

Union Home Minister and Cooperation Minister Amit Shah interacted with students at Ramakrishna Mission Vidyapeeth in Deoghar, Jharkhand today

Chennai, Feb 04 2023: Union Home Minister and Minister of Cooperation, Shri Amit Shah interacted with the students of Ramakrishna Mission Vidyapeeth in Deoghar, Jharkhand today.

In his address, Shri Amit Shah said that if any organization runs for 100 years, then it becomes certain it run for the society. He said that the institutions which do not run for the society, country and others, do not remain functional for 100 years and cannot work in a sustainable manner. He said that the continuation of this institution for 100 years is the result of the penance of the Ramakrishna Mission and the people running it, that for 100 years this institution has been doing the work of building character.

The Union Home Minister said that Swami Vivekananda propagated the teachings of Shri Ramakrishna Paramhans and made them acceptable all over the world. Ramakrishna Mission Vidyapeeth built on his ideals is

making a huge contribution in building India. He said that Shri Vivekananda took forward the idea of welfare of the entire universe of Sanatan Dharma and Ramakrishna Mission was established on the same ideals. The students who passed out from here in the post-independence period have contributed a lot in building India. Shri Shah said that since 1922 till now this school has completed a very difficult but successful journey. He said that without selfless work, so much fame cannot be spread in the society. He said that the path of social welfare shown by Shri Ramkrishna Paramhans is the right path for the country and the society.

Shri Amit Shah told the students present in the program that there is no alternative for hard work and success can only be achieved through this. He said that hard work is the only option for success and if the aim of achieving success is the welfare of the society then God's blessings also received. If we decide that even



after the welfare of our family, we will contribute in the upliftment of the whole society and the country, God will certainly bless us, and we will find ourselves at the highest level of success.

The Union Home Minister said that the Azadi ka Amrit Mahotsav is going on. It has been 75 years since the country became independent and the Prime Minister Shri Narendra Modi has decided to celebrate the Azadi ka Amrit Mahotsav with great

enthusiasm. The Prime Minister has put three goals in front of us. First, from 1857 to 1947, millions of people contributed and sacrificed in different ways in the freedom movement and our new generation should know about all those known and unknown martyrs who fought in the freedom struggle. The second goal is, we have made many achievements in every field, the journey of those achievements should also be understood by the youth.

The third goal is that, on completion of 75 years, the young generation should take a resolution that when the centenary of independence is celebrated, India will be at the first place in the world in every field. Shri Shah said that the Azadi ka Amrit Mahotsav is not just a festival to celebrate and feel pride, but a year of taking resolutions. The period of 25 years from the Azadi ka Amrit Mahotsav to Centenary of Indian independence, known as Amrit Kaal of independence, is the

period of doing hard work to fulfill these resolutions and this responsibility lies with us and more importantly with the children. He said that India will not be made a great nation just by prosperity, but by making India as imagined by Shri Vivekananda, which will change the way of thinking of the world by taking our core idea and the essence of Indian culture to the whole world. He said that only the youth can make India great.

Shri Amit Shah said

that the country is independent and now there is no need to attain martyrdom for the country, but we should take a pledge to devote our life for the country. He said that if we set out with the goal of making India great during our lives, then no one can stop India from attaining prowess in every field.

The Union Home Minister urged the children to read the New Education Policy brought by Prime Minister Shri Narendra Modi in 2020. He said that the messages of Swami Vivekananda are the foundation of this New Education Policy. Swami Vivekananda had said that the education which does not empower the common people for the struggle of life, build the character of the students, inculcate the sense of charity in the children and forge the courage in students, is incomplete and purposeless. He said that in order to fulfill the goals set for us by Swamiji in India's education system, Prime Minister Shri Narendra Modi has formulated the New Education Policy, which will help us take

pride in our language, culture and history, but also help acquire the modern knowledge of the world. Shri Shah said that the Indian society, especially the youth of India, should come out of the inferiority complex of language. He said that our country has the greatest languages. He added that there is no harm in learning any language of the world but one should preserve and learn one's own language as every person thinks in mother tongue only. Shri Shah said that our best ability to think, analyze, reason and take decisions takes place only in our mother tongue. He said that with the New Education Policy brought by Prime Minister Shri Narendra Modi, the entire blueprint of our education will change. He said that along with instilling pride for Indian ethos, history and culture, the government under the leadership of Prime Minister Shri Narendra Modi is working towards ensuring global modern education in every field in India.

Union Minister for Heavy Industries Dr. Mahendra Nath Pandey inaugurates "Towards Panchamrit" - Conference and Exposition on driving India towards clean mobility, at ICAT Manesar

Chennai, Feb 04 2023: Union Minister for Heavy Industries Dr. Mahendra Nath Pandey today inaugurated- "Towards Panchamrit" - Conference & Exposition on MHI schemes for promotion and development of automotive industry in the country, at International Centre for Automotive Technology (ICAT), Manesar, Haryana.

To drive India towards cleaner mobility, Government is giving a major push to clean fuels. "Towards Panchamrit" event is a effort in this direction, to promote adoption of "Panchamrit" ie 5 clean fuels - Hydrogen, Ethanol, Bio Diesel, Gas and Electric Vehicles.

Union Minister for Heavy Industries Dr. Mahendra Nath Pandey and MoS Heavy Industries Sh. Krishan Pal Gurjar also inaugurated the exposition and ICAT Incubation Centre.

Union Minister Dr Mahendra Nath Pandey emphasized that in line with the Prime Minister Shri Narendra Modi's announcements at COP 26 - "Panchamrit Ki Saugat", 5 commitments to achieve vision of becoming a carbon neutral country by 2070, Ministries is taking comprehensive efforts to move towards fulfilling this vision. He said

Government under visionary leadership of PM Shri Narendra Modi is taking efforts to achieve vision of Atmanirbhar Bharat in Automotive Industry.

