

அன்னன சிறப்பு பள்ளி pájzs majg an osjajápanásá oj szperitut etnekegkera súná Contact: 98413 59935

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Prime Minister Narendra Modi reviews the progress of National Maritime Heritage Complex at Lothal, Gujarat

Waterways.

The Prime Minister reviewed the work developed as a first of its Union Minister Ministry of Ministry of Health and Government of edutainment approach progress of the NMHC and kind in the country Health and Family Welfare Family Welfare Shri Gujarat. conveyed his satisfaction dedicated to the legacy of Shri Mansukh Mandaviya Mansukh Mandaviya, on the pace of the project. Maritime Heritage of while highlighting the Minister of State of While addressing a huge India, to showcase India's various aspects and MoPSW Shri Shripad gathering of the people rich and diverse maritime prospects of this project, Naik, Minister of State for from the neighboring glory. It will also highlight stressed upon the Communications Shri villages and nearby areas, the robust maritime history technological innovations Devusinh Chauhan, The Prime Minister stated and vibrant coastal and real life experience Minister for Ministry of that "India has a rich tradition of our country at being provided in this Health, Family Welfare, maritime history which one place and would uplift proposed NMHC to the were ignored for long. We the image of India's visitors. should preserve it so we Maritime Heritage in the decided to recreate international forum', he Dholaveera and Lothal in added. the same way as they were during their peak time in Gujarat emphasized upon of Gujarat Shri Bhupendra ancient time".

Chennai, Oct 19 2022: about 400 acres with The Prime Minister Shri various unique structures Narendra Modi reviewed such as National Maritime the progress work of the Heritage Museum, Light Project of National House Museum, Heritage Maritime Heritage Theme Park, Museum Complex (NMHC) Themed Hotels & developing at Lothal in Maritime themed eco-Gujarat, by the Ministry of resorts, Maritime Institute Ports, Shipping and etc. which would be Waterways (MoPSW)in developed in a phased collaboration with manner. Once completed, Government of Gujarat. this project will provide The Rs.3500 crore project tremendous job is being built at the historic opportunities to the local Indus Valley Civilization people and will transform region of Lothal in Gujarat the socio-economic under the Sagarmala condition of the entire Scheme of the Ministry of region' said, Union Ports, Shipping and Minister Shri Sarbananda Sonowal.

'NMHC is to be

the historical importance of Patel, Union Minister of 'NMHC would be Lothal and maritime MoPSW Shri Sarbananda



The Prime Minister has reviewed the progress of the project via drone in Chief Minister of presence of Chief Minister developed in an area of traditions of Gujarat. Sonowal, Union Minister senior officials of MoPSW times by adopting an will fit the historical

Medical Education, Water Resources & Water Supply, Gujarat of Gujarat Shri Rushikesh Patel, MLA for Dholka Shri Bhupendrasinh Chudasama along with Secretary MoPSW Dr.

Showcasing India's rich and diverse maritime heritage, NMHC is proposed to be developed

using the latest technology

heritage. Lothal was one among as a world class the prominent cities of the international tourist traditional Harappan destination, the first of its civilization dating to 2400 kind in the country, BC, located in Gujarat, a comprising of maritime crucial western state of museum, light house India. Archaeological museum, maritime theme excavations have parks, and amusement discovered the oldest manparks, etc. It would made dockyard, over 5000 showcase maritime years old, in Lothal. A heritage of the country maritime heritage complex Sanjeev Ranjan and other from ancient to modern at such a crucial location

help it become an area of experiences to the visitors: extraordinary and unparalleled maritime

It is proposed to have a heritage. pavilion for each coastal State and Union Territory (UT) of India at NMHC to showcase the artifacts/maritime heritage important events related to of the specific States and the Maritime history. Union Territories. Each tangible and intangible heritage at NMHC and represent India's cultural

The unique feature of NMHC is the recreation of complete package and India's rich maritime is one of the prominent valley civilization dating to Maritime Heritage during various eras would be exhibited through various galleries. NMHC would have pavilion for each coastal states and union territories to showcase the artefacts/maritime heritage well as to Gujarat which of the respective states and will make its own identity union territories. It is also just like the project of planned to provide the Statue of Unity.

importance of Lothal and following types of digital

Augmented/virtual reality to offer immersive experience of maritime

Sound and light shows Touch screen kiosks

Short films on

Various theme parks coastal State and UT can would be developed at present its vivid cultural NMHC such as Maritime identities including both & Naval Theme Park, Monuments Park, Climate Change Theme Park, Adventure & Amusement diversity at international Theme Park through public-private partnership which would provide a to spread awareness about ancient Lothal city, which fulfilling experience to the visitors. These also provide cities of the ancient Indus opportunity for the private investments in this area 2400 BC. Apart from that, along with lots of the evolution of India's employment opportunities to the people of the region.

