - Marathi
11. Dasara - Telugu
12. Gadar 2 - Hindi
13. Vaalvi - Marathi
14. Maamannan - Tamil
15. Baaplyok - Marathi
16. The Vaccine War - Hindi
17. Sir - Telugu
18. Vaathi - Tamil
19. Ab Toh Sab Bhagwan Bharose - Hindi
20. Virupaksha - Telugu
21. 2018 - Everyone is a Hero - Malayalam
22. August 16, 1947 - Tamil
23. Viduthalai Part 1, Maamannan, Vaathi, August 16, 1947, Telugu (4): Balagam, Dasara, Sir, Virupaksha Malayalam (1): 2018 - Everyone is a Hero Hindi (11): The Kerala Story, 12th Fail, Zwigato, Rocky Aur Rani Kii Prem Kahaani, The Storyteller, Music School, Mrs. Chatterjee Vs Norway, Ghoomer, Gadar 2, The Vaccine War, Ab Toh Sab Bhagwan Bharose Marathi (2): Vaalvi, Baaplyok

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Foods that strengthen the immune system and combat dengue!

Pitchiah Kasinathan, Clinical Dietitian Fortis Malar Hospital



Chennai, Sep 29 2023: With the arrival of monsoon season, dengue, a rising viral infection, has drastically increased. Dengue is increasingly more common because of climatic change and its consequences. Increased population brought on by urbanization and deforestation has also contributed to the vectors' favorable environmental conditions. Poorly maintained areas and stagnant water sources make for the perfect breeding place for mosquitoes.

Dengue is caused by the four kind of virus which are predominantly transmitted through infected female Aedes mosquito bites. Although all precautions can be taken to prevent dengue, there is still a need to be vigilant in the event of an infection. While dengue starts with a high fever (102-104 degrees F), dengue destruct platelets as well causing thrombocytopenia.

Due to the dangerously rapid platelet reduction caused by dengue, patients may need to be admitted to the hospital. The platelet count decreases along with the fever. You must consume specific foods that aid in your body's platelet production to stop that from happening. Low blood pressure brought on by dengue illness may result in dengue shock syndrome. So long as other medical issues do not make it unacceptable, sufficient hydration is crucial. The list of foods that you should eat if you have dengue will be presented in this

post. hemoglobin levels. Vitamin C in foods Papaya leaves contain a unique phytochemical called acetogenin, which can be a great remedy for dengue patients as it ensures rapid increase in platelet count. Papaya leaves contain many natural plant compounds such as flavonoids and carotene, which have anti-inflammatory and antioxidant properties. 4-5 papaya leaves can be boiled in water to make papaya leaf juice easily at home. drink 1 cup in the morning and evening. Wheatgrass According to studies, wheatgrass extract can help increase platelet count naturally. It contains organic compounds which are rich in folic acid, vitamin B1, B2, B6, B12, and pantothenic acid. It also has minerals like calcium, potassium, magnesium, and iron. It helps to cope with prolonged weakness and increase red blood cells. You can drink a cup of wheatgrass juice with a squeeze of lemon for maximum benefits. Dry grapes Dry grapes are a rich source of iron and can help dengue patients with low platelets. Soak a handful of raisins overnight and consume them in the morning with the soaked water. This remedy is also very useful for anemic patients with low

drowsiness due to dengue, drink beetroot soup at regular intervals. You can even add beetroot in your salads and soups.

Pomegranate Pomegranate has been used for various health reasons over centuries. Pomegranate contains vitamins and minerals. It is essential for dengue sufferers to avoid dehydration and prevents them from falling further.

- Foods to avoid strictly during dengue
- Oily or fried food
 - Non-vegetarian
 - Carbonated drinks
 - Processed food
 - Caffeine
 - Spicy food
 - Self-medication

The biggest problem for a dengue patient is dehydration. We recommend consuming tender coconut, buttermilk, soups, and any liquid that isn't alcohol or carbonated beverages to manage or prevent dehydration issues.

Since there is no vaccination for dengue, it is better to prevent the disease than to treat an infection. To treat the condition, there is no medication. It is crucial to stay in bed as much as possible and keep the body's fluid balance.