Dr. Mahendra Nath Pandey said that Government has abolished duty on vehicles brought in by international automakers for testing purposes in the country, which earlier attracted duties of 252%. He said this will attract automakers from more countries to avail the testing facilities available in the country and expressed his gratitude to Prime Minister Shri Narendra Modi and Finance Minister Smt Nirmala Sitharaman for this.

He sought support of auto industry in the efforts of the Government towards making India a clean and green country.

MoS Shri Krishan Pal Gurjar highlighted initiatives taken by the Ministry to promote Clean and green mobility. He said these initiatives will give a boost to domestic manufacturing, help in employment generation, reduce dependence on exports, promote growth and development of the industry and thereby help in achieving vision of Atmanirbhar Bharat in automotive industry.



Secretary Shri Kamran Rizvi said that Ministry of Heavy Industries through its schemes PLI ACC, PLI Auto, FAME II is taking directed action towards driving India towards cleaner mobility. Shri Rizvi highlighted that in the last 5 years country has adopted EV technology at a very fast pace. He asked Industry to avail the benefits of MHI schemes and expressed confidence that Indian automotive industries will make a place for itself in the world market.

The event was attended by Automotive Industry Leaders, Senior Government Officials from MHI, NITI Aayog,

MORT & H, MoP, MoP & NG, Senior academicians, Start-ups and students. The exposition had displays from over 84 companies which included 33 Component Manufacturers, 11 companies from testing equipment manufacturers and 36 vehicle manufacturers.

The Technical sessions on developing technologies for Hydrogen, EVs, Biofuels and Gas fueled vehicles were organised. The eminent speakers of the automotive industries presented their insightful presentations on new cutting edge technologies

and way forward to industry. The conference achieve vision of Atmanirbhar in the out policy and regulatory

ecosystem for faster adoption of these new technologies.

Ministry has taken several initiatives such as PLI - Auto, PLI - Advanced Chemistry Cells (ACC) and FAME-II to boost manufacturing of environmental friendly products in Automotive Industry. These schemes focus on creating a robust ecosystem of innovation that will enable development of clean mobility solutions and reduce carbon foot print of the country.

A dedicated session was also organised where representatives of automotive industry discussed and shared suggestions with officials for successful

implementation of these schemes.

First of its kind incubation center for automotive products inaugurated today will nurture and hand-hold start-ups in developing the market ready products.

Dignitaries also visited test facilities and certification infrastructure available at ICAT. These state of the art facilities will help in development of technologies and certification of automotive products. Over 10 Start-Ups displayed products which shall become market ready with the support of ICAT facilities. Around 1500 automotive professionals participated in the event.

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Thalaikoothal Movie Review: A well-crafted film that only gets better with immersive storytelling



Chennai, Feb 04 2023: The formative years of a person determine one's core belief system. Often, people find it hard to let go of this belief system even if presented with credible opposition. The rights and wrongs of these notions notwithstanding, this belief system is so entrenched in our minds that recalibration of our own ethics is acceptable for changing our beliefs.

Thalaikoothal's protagonist Pazhani too faces a similar predicament as his father, Muthu, who tells him at a very young age that humans do not have the right to kill any life form, and only nature has that power.

Years later, we see an adult Pazhani (Samuthirakani), still unshaken by his belief, standing against his whole family, who are planning to end the life of Muthu, who is now in a vegetative state, through the practice of thalaikoothal (senicide of the elderly).

Director Jayaprakash Radhakrishnan wastes no time in establishing the world of Thalaikoothal, and liberally uses seemingly random visual imagery that has a

poignant callback towards the end.

Take, for instance, the oriental garden lizard, seen in various scenes. It is through one such lizard that Muthu imparts Pazhani's core belief. The same lizard is later shoed off due to superstition. Through throwaway scenes, we are soon acquainted with the lives of Pazhani, his wife Kalai (Vasundhara), their cold equation, and more. It is a neat way of packaging the important elements in the film's first few minutes.

There is Pazhani, neck deep in loans, and his daughter (Baby Vishrutha), who are the only ones hoping that Muthu will come back from his state. We also get to see young Muthu (Kathir) who is in love with Pechi (Katha Nandi), a washerwoman from a marginalised community. There are tonnes of other tiny details that are neatly showcased too.

Jayaprakash cleanly weaves in Muthu's flashback sequences with his current vegetative state. The state of Muthu, whether he is in a lucid dream or recollecting his memories, leaves us with enough room to ponder

how the subconscious psyche of humans works. But more importantly, this dream sequence is both a breeze and a plot pusher.

The beauty of Thalaikoothal is that it never takes a stand about the practice. Although we have characters making their choices, the film stirs itself clear of taking any such sides. There are questions left unanswered, and I say this in a positive way because it helps us to savour the art of filmmaking for what it is: varied interpretations, and a personal viewing experience.

Thalaikoothal further makes me reiterate how stories set against a rural backdrop (which may be considered the most regressive parts of the state) have the most liberal thoughts, at least when it comes to representing people. After the well-crafted and humanising portrayal of Pariyan's father, who dances in drag clothing in Pariyerum Perumal, I also found it particularly interesting that Thalaikoothal brings in a character of Muniyandi Kelavi (Vayapuri), dressed in solid-coloured cotton sarees and is a saint in the village.

The very fact that there are no questions thrown at this person's gender or choice of dressing, has a normalising effect, and helps us to focus on the core plot point, whilst unconsciously consuming such progressive ideas of people and gender.

If Jayaprakash has to be credited for bringing in depth-full characters and interesting facets to storytelling, the technical brilliance moves the film forward (barring a few portions of dubbing in Katha Nandi's scenes).