> The Prime Minister during his recent visit to Bhavnagar had highlighted the significance of Lothal and the proposed NMHC project for the Nation as

Compressed Bio Gas (CBG) is the need of the hour, and Government is taking all steps to promote ecosystem around it: Hardeep S. Puri

Chennai, Oct 19 2022: scheme, which was Addressing the inaugural launched by Government event of Asia's largest of India in October 2018 Compressed Bio Gas to establish an ecosystem (CBG) plant in for production of Lehragaga, Sangrur, Compressed Bio Gas Punjab, Union Minister (CBG) from various of Petroleum & Natural waste/biomass sources in Gas and Housing & the country. The scheme Urban Affairs Shri aims to empower and Hardeep S. Puri, said that unleash the rural this plant in Sangrur is economy by supporting just the beginning of farmers, increase India's India's master plan for a domestic energy CBG-based rural production and selfeconomy. He said that the sufficiency and also CBG is the need of the reduce the air pollution, hour, and Government is and help India lead the taking all steps to world toward a clean promote the ecosystem energy transition. Apart around it.

Shri Hardeep S. Puri inaugurated Asia's largest CBG plant in Sangrur today. The Plant has been commissioned with an Sangrur, is spread across FDI investment of Rs. an area of 20 acres 220 crores (approx.) by (approx.). The plant's Verbio AG, one of present production is Germany's leading Bio- about 6 TPD CBG, but energy companies. Shri soon this plant will Bhagwant Mann, Chief process 300 Tons Per Day Minister, Punjab and of paddy straw at max. senior management from capacity to produce 33 Verbio India Private TPD of CBG using 8 Limited were present at digesters of 10,000 cubic the event.

The Compressed Bio

from this plant, 38 CBG / Biogas Plants have been commissioned under the SATAT initiative.

The CBG Plant at meters.

Modi. Yesterday, PM scheme for ensuring locations within a 10 km shall be daily production released the 12th affordable quality instalment of the PM- fertiliser under the KISAN direct benefit 'Bharat brand to the transfer scheme. Rs. 16,000 crores were instantly transferred into farmer-beneficiaries accounts. The Prime Minister also inaugurated 600 Pradhan Mantri Kisan Samruddhi Noting the Kendras (PMKSK), Gas (CBG) plant importance of the day of which will not only be inaugurated by Shri the CBG plant sales centres for fertiliser Hardeep S. Puri in inauguration, Shri but a mechanism for Sangrur is a step in Hardeep S. Puri said the establishing a deep bond achieving objectives of plant is inaugurated a day with the farmers of the the Sustainable after announcement of country. He had also Alternative Towards pivotal schemes and launched the Pradhan A f f o r d a b l e benefits for the farming Mantri Bhartiya Jan Transportation (SATAT) community by Prime Urvarak Pariyojana - One

farmers.

Union Minister of Petroleum & Natural Gas said that the initiatives such as this CBG plants are a huge leap forward in arriving at a win-win situation for farmers and the environment.

Talking about the benefits of the Sangrur CBG plant for rural economy, the Minister observed that this plant will consume 100,000 tons of paddy straw, which will be procured



Minister Shri Narendra Nation One Fertiliser, a from 6-8 satellite radius of the plant. There

of about 600-650 Tons of air but also contribute FOM (Fermented towards India's COP26 indirect employment to net zero emissions by 585 people.

Not only will this Punjab, breathe in cleaner establishment, he said.

Organic Manure), which Climate Change targets can be used for organic of total projected carbon farming. The CBG Plant emissions by one billion shall also provide direct tonnes from now to 2030 employment to 390 and Achieving the target of 2070.

Referring to the plant generate additional efforts being made to income for Sangrur's encourage the indigenous farmers, but it will also manufacturing of CBG provide a much-needed Plant equipment such as alternative to stubble Cascades, Compressors burning, the Minister & Dispensers, Shri added further. He said Hardeep S. Puri noted that this Plant will reduce that this will ramp up stubble burning of 40,000 'Make in India' - 45,000 acres of fields, opportunities across translating into an annual India's manufacturing reduction of 150,000 tons sector. We are working of CO2 emissions, which with the stakeholders to will not only ensure that make cheaper credit the citizens of Sangrur, available for the plants'





Age no bar for Arthritis early diagnose helps to lead quality life Prof. Dr. G Mohan, Orthopaedic Surgeon, Fortis Hospital, Vadapalani

Chennai, Oct 19 2022: World Arthritis Day is designed to raise global awareness on Arthritis. Medical professionals try to raise attentiveness by conducting activities and awareness campaigns. Discussions are held regarding the symptoms connected to arthritis and the importance of early diagnosis. Prof. Dr. G Mohan, Orthopaedic Surgeon, Fortis Hospital, Vadapalani shares his expert opinion on Arthritis, its importance, who can get it and about its cure.