Dengue fever can reoccur too and develop rapidly after the initial symptoms appear. So, if you are bitten by morning mosquitoes and happen to see any of the symptoms, you should consult a doctor and seek proper treatment immediately. Self-medication should strictly be avoided. Also, the above foods should be taken as a supplement. Medical treatment should be vital.

Eye Research Centre to Raise Funds for Surgeries for underprivileged through Actor Siddharth's 'Chiththa' Movie Charity premiere



Chennai, Sep 29 2023: Eye Research Centre, a recognised NGO dedicated to providing affordable eye surgeries to underprivileged populations, today raised funds through Actor Siddharth's Chiththa movie charity premiere. It was an outstanding event that combines the enchantment of cinema with the spirit of compassion at Seasons PVR Sathyam.

Dr. Athiya Agarwal, Director of Dr Agarwals Group of Eye Hospitals said "We are

beyond the word excited to play an active role in this amazing initiative. It's a lot more than about embracing the film industry's a figment, it is also about being an indicator of promise for those dealing with vision problems. The funds raised from this occasion are going to enable us to perform over 40,000 life-altering corneal surgeries, bringing light back to the lives of 1.3 million Indians who have become blind from corneal disease."

"Our aim is

transparent - our organisation is here to deliver affordable surgeries to people who are facing challenges with finances and community barriers. Thanks for making a direct contribution to this worthwhile effort by joining the 'Chiththa' charity premiere, establishing an accelerator for turning events" said Dr. Ashvin Agarwal, Executive Director & Chief Clinical Officer of Dr Agarwals Eye Hospital.

An evening with mission and excitement was expected from the

fascinating movie "Chiththa," that promises to stir hearts and ignite minds. Siddharth, the movie's lead actor, was an outspoken promoter of the Indian Eye Research Centre's goal. "I am proud to be an active participant of an endeavour that seeks to bring together worldwide fans of film and community members for an especially worthy cause. It's not just a premiere; it's an occasion of a cause that's important to my heart," he said.

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PEPSICO INDIA SPARKS A SURGE OF ENERGY WITH THE LAUNCH OF LIMITED-EDITION STING® BLUE CURRENT



Chennai, Sep 29 2023: PepsiCo India's brand, Sting® is all set to electrify consumers across India with the launch of its limited-edition flavour, Sting® Blue Current, a captivating new addition to its Sting® Energy lineup. The launch of Sting® Blue Current is accompanied by a quirky new brand campaign that reaffirms Sting®'s mantra of electrifying energy with, 'Sting® Blue Current, Kamaal ka Current' tagline – inviting consumers to experience the exhilaration of Sting® Blue Current firsthand.

The girl hopes to see a shooting star to share her secret wish. The boy, in his quirky Sting® style, decides to jolt himself up by getting a bolt of energy as he takes a sip of the new Sting® Blue Current. He creatively turns himself into a shooting star as the girl closes her eyes to make her wish. The film concludes with an electrifying note, echoing the brand's tagline 'Sting® Blue Current, Kamaal ka Current', igniting a sense of possibilities through Sting® Blue Current's 'Can-Do' energy.

Current and the new campaign, Ankit Agarwal, Associate Director, Energy & Hydration, PepsiCo India said, "Over the past few years, Sting has carved a special place in the hearts of consumers across India. Building on the love we have received in the Indian market, we're adding Sting Blue Current to the line-up, a new variant that gives consumers the choice to experience Sting energy with a refreshing new flavour. Sting Blue Current embodies our brand's core of energizing consumers and represents our commitment to giving

our audiences an electrifying boost, all while staying faithful to the brand they've grown to adore."

The new Sting® Blue Current TVC will be amplified through a 360-degree campaign across television, digital, outdoor, and social media.

Sting® Blue Current is available at Rs 20/- at 200 ml in single serve packs across India. Sting®'s red flavor will continue to be available in small single serve packs in 200ml and 250ml and multi serve pack of 500 ml across all modern and traditional retail outlets in India, as well as on leading e-commerce platforms.