The sound design of the entire film and sync sound carried for the current timeline track, intertwining chops back and forth, and cinematography, uphold the core emotions of Thalaikoothal. While the film does suffer from pacing issues, its negligence can sometimes give you room to get immersed into the world of Thalaikoothal, which the team successfully delivers.

Director: Jayaprakash Radhakrishnan

Cast: Samuthirakani, Kathir, Vasundhara, Vayapuri, Katha Nandi, and others

Introducing Nokia T21 – a reliable, family-friendly powerhouse that's built to last

Chennai, Feb 04 2023: – HMD Global, the home of Nokia phones, today announces the launch of Nokia T21 Tablet in India. Built to last and designed with a tough aluminium body that features a 60% recycled plastic cover for the antenna for optimal connectivity, Nokia T21 puts durability first without compromising on style. The Nokia T21 comes with 8MP rear camera with flash + 8MP front camera. Whether for work or play, this ultimate family-friendly tablet is in it for the long run. It comes with leading software and security promises – plus, it's loaded with fan-requested features, such as HD video streaming, voice calling, and NFC.

Sanmeet Singh Kochhar, Vice President-India & MENA, HMD Global:

"Our budding tablet portfolio has been highly popular with our audience. Building on the success of the Nokia T20, the new Nokia T21 is designed top to bottom for both work and play. Nokia T21 does it all and can quickly adapt, whether you need to focus on your job or relax with your loved ones at home. It embodies our promise of long-lasting battery, regular software and security updates, premium European-built experience and looks. Nokia T21 also features a 10.3 inch 2K display, with the SGS low blue light certification. This is a tablet that doesn't compromise on durability

and has all the promises you'd expect so you can keep your device for longer."

Looks and sounds great whether at work or at home

The new and improved 2K display ensures crisp and detailed viewing with 10.36inch 2K, SGS low blue light certification Display. If you're feeling creative, sketch out your ideas, jot down notes or draw your next masterpiece with an active pen. Enjoy your much-loved shows with HD streaming across Netflix and immerse yourself in a deeper, stronger and louder sound that adapts to your surroundings with OZO Playback Audio.

Thanks to HD video and voice calling, friends and family can enjoy your presence in full glory, and work calls will always look and sound professional. Plus, switching between the office and home is as convenient as ever thanks to the portable size. And voice calling means you can stay connected even when your phone is not nearby.

All-round safety and made for the entire family

For peace of mind when shopping online or when you are browsing the web, Nokia T21 comes with three years of monthly security updates, twice as many as the



competition.

Google Kids Space features endless content to educate and nurture young minds. Plus, Google Entertainment Space is a one-stop shop which consolidates must-see shows and movies from multiple streaming platforms in one place – no more hopping between apps when winding down before bed.

A reliable tablet for enterprise

However you work best, get it done on Nokia T21. NFC9 will help your business with payments and scan NFC tags, while Second Screen will allow you to expand and control your Windows PC. And for businesses – Nokia T21 is certified as Android Enterprise Recommended.

Pricing and availability

The pre-booking starts on Nokia.com from today, 17th January, with a pre-booking offer of INR 1000 off and free flip cover worth INR 1999. Nokia T21 will be available in retail stores, partner portals and leading outlets from 22nd January.

Nokia T21 comes in Charcoal Grey colour with a memory configuration of 4/64GB. Wi-Fi variant is available at INR 17999, & LTE + Wi-Fi variant is available at INR 18999.

Launch offer:

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'Kabzaa' to have a worldwide release for Puneeth Rajkumar's birth anniversary on March 17th

Chennai, Feb 04 2023: The team of the highly anticipated Kabzaa has decided to pay a fitting tribute to Superstar Puneeth Rajkumar. Yes! The makers have come forward to releasing the movie on Puneeth Rajkumar's birth anniversary on March 17th. Kannada leading star actors Upendra and Kichha Sudeep are playing lead characters in 'Kabzaa', of which the teaser was released by Rana Daggubati. The attention of the entire Indian film industry is currently back on the Kannada film industry as the big-budget productions like 'KGF 1 & 2', '777 Charlie', 'Vikrant Rona' and 'Kantara' have raked in huge moolah after hitting the screens! Upendra and Kichha Sudeep starrer 'Kabzaa' is highly anticipated across India. Accordingly, this film is not only released in Kannada but also in seven Indian languages like Tamil, Telugu, Hindi, Malayalam, Marathi and Oriya. Produced by R.



Chandrasekhar on behalf of Sri Siddeshwara Enterprises in a grand scale, the film is touted as an action thriller in the gangster genre

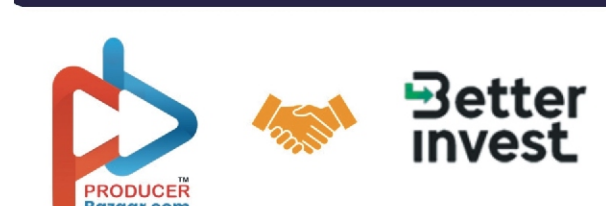
The film stars Upendra andn Kichha Sudeep along with actress Shriya Saran, actors Murali Sharma, Sudha and many others. Arjun Shetty is the cinematographer for this

film. Composer Ravi Basrur who had composed the music for KGF, 1 & 2 has scored the music for this flick. Deepus kumar is the editor. Shiva Kumar has assumed responsibility for the art work and the stunt sequences have been choreographed by three trained stunt choreographers, namely, Ravi Verma, Vijay and Vikram Mor. Kannada film

world's leading filmmaker, R. Chandru has directed this flick which is presented by MTB Nagaraj. Speaking about the film, the director said, "In 1947, an Indian freedom fighter is brutally attacked. His son gets entangled with the mafia due to unavoidable reasons. What happens after that? 'Kabzaa' is a gigantic production that vividly tells that. 'The Rise of a Gangster in India' is the film's tagline. In other words, we have discussed the history of the rise of illegal shadow-world fathers of crime in India after independence." said. "One of the reasons for the success of KGF 1 & 2 was the contribution of music composer Ravi Basrur. He has also composed the music for the film 'Kabzaa', the expectations of the fans have increased manifold! After the success of 'KGF', the Kannada film industry is delivering different projects on a pan Indian basis, with new vigor.