Arthritis is a condition involving inflammation of the joints. It can affect any living thing that has bones including animals. Many associate arthritis with elderly and the health concerns that affect them. Although this could be correct, but an alarming number of rise -1 in 14 people less than 45 years old are found to be diagnosed having

Young people who are actively in sports or other physically demanding activities or those who have sustained an injury like a tear in the ligament or cartilage injury of the knee are prone to develop the condition earlier in the knee. It is more the joints life.

Osteoarthritis

This is the common type of arthritis results from gradual wear and there is too much uric tear on the cartilage- acid, a waste product in cushioning joints. the body. Certain medical Anything that increases conditions such as heart wear and tear of the joints, or kidney failure can

sports or having excess for developing it. While weight, or if you are gout is common to occur suffering with osteoporosis may increase a person's risk for OA. This applies to both older and young adults.

in older people, it can also

befall on young adults.

This condition is often

found to be higher among

men who eat more of

seafood, red meat and

Common symptoms

The symptoms vary

depending on the type.

Although it is a chronic

pain particularly

occurring in the joints,

some common symptoms

redness near the joints

Pain, swelling or

Difficulty in

Lack of energy

□ Tenderness of

Depression

Treatment focuses on

reducing inflammation

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Fever

Treatment

include:

mobility

or weakness

consume alcohol.

Rheumatoid arthritis (RA)

This is an autoimmune disease. This means it causes the immune system to attack healthy tissue, usually in joints and organs. It can affect multiple joints and a person's overall health. As this is an autoimmune disease, it very much affects young adults as It involves all joints, especially small joints of hand, foot and commonly seen in females.

Gout

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Gout happens when such as high-impact increase the person's risk

- Arthritis Treatment the Emergency Room involves DMARD's, each year during Diwali Physiotherapy and Intrabecause of unexpected articular injections. For accidents, burn injuries, advanced stages of this exacerbation of asthma d i s e a s e J o i n t and heart attacks. Some Replacement Surgery is of the injuries can have a recommended.
- 3. Gout Treatment your life. Firecrackers for involves NSAD's, example cause also harm Allopurinol (Zyloric). We to our environment by recommend avoiding being both an air and a seafood, red meat and noise pollutant. Here are alcohol, reduce the intake a few healthy and safe of salt and start an tips to celebrate Diwali as exercise routine.

Arthritis affects person to live symptom- diseases may have

The right combination symptoms due to carbon /

type of arthritis a person

- 1. Osteoarthritis spending time with your Treatment involved family? Diwali is lifestyle modification, synonym with great food, incorporating exercises colorful rangoli, festive like walking, switching to lights, new decorative a healthy diet, NSAD's attire and a vibrant and Physiotherapy. In the fireworks display. As you case of Advanced get caught up in the Osteoarthritis Intra- festivities, it's equally articular injections and crucial to remember to knee replacement surgery. stay safe during Diwali to

people of all ages. But because many people see it as an older person's disease, young people with arthritis may can be harmful to heart struggle to find support, & lung: wait longer for an accurate diagnosis, and leaves, a bonfire, feel misunderstood. firecrackers or any Timely treatment can smoke can cause help, and may even send significant short and long the disease into term health risks. People remission, allowing a with pre-existing allergic

of medical care, metal particles from psychological support, fumes and chemical advocacy, and self-care vapors from firecrackers. can improve a young Smoke particles can and pain management. person's quality of life.

SHIV NABAR SCHOOL

Tips of Six for a healthy and safe Diwali

Article by, Dr. Vaibhav Suresh, Preventive Health Specialist, Fortis Hospital, Vadapalani



lung diseases.

permanent impact on

shared by Dr. Vaibhav

Suresh, Preventive

Health Specialist at

Fortis Hospital,

Bursting crackers

Burning rubbish, dry

worsening of their

adhere to the nostrils and

stay there for an extended

period of time, triggering

allergic rhinitis, asthma

and can lower the

immunity. The increase

of harmful gases in the

blood maybe detrimental

for patients with pre-

Vadapalani.