The film starts with a young couple sitting

Speaking about the launch of Sting® Blue

Anne Princess Royal inaugurates Churchill's Old War Office launched as luxury hotel by The Hinduja Group Rishi Sunak and other dignitaries grace the opening ceremony

Chennai, Sep 29 2023: The Hinduja Group, a 109 year old multinational today inaugurated The Old War Office (OWO) London's premier luxury hotel. Britain's World War II era Prime Minister Winston Churchill opened its doors as a brand-new luxury hotel in London with a glittering launch event, with surprise musical performances by musicians Lord Andrew Lloyd Webber and Andrea Bocelli.

entrepreneurs, hoteliers and stars of film and television.

"We have always been working to see what best we can do between India and the UK because we believe our responsibility is to act as a bridge between the host country and the motherland," said GP Hinduja chairman Hinduja Group.

"It took us eight years and in these eight years we had a lot to do, but finally this iconic building has been converted into a symbol of peace and solace and not World Wars. The OWO will represent the legacy of the Hinduja Group and emerge as London's iconic destination. Everyone who lands in London will first come here to see what it is," said GP Hinduja.

The launch event showcased the food of 3-Michelin-starred chef Mauro Colagreco as the chef partner for The OWO, the hotel will welcome its first guests starting this Friday,

September 29th.

Raffles London at The OWO, as it is officially known, has been developed in partnership between the Hinduja Group and French multinational hospitality group Accor.

"When we came to Whitehall, the team were blown away by the size and beauty of this majestic building. No expense has been spared in bringing it back to its former glory and paying homage to its heritage, whilst breathing new life into it. Along with Raffles London at The OWO, we hope to create a legacy that is both timeless and unsurpassed," said Sanjay Hinduja, who has overseen the project.

The OWO's grand inauguration ceremony welcomed distinguished guests, including HRH Princess Beatrice, Sadiq Khan - The Mayor of London, Adil Ray-British Actor and Comedian, Natalie Pinkman - British Television Presenter, Richard Caring - British

Businessman and Bollywood Actor Akshay Kumar and wife Twinkle Khanna. Other Notable figures from the Royal Family, world leaders, and celebrities also came together to witness the rebirth of this iconic building.

The ceremony was nothing short of spectacular, with live entertainment by world-renowned music icons Andrea Bocelli and Lord Andrew Lloyd Webber. Guests were treated to an exquisite culinary experience with canapés prepared by the acclaimed 3-Michelin starred Chef Mauro Colagreco, who is also the chef partner for Raffles London at The OWO.

The transformed OWO also houses 85 Residences by Raffles as part of the building's reimagining as a new culinary district for London, complete with nine new restaurants and three bars, including a rooftop with panoramic views of Buckingham Palace.

KFC TRANSFORMS ITS ICONIC BUCKET TO ENCOURAGE INDIANS TO #SPEAKSIGN



Chennai, Sep 29 2023: Who says we always need words to understand each other? Sometimes all it takes is a sign.

A head of International Day of Sign Languages, KFC India is using its most distinctive brand asset, the iconic bucket, to raise awareness for Indian Sign Language. The specially designed Sign Language Bucket features step-by-step visual tutorials of commonly used words and phrases, giving consumers a chance to learn how to communicate in Indian Sign Language (ISL). Terms such as 'Hello', 'Please', 'Good Morning', 'How are you', 'Have a good day', 'Lol', 'What's up?' as well as numbers and sizes take center stage on the bucket.

The specially designed Sign Language Buckets will be available across all KFC restaurants in India this week.

The Sign Language Bucket and the #SpeakSign campaign are part of KFC India's Kshamata program, which is aimed at feeding people's potential, and bridging the gender and ability gap. Through the Kshamata program, KFC India is committed towards empowering women and the speech and hearing-impaired at their restaurants.

Speaking about the initiative, Aparna Bhalwal, CMO, KFC India & Partner Countries, said, "Our founder, Colonel Sanders, firmly believed that everyone had a seat at his table,

and his values & beliefs continue to inspire us even today. Through KFC Kshamata and our #SpeakSign campaign, we are committed to enhancing inclusivity for the hearing and speech impaired. This year, ahead of International Day of Sign Languages, we really wanted to challenge ourselves and bring Sign Language to the forefront for consumers. So we took Sign Language to our biggest and most distinctive brand asset – the bucket. By transforming it with visuals that demonstrate ISL, we are presenting consumers with a way to actively learn the language. It's a huge win in our journey towards inclusivity if people walk out of our restaurants having

learnt the basics of sign."