Producerbazaar.com in association with BetterInvest.club launches a new initiative to provide funding to Production houses

Chennai, Feb 04 2023: It is a common practice for OTTs and Audio labels to pay the money in installments to producers after signing an agreement with them to acquire the relevant rights of their movies, web series, tele serials etc. Television networks buying the satellite rights of films have also started following this method. The practice of paying in multiple tranches is also set to be adapted for the sale of Television serials and web series in near future. The pain point Production houses face because of this deferred payments is that, the Production houses require funds at present to complete the projects in their pipeline. To add upon this, availability of structured finance in Media & Entertainment space is very minimal. To overcome this and help Production houses, ProducerBazaar.com (formerly Oracle Movies) has partnered with a new-age financial entity called BetterInvest.club to launch a new initiative. Through this initiative, the



Production house who has signed an agreement with the Rights buyer (OTTs, Audio labels, Satellite TV Networks) will be provided immediate financing within 7 to 10 working days. Also, BetterInvest discounts the sale agreements between the Production houses and the Rights buyer without demanding any assets as collateral. ProducerBazaar.com and BetterInvest.club have started this funding facility for producers in other languages including Telugu, Malayalam,

Kannada and Marathi as well. So far 4 Tamil movies have been financed in this way. Talking about this unique venture, Pradeep Somu, founder and CEO of BetterInvest.club, said, "Structured financing is still not accessible for the Media and Entertainment Industry. We, at BetterInvest, provide bridge capital to Production houses by discounting sale contracts of OTTs, Audio labels and Satellite TV Networks at a nominal interest rate. This is set to change how the

Media and Entertainment industry has been financed and helps Production houses with better control over their business." GK Tirunavukarasu, Co-Founder, ProducerBazaar.com, said, "Producers have to deal with various financial constraints between one project and the next, resulting in delays in the release of project and monetization of the same. This new initiative will be a huge boon to all Producers." Production houses with a pipeline of movies, web series, television serials and have signed contracts with OTTs, Audio labels, Satellite TV Networks can now avail the services of BetterInvest.club and ProducerBazaar.com, to effectively manage the working capital requirements. It is noteworthy that Producerbazaar.com, which was jointly started by tech expert Senthil Nayagam and Tirunavukarasu, is involved in various activities for the development of the film industry.

Austrade signs MoU with Leather Sector Skill Council in key push for sector

Chennai, Feb 04 2023: The Australian Trade and Investment Commission (Austrade-Australian Government agency) has signed a MoU with the Leather Sector Skill Council to collaborate on Technical Vocational Education and Training (TVET) programmes and introduce Australian training standards in the leather sector. The MoU will be implemented through the Future Skills Initiative team in Austrade India.

The Austrade Future Skills Initiative and the Leather Sector Skill Council are collaborating on programmes to introduce Australian skills and competencies in the leather sector, with a specific focus on



sustainability, net zero, industry 4.0, virtual and augmented reality and other applications.

The MoU will focus on job roles relating to 3D printing, product design, automation engineering, 3D scanning, computerised stitching machine operations, computerised cutting machine operations, automatic machine programming, AI-driven quality inspection and

other areas as agreed to by both parties.

Both parties will also seek to facilitate mutual exchange of knowledge related to Technical and Vocational Education and Training in the leather sector. This includes through webinars, seminars and conferences related to skilling, skill delegation visits and other projects.

Mr. Leo Bremanis, Trade Commissioner,

Australian Trade and Investment Commission (Austrade), said, "We are pleased to partner with the Leather Sector Skill Council in our journey towards skilling the leather workforce in India. The training programme is cutting-edge and will be implemented in line with the skilling, learning, assessment and employment objectives of the Indian workforce. It will deliver a good blend of technology, expertise and knowledge to make the leather industry in India more competitive and future ready."

Mr. Rajesh Ratnam, CEO, Leather Sector Skill Council represented LSSC at the landmark MoU signing.

Kaadhal Conditions Apply Audio Launch" a trendy feel-good youthful romantic entertainer, directed by Aravind, and features Mahat in the lead role



Chennai, Feb 04 2023: "Kaadhal Conditions Apply", a trendy feel-good youthful romantic entertainer, produced by Shvedh, a Nithin Sathya Production House and is presented by Libra Productions R a v i n d h a r Chandrasekaran. The film is directed by Aravind, and features Mahat in the lead role. While the film is all set to hit screens shortly, the audio launch was held this morning in Chennai that was attended by the eminent personalities and the film's crewmembers. Here are some excerpts from the occasion. Actor-Producer Nithin Sathya said, "This is a feel-good entertainer. The film was delayed due to COVID issues, but the entire team extended complete support towards the progression of project without any hurdles. The film has successfully shaped up with the support and encouragement of many good hearts. I thank everyone for supporting this project. This project has been shaped based on good friendship. I am sure everyone will love this film. Thank you." Lyricist Madhan Karky said, "Ravindhran respects everyone equally. I wish him great success of this film. The film's music director is my close friend. I am surprised to hear that this film marks his musical debut as the songs are excellent. Actor Radharavi said, "Both Nithin Sathya and Ravindhran are my close friends. Ravindhar is such a good-hearted person, who comes to the aid of many actors and