A special Sign Language Menu is also being introduced across Special KFC restaurants (operated by speech and hearing-impaired employees), giving consumers a chance to learn how to sign their favourite KFC menu items.

And that's not all. On 23rd September, all Special KFCs across India will go silent, with team members cheering on consumers to use less words, and more signs. In addition to this, short tutorial videos will also be featured on KFC India's Instagram handle offering a 'Crunch Course in Sign Language', to guide customers on how to converse in sign at a Special KFC restaurant.

State Chief Coordinator Dr. Nanmaran Rajasekhar has announced the appointment of Narikudi Kannan as the State Deputy Coordinator of the Sudhesi Tamilar Katchi.



Titan Eye+ to conduct eye screening for children upto 14 in Tamil Nadu

Aims to reach 11000+ schools across 300+ cities in India through this campaign



Chennai, Sep 29 2023: With a vision to create awareness about eye health and improve learning outcomes for children, Titan Eye+ announces eye screening program for children upto 14 age in Tamil Nadu. The company is planning to screen over 500 students across Chennai, Madurai and

Coimbatore in the Tamil Nadu region. The Tamil Nadu eye screening chapter is part of the All India Eye Screening campaign that is aimed at reaching 11000+ schools across 300+ cities in India. Myopia amongst children has been on a rise especially post Covid-19 induced high screen

exposure and this is an effort by the company to help diagnose such conditions much earlier.

Alongside, Titan Eyecare division has also launched Titan Eye+ Dash Contest 2023 for kids under the age of 14 where kids can submit their entries in any format to showcase their talent

like drawing, singing, dancing, magic amongst others. Participants can win fantastic prizes worth Rs. 1,00,000/- and lucky winner will also get a chance to become the face of the brand. The contest commenced on 24th September 2023 and will last until 15th October 2023.

"MCKINGSTOWN" MEN'S GROOMING inaugurated by Karthikeyan, Kokila, Lea and Sarvesh at Thiruvottriyur



Chennai, Sep 29 2023: The Maker of McKingstown-Darren Rodrigues along with the Franchise partner Karthikeyan, Kokila, Lea and Sarvesh launched new McKingstown 35th outlet at Thiruvottriyur.

Mckingstown contemporary salon designed only for men, "MCKINGSTOWN" reinvents Chennai Men's grooming scene to best

quality and pampering standards. Whether for business or relaxation come experience Our doors are open to men who desire to look their best at all times, Here men

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Mckingstown conveniently located in Thiruvottriyur with highly skilled staff elevates the experience to suit the sophistication of the modern man, and personal moving beyond

basic grooming strives to offer premium quality and experience at a reasonable price that can be afforded by the everyday man.

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Multi-Visceral Transplant Team at MGM Healthcare Leads the Way



Chennai, Sep 29 2023: MGM Healthcare's Multi-Visceral Transplant program, led by the esteemed Prof. Dr. Anil Vaidya, Chair and Director Institute of Multi-Visceral and Abdominal Organ Transplant continues to redefine the boundaries of medical science with multi-visceral transplant program, setting new standards in India and South Asia. MGM Healthcare proudly presents five remarkable case studies that exemplify the hospital's unwavering commitment to saving lives and its dedication to providing innovative solutions to complex medical challenges.

Multi-visceral organ transplant (MVT) is the new frontier in global transplant programs, and MGM Healthcare, Chennai is performing life-transforming transplant programs, and MGM Healthcare, Chennai is performing life-transforming transplant programs that can cure certain chronic lifestyle diseases and improve the quality of life of patients. This new program extends hope to thousands of patients whose lives can now be saved with these procedures. Multi-visceral transplant involves replacing diseased or failing organs of the gastrointestinal tract such as liver, kidneys, Small bowel, pancreas, stomach and so on, with healthy organs from a deceased donor. This has been found to be very effective in patients with chronic diseases and those suffering from multi-organ failure and cancers of the GI tract.