technicians in the industry. I came here for this event only for his invite. I wish him great success for this film." Producer S.R.Prabhu said, "Love stories have become need of hour in Tamil Cinema. I wish the producers for consistently churning out good quality films.. The film's music director Ramesh is directing a film produced by Dhoni's production. I wish him great success.. He is a great talent. The film has shaped up well as a final output. I wish great success for the film." Producer Murali said, "The film has its hampering moments during the COVID period. The film has been successfully completed with the efforts of entire team.. Movies like Kadhal Conditions Apply are the need of hour. I strongly believe this movie will be a success like Love Today.. I wish the whole team, a great success." Actor Vivek Prasanna said, "The film has come out very well like a good entertainer.. This film will reflect some incidents in everyone's lives. This will be source of attraction for everyone. I request everyone to watch the movie and share your thoughts. I request everyone to support this movie." Producer C.V.Kumar said, "The film's music director is a multi-talented personality. I wish him great success. I wish Mahat, a great success of this film and his upcoming lineups. I wish the entire team a good success." Actor Abhishek said, "There needs to be a

special responsibility for making love stories. The cinematographer will be appreciated after the film's release for his spellbinding visuals. Nithin Sathya has a great gesture of giving opportunities to everyone, and he elevates everyone. The hard work and sincerity of director has made both of them journey together. The film should garner good success. Cinematographer Karthik Nallamuthu said, "I thank both director and producer for giving me complete creative freedom. Everyone in the team cooperated a lot that made the entire process of shooting smooth. I wish the entire team, a good success." Music Director Tamizhmani said, "I thank producer and director for giving this opportunity. This movie gave an experience of journeying together with friends. I wish success for the whole team." Actress Sana said, "I thank both producers and director for making me a part of this movie. I thank director for giving me a chance in this movie in spite of my language barrier. I thank cinematographer for showing me beautifully in this movie. I thank everyone in the crew for their earnest support. I request you all to support this movie." Director R. Aravind said, "There are lots of financial challenges involved in projects made by new filmmakers. However, producers Nithin Sathya and Ravindhran have been consistently giving opportunities to many newcomers. I thank both for such an adorable

gesture. This must continue. I thank everyone who journeyed together in this movie." Actor Mahat said, "This is my 16th movie, by my first movie as hero. I was approached for this movie during the COVID time. I share a great bonding with director Aravind across the years. I am extremely happy for having worked with him in this movie. I am glad to see that Ramesh has debuted as music director with this movie. Both the actors and technicians have embellished the movie with their finest touch. When the movie was into financial issues, it was Ravindar sir who extended his helping hands. I thank him for his great gesture. Tamil cinema needs good hearted people like Nithin Sathya and Ravindhran together. I thank everyone for their earnest support." Producer R a v i n d h a r Chandrasekaran said, "There has always been a good understanding between me and Nithin Sathya. Nithin shows complete enthusiasm and energy into creation of films. Tamil cinema needs talented actors like Mahat. Actors like Vivek Prasanna have to be celebrated. I am happy to them performing in this movie. All the actors have done a tremendous job in this movie. The technicians in this movie are brilliant and talented. I strongly believe this movie will be a great success. This is only profitable movie that I have produced till now. I thank everyone."

JIO LAUNCHES TRUE 5G IN HARIDWAR

**-Jio is the first and the only operator to launch 5G services in Haridwar
-Jio users across 226 cities now enjoying True 5G services**



Chennai, Feb 04 2023: Reliance Jio today announced the launch of its True 5G services in Haridwar from Har Ki Pauri, taking the total number of Jio True 5G cities to 226 across the country.

Har Ki Pauri means the feet of Lord Vishnu and is one of the most famous ghats on the banks of the river Ganges and a landmark of the holy city of Haridwar in the state of Uttarakhand. Haridwar becomes the second city in the state after the Capital city Dehradun to get Jio True 5G services.

Jio True 5G is rolling out at a rapid pace and is the only 5G service to be present in Haridwar empowering Jio users with transformational benefits of True 5G technology.

In a message, the Honorable Chief Minister of Uttarakhand, Shri Pushkar Singh Dhami said, "It is a matter of great pleasure that the 5G services by Jio network, which started from Dehradun city of Uttarakhand, has been

extended and launched in Haridwar today. With the beginning of this service, not only the people of Haridwar, but also the pilgrims visiting the Holy city of Haridwar from the country and abroad, including the pilgrims visiting for Char Dham yatra in the near future will benefit.

The launch of 5G services by Jio network ahead of the commencement of Chardham Yatra is commendable. I hope Jio's 5G network will soon be available in all the main towns of Uttarakhand. This will be a true representation of the state as a Digital Devbhoomi in the upcoming G-20 Summit events scheduled in Rishikesh.

On this occasion, I congratulate the people of Haridwar, and the representatives associated with Jio Network in Uttarakhand."

Jio has a robust network coverage across the state, right from the state capital, Dehradun to Mana, the

last Indian village in Uttarakhand towards the Indo-Tibet border. Jio is the only operator in the state, which is present in all the Char Dhams, on the trek route of Shri Kedarnath Dham and at Shri Hemkund Sahib Gurudwara, situated at an altitude of 13,650 mts.

Commenting on the launch, Jio Spokesperson said "We are excited to commence Jio True 5G in Haridwar. Jio True 5G will usher in plethora of opportunities and enriched experiences for the citizens of Uttarakhand.

We are grateful to the Honorable Chief Minister, Shri. Dhami ji and the State Government for their continuous support in our quest to digitize Uttarakhand. We would also like to thank all the members of Shri Ganga Sabha, Haridwar to facilitate the launch of 5G services from one of the most sacred ghats of our country, Har Ki Pauri. Jio engineers are working round the clock to promptly deliver True 5G to every Indian,

because of the transformational power of this technology and the exponential benefits it can deliver to every citizen."

Starting 04th February 2023, Jio users in Haridwar will be invited to the Jio Welcome Offer, to experience Unlimited Data at up to 1 Gbps+ speeds, at no additional cost.