The Multi-Visceral Transplant program also offers comprehensive intestinal rehabilitation to patients with short gut syndrome a condition that prevents the intestine from

properly absorbing orally ingested nutrients and electrolytes. This unique offering is called Total Parenteral Nutrition (TPN) a method in which complete nutrition is delivered intravenously to patients who have dysfunctional digestive systems. The MVT team at MGM Healthcare is specialized in stabilizing patients with short gut syndrome through TPN.

The Multi-Visceral Transplant Team under the leadership of Professor Dr. Anil Vaidya, has successfully conducted pediatric kidney transplants from live donors, combined pancreas and kidney transplants in diabetes patients with end-stage renal diseases, small bowel transplant in cancer patients, liver transplant from live donors and conducted several combined transplants in patients with multiple organ failure.

Case Study 1: Brave 9-Year-Old's Miraculous Recovery

Harish Solanki, a courageous 9-year-old, faced a life-threatening ordeal following a fall that resulted in a broken femur. Despite undergoing orthopedic surgery and discharge, his condition took a turn for the worse. Harish was diagnosed with short gut syndrome and urgently needed a small bowel transplant. Airlifted to MGM Healthcare, Harish's life hung in the balance as he suffered a heart attack. Thanks to the exceptional skills of the team, Harish survived, underwent a successful small bowel transplant, and is now on the road to recovery.

Case Study 2: A

Second Chance at Life for a Kerala Housewife

A 46-year-old housewife from Kerala faced severe symptoms of short gut syndrome. Under the care of Dr. Anil Vaidya, she underwent a complex small bowel transplant, a procedure vital for her survival. The surgery was a resounding success, with a healthy small bowel airlifted from Bengaluru, and she is now on the path to a full recovery, ready to resume her normal life.

Case Study 3: Revolutionizing Diabetes Care with Pancreas-Kidney Transplant

Mr. Param Grovar, a 34-year-old IT employee, battled type 1 diabetes, dialysis, and hypoglycemic unawareness. A simultaneous pancreas-kidney transplant, led by a team of experts including Prof. Dr. Anil Vaidya, marked a life-changing turning point for him. This procedure not only freed him from dialysis but also cured his diabetes, reducing the risk of associated complications.

Case Study 4: Overcoming Adversity with Persistence and Expertise

Mr. Nand Kishore faced several complications following a Small Bowel Transplantation. Despite challenges, the team, with their dedication, expertise, and comprehensive care, ensured his recovery and discharge in stable condition.

Case Study 5: A Simultaneous Triumph Over Diabetes and Kidney Disease

Mr. Vashisth Kandhari, a 29-year-old with Type 1 Diabetes Mellitus and Chronic Kidney Disease, underwent a

simultaneous living donor kidney and cadaveric pancreas transplant. Despite facing a post-surgery abdominal issue, MGM Healthcare's Center for Abdominal Organ Transplant continues to provide comprehensive care, highlighting their unwavering commitment to patients.

Prof. Dr. Anil Vaidya, the driving force behind MGM Healthcare's visionary approach to healthcare, expressed his thoughts on these achievements, stating, "Our multi-visceral transplant program is a testament to our commitment to redefining healthcare. These case studies showcase the extraordinary skills of our medical team and underscore our mission to save lives and provide innovative solutions to complex medical challenges. We remain steadfast in our dedication to pushing the boundaries of medical science."

MGM Healthcare Multi-Visceral team led by Prof. Dr. Anil Vaidya along with Dr. Senthil Kumar, Dr. Anand Bharath, Dr. Thiara Jagan Srinivasan, Dr. Karthik Mathivanan, and Dr. Nivash have performed these complex surgeries and showcase remarkable growth in the industry.

MGM Healthcare's Center for Abdominal Organ Transplant continues to lead the way in medical innovation under the leadership of Prof. Dr. Anil Vaidya. These five remarkable case studies serve as an inspiring testament to the hospital's mission of saving lives and offering innovative solutions to complex medical challenges.