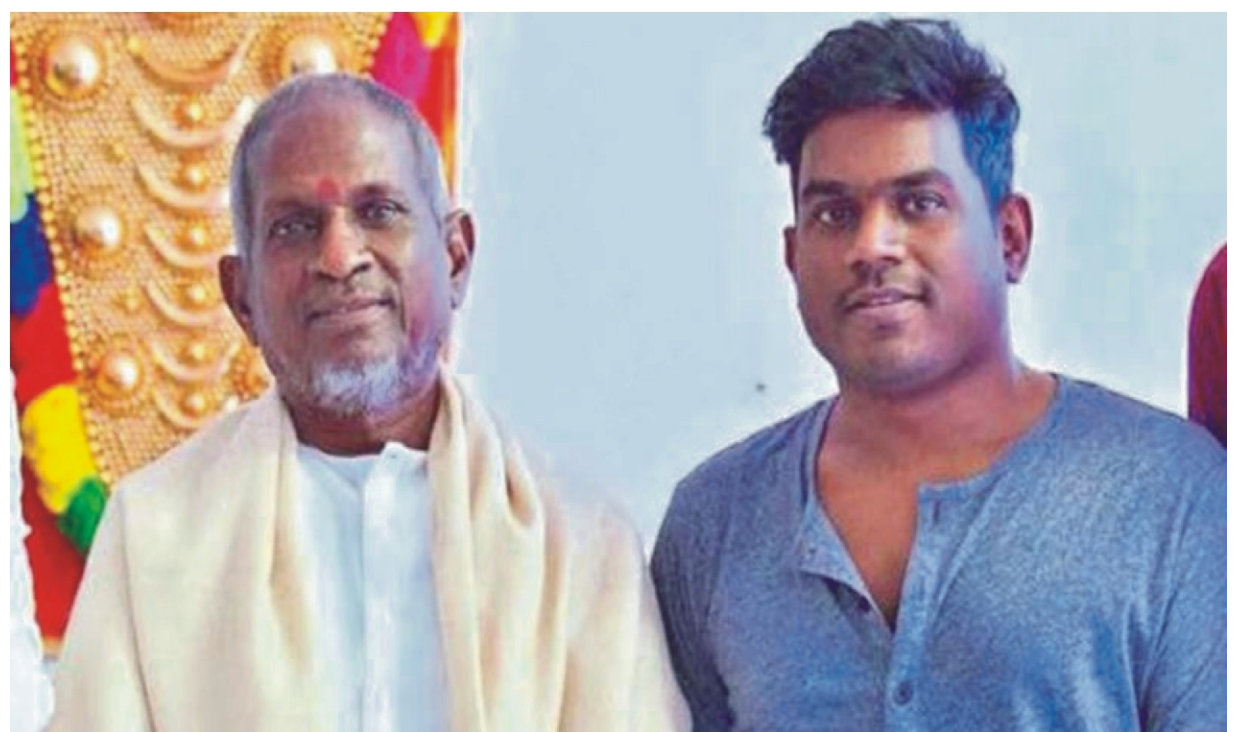
Jio True 5G has a three-fold advantage that makes it the only TRUE 5G network in India:

1. Stand-alone 5G architecture with advanced 5G network with Zero dependency on 4G network

2. The largest and best mix of 5G spectrum across 700 MHz, 3500 MHz, and 26 GHz bands

3. Carrier Aggregation that seamlessly combines these 5G frequencies into a single

robust "data highway" using an advanced technology called Carrier Aggregation.



The Russian government has been hosting the Moscow International Film Festival for 44 years. Maamanithan will be screened in the World Cinema category at the 45th Moscow International Film Festival from April 20 to 27. Maamanithan has sent an invitation to the film crew to participate in the event.

In the cold morning, your heart needs more warmth or Why does the risk of heart attacks rise in the winter?

Dr. Guru Prasad Sogunuru, Senior Consultant Electrophysiology & Device Therapies Fortis Hospital, Vadapalani

Chennai, Feb 04 2023: The most favoured time of year is winter, especially in a hot city like Chennai. Winter brings us shorter days and longer nights, along with extended morning naps, chilly air, and the comfort of hot coffee or tea.

While there are many things to like about winter, the colder weather may have an adverse effect on your general health since it forces all your organs to work harder to keep you warm. According to many research findings, the risk of a heart attack during the winter is twice as high as it is during the summer. Fortunately, this can be avoided by making a few lifestyle modifications.

How does winter effect heart health?

One of the main problems that many of us experience is fever from the flu which is more common in winter season. For those with heart disease, it can be dangerous. The increased oxygen demand caused by a fever causes your heart to beat more quickly. Your blood pressure may drop due to dehydration, which again limits the amount of oxygen delivered to the heart. Blood vessel constriction could decrease the amount of oxygen-rich blood flowing to the heart, increasing the risk of a heart attack. Particularly for those whose cardiac health is subpar.

By default, the body adjusts the internal temperature in response to changes in the outside temperature. The body's sympathetic nervous system will be activated by the drop in temperature, causing vasoconstriction, or constriction of blood vessels. It in turn raises blood pressure, pulse, and cholesterol levels. As the temperature rises, the cholesterol may suddenly break down to produce a blood clot that causes a heart attack. People who

already have heart conditions, high blood pressure, excessive alcohol use, and smoking will make the condition worse during the winter.

Common health issues that heart patients may have in the winter:

Lack of vitamin D - Numerous studies have shown that a vitamin D deficit is either directly or indirectly related to heart health. We spend most of the winter indoors, mostly with coffee and snacks. The day is also shorter. Our location may occasionally receive less sunlight. This will prevent the body from obtaining enough vitamin D. Therefore, a higher risk of developing heart problems is associated with increased food consumption, decreased physical activity, and vitamin D deficiency.

Respiratory diseases Research indicates that respiratory conditions may make people more vulnerable to heart attacks. The likelihood of contracting the flu, bronchitis, and pneumonia rises throughout the winter. It puts a lot of strain on the heart, particularly in elderly persons. When you have pneumonia, your oxygen level will be low and you will have to work hard to breathe, which raises your heart rate. Therefore, it is advised to take preventative steps to reduce exposure to infection and to pay attention to the symptoms. And, if necessary, be vaccinated.

Hypothermia It is the result of when the body temperature drops below 95 degrees Fahrenheit or because of continuous exposure to cold temperatures. Your body will end up consuming its stored energy since it will lose more heat than it produces. This can cause cardiac failure and ultimately death if it is not detected and treated. Symptoms and stages include:

- First stage: trembling, clumsy hands.

- Second stage: weak pulse, agitation, disorientation, and fatigue.

- Advanced stage: reduced breathing and a very feeble pulse

Angina When the heart does not receive enough blood, angina develops. The blood flow becomes partially or completely restricted during the winter due to the constriction of the blood vessels. The fortunate thing is that it is usually not life-threatening. However, it is a critical indicator of a serious heart condition that could be fatal. It can be controlled with the help of medication and lifestyle changes. The three varieties of angina are as follows:

- Stable angina the most frequent type of angina is stable angina, which develops when your heart beats faster than usual and goes away with rest and treatment.

- Unstable angina the most serious form of angina, this one is unpredictable. It has no pattern and can occur without any physical exertion. Heart attack will occur if blood flow does not improve.

- Variant angina it is caused by spasms in the heart arteries, which temporarily limits blood flow. The symptom is severe chest discomfort, which may also be treated with angina medications. These types of spasms are more common in winter season.

Preventive measures

The following are some precautions to take to protect your heart health this winter:

- Stay warm when exposed to cold weather. You may keep your body warm by covering your ears, chest, and legs with clothing.

- Be physically



active. You might not need to go outside to exercise. You can engage in physical indoor activities like squash, yoga, aerobics, and more.

- Eat warm foods during the winter and follow a healthy diet. Avoid fried and high-cholesterol foods.

- Follow other standard heart health suggestions, such as giving up smoking and abstaining from alcohol, among others.

When to visit a doctor

Be cautious because not all cardiac problems have early warning signs. When you encounter any of the following symptoms, seek medical help right away.

- Prolonged chest pain or any other heart discomfort.

- In some cases, you may experience shoulder discomfort that radiates to your arms instead of chest pain.

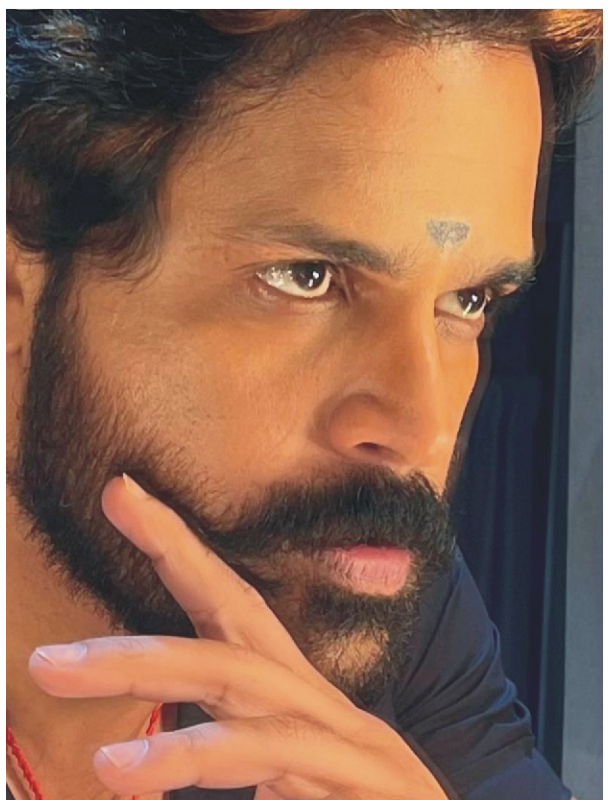
- Dizziness and respiratory problems

- Sweating despite not exercising or engaging in any other type of physical activity

We recommend that you adopt a healthy lifestyle regardless of whether it is cold or hot. However, during the winter, more caution is required. You can enjoy the winter season with a healthy heart by making the necessary lifestyle changes, eating well, and exercising. Do not complicate matters by disregarding the symptoms. When you develop chest pain, consult a doctor right away.

Actor Shaam teams up with director Vijay Milton Actor Shaam gets busy with promising lineups after 'Varisu' success

Chennai, Feb 04 2023: Actor Shaam embarked on a journey in the film industry as a commendable performer with his debut movie '12B', which had a new-fangled and unique story premise. Following this film, he delivered top-notch acting spells in movies like Iyarkai, 6 Mezhuguvarthigal, and many films, which remains the favorite cherry-picks of fans and film buffs. His mantra of choosing content-driven projects and roles that offer him scope to explore his potential has kept him striding successfully in the industry for 20 years. He has been successfully reaping the harvest for such effort, which was evident with the offer he got to play Thalapaty Vijay's brother in the recent blockbuster hit movie 'Varisu'. Apart



from the film's commercial success and positive reception, the spotlights turned upon actor Shaam, who is highly praised for his

directorial of cinematographer-director Vijay Milton. Ramya Nambeesan is paired with Shaam in this movie, which has its shooting briskly progressing. It is worth mentioning that Vijay Milton's other directorial 'Mazhai Pidikatha Manithan' starring Vijay Milton and Sarath Kumar in the lead roles is gearing up for release soon. Following Vijay Milton's movie, talks are going on with actor Shaam to act in movies directed by prominent filmmakers as well. Feeling elated over the grand success of Varisu, actor Shaam assures that his movies will release at regular intervals in the coming years. The positive sign is very much evident with the actor's collaboration with filmmaker Vijay Milton now.

natural and laudable performance. Furthermore, he has been getting a heavy downpour of offers. One among them is the upcoming

IAPEN India Clinical Nutrition Congress 2023 inaugurated by Telangana Governor Tamlisai Soundararajan has emphasized on providing better nutrition in government hospitals

Chennai, Feb 04 2023: The focus of the IAPEN India Clinical Nutrition Congress - 2023, held at the Taj Coromandel, Chennai, is to improve nutritional care for people at risk of malnutrition.

The program was based on the themes of Rejuvenation, Renewal and Refocus, along with enhancing the skills of nutrition care professionals. International and national level Clinical Nutrition Committees recorded their views and conducted training workshops. Dr. A. Bhuvaneshwari, the Chief Organiser, ICNC 2023, Dr. P. C. Vijayakumar, Honorary National President IAPEN India and others participated in this program.



Addressing the event, Governor Telangana & Lieutenant Governor of Puducherry Dr. Tamlisai Soundararajan said that when she gets an invitation to participate in medical seminars, she accepts it as his duty and primary duty. She said that whatever research the doctors do and whatever they discover, it should be made available to the common man and she said

government to give a banana, an egg and a peanut ball every day. She said that children and farmers will benefit from this. Dr. Tamlisai said that at the time when she was in Puducherry School Children given only one egg, she arranged to serve 3 eggs in her first signature.

IAPEN organization is the only organization in India recognized by Parental and Eternal Nutrition Organizations ASPEN of USA and ENPEN of Europe. It has branches all over India. The organization continues to contribute to the development and dissemination of knowledge in the field of food and parenteral nutrition.

Brief authored piece by Ashishkumar Chauhan, MD & CEO, NSE

Chennai, Feb 04 2023: "This is a growth-oriented budget, one of the best in years, with a focus on both infrastructure and job creation, while reducing income tax for pretty much everyone, and lots of money to states. The fiscal deficit has been reduced from 6.4% to 5.9% of GDP, with a clear path to reach 4.5% in next three years. The focus on infrastructure, as seen in the rising capex outlay from Rs7.5 lakh crore to Rs10 lakh crore, combined with PM Gati Shakti and this Government's

ability to execute, would be visible through roads, railways, ports and airports and would translate into demand for basic materials like cement and steel on one hand, and consumption goods from all sections of the society, jobs on the other.

For the financial sector, the focus has been on inclusion, credit support to MSMEs, and simplifying, enabling governance in the GIFT-IFSC through a number of proposed amendments. A single-window IT system

across regulators would enhance business activity there. Establishment of data embassies would help against cyber threats. In this context, amendments proposed towards improving bank governance and investor protection are welcome. Having an integrated IT portal for the IPEF would help claims on shares and unpaid dividends.

The middle class would welcome the revised tax slabs, higher savings limit for senior citizens, and incentives

for the New Tax scheme.

The Budget would support growth and the Indian consumption story, keep us in good stead, given global headwinds in China and developed markets, and until the rest of the world eases.

Before the budget was presented, investors worried about a rise in capital gains. No change there, has also created a positive reaction. Overall this is a very positive budget for the markets, with something for everyone. I give the Budget 10/10."

Even Healthcare launches 'CAREFORYOU' initiative to support the Indian Workforce impacted by layoffs

Chennai, Feb 04 2023: Bengaluru-based healthcare provider, Even, recently announced 'CAREFORYOU' initiative to support the Indian workforce affected by layoffs.

The company is offering its Care plan for free for 3 months where beneficiaries will have access to unlimited consultations with Even's in-house team of doctors, nutritionists,

mental health specialists, and physiotherapists. The initiative aims to ensure that the laid off employees and their family members have 24x7 access to quality healthcare as they face the uncertainty and prepare to get back on their feet.

Commenting on the initiative, Matilde Giglio, Co-founder at Even said, "At Even, we believe that individuals should never have to

make a trade-off between their well-being and financial stability. The 'CAREFORYOU' initiative is a small way to show our support to the Indian talent as they navigate these trying times. We want to make sure that they are able to face any challenges without compromising on their physical and mental well-being."

Any employee that has been laid off can visit even.in and fill an

application form under the 'CAREFORYOU' tab. The Even team will then review the application and verify the information submitted. Following the review and information verification, the eligible beneficiaries will be onboarded with the 'Even Care' plan.

CAREFORYOU Form: <https://odd.even.in/public/forms/9Iv9LWFb3xcqWH837b4K>.

Rajan Pental appointed as Executive Director of YES BANK

Chennai, Feb 04 2023: YES BANK announced that the Reserve Bank of India (RBI) has approved the appointment of Mr. Rajan Pental as an Executive Director of the Bank for a period of three years w.e.f. February 2, 2023.

Mr. Pental has been a part of YES BANK since November 2015, and is currently serving as the Global Head of Retail Banking group. He has

been responsible for building a strong Retail portfolio for the Bank that includes - Branch Banking, Retail, Affluent Banking, NRI Banking, Retail Assets, SME Banking, Rural & Agriculture Banking, Third Party Distribution, Marketing & Corporate Communication, Retail Collections, Retail Legal, Retail Service Excellence & Customer Experience, Liabilities Product Management, Credit

Cards and Merchant Acquisition. He is also on the Board of YES Securities, a wholly owned subsidiary of the Bank.

In addition to his appointment as an Executive Director, Mr. Pental will continue to spearhead the Bank's Retail Banking portfolio.

Commenting on the appointment, Mr. Prashant Kumar, MD & CEO, YES BANK said,

"I take this opportunity to congratulate Mr. Pental on his appointment as Executive Director of the Bank. Mr. Pental has been instrumental in building a robust retail franchise for the Bank which we, as an organisation, are extremely proud of. Given his rich experience within the financial landscape, I am sure he will continue to steer the Bank towards newer growth horizons."