Excess sound from firecrackers may increase food and purchase food your heart rate and blood and sweets from trusted pressure and thereby leading to plaque their quality; or ruptures and increased incidence of heart attacks. So use silent it is hygienic and

Before lighting Diya/candles, do not use a sanitizer:

Over the last two years the alcohol based sanitizers have become a part of our routine hygiene practice. Sanitizers are combustible as they Arunachal to Gujarat) contain alcohol and can love and cherish sweets. readily catch fire A festival is seen often as resulting in severe burn the best occasion to injuries, resulting in permanent deformities. So before lighting diyas / candles / firecrackers we recommend that you 'the diabetic capital of the wash your hands with world,' and Indians being soap and water; and keep your sanitizer bottles in a diabetes, are advised to secure location away restrict the intake of ensure that senior from fire.

Choose your food

Diwali and mouthwatering dishes, delicacies and sweets go hand-in-hand. On this existing cardiac diseases occasion, people also and hypertension. The take non-vegetarian diet toxic gases and heavy with more spice and oil, metals released from over-filling their stomach s m o k e m a y b e with excess proteins. We carcinogenic and leads to recommend you take less cancers. It also spicy and less oily foods and make sure that your exacerbates pre-existing with a balance of proteins

and vegetables.

Stay away from street sources that guarantee preferably make sweets and food at home because prepared with love and care. Before eating, make sure you and your children wash your hands

An eye on blood sugar:

Indians from all four corners (Kashmir to Kanyakumari and indulge. However, these indulgences will have harmful effects in the long term. India being genetically at risk of sweets and drinks.

Gift good health:

Diwali is the occasion when people exchange gifts with their friends and loved ones. Think gifts are healthier with

Tata Electronics to scale its employees; partners

with Tamil Nadu universities to develop talent

low calories rather than the usual sugar and gheerich sweets. You can consider gifting healthy fresh fruits, dry fruits and nuts for this season. Almonds are one best example, as it lowers bad cholesterol and increases good cholesterol and is beneficial for a healthy heart. Healthy gifting inculcates good healthy habits in the recipients and also indicates that you care about the health of your dear ones.

Vigilant and responsible with glass:

Diwali is the time to meet friends and loved ones to share your joy and happiness. For some, the celebration and enjoyment would be with sweets and food, for others it's with a glass of alcoholic beverage. Excessive consumption will adversely impact your health, including hardening your arteries, affecting the liver and kidney. When combined with excess food leads to more incidence of heart attacks during the Diwali occasion. Hence, we advise being mindful about your alcohol consumption.

Also, please make sure that neither you nor your friends try to drive under the influence of alcohol, as it may lead to irrecoverable damages.

Enjoy the festive occasion responsibly to create a memorable and exciting experience for yourself and those near you. It is your duty to sweets to a minimum to citizens and sick keep blood sugar levels individuals in your under control. If you wish neighborhood also have a to celebrate the occasion safe and enjoyable with sweets, you may Diwali. We hope these consider a limited intake small tips will assist you of sweets / sugar-free in ensuring a safe and healthy Diwali.

> Fortis Hospital, Vadapalani offers Free Pickup Ambulance Services for 5 kms radius of Vadapalani. Call 044 4020 4020.

Shiv Nadar Foundation Announces the Launch of Shiv Nadar School in Chennai

Chennai, Oct 19 2022: Shiv Nadar Foundation, a philanthropic venture of Mr. Shiv Nadar, Founder, HCL - a US\$ 12.1 billion leading global conglomerate, has announced the launch of its iconic K-12 school chain - Shiv Nadar School in Chennai, which is envisioned to be an international school with traditional values. Reaffirming the Foundation's deeplyrooted commitment to education, the school is affiliated with the International and would offer worldclass education for the holistic development of young learners. Around 150 students would be international school. Shiv enrolled in the first year Nadar Foundation of operations and the pursues the philosophy of intake will progressively increase every year.

The academic session for Nursery to Grade 4 will begin from June 2023 onwards, and the registration details are available at https://shivnadarschool.e du.in/chennai/.

Mr. Shikhar Malhotra, Trustee of Shiv Nadar Foundation and School said, "Tamil Nadu



for starting an 'Creative Philanthropy,' which envisages the creation of institutions that are built to last and continue to impact future generations. We already have two educational institutions in the higher education space set up in the city, and starting a school in the K-12 space was a natural step in integrating the learning journey. After Chairman of Shiv Nadar successfully running three Shiv Nadar Schools

thrilled to launch the fourth one in Chennai."

Col. Gopal Karunakaran (retd), CEO of Shiv Nadar School, said, "We are delighted to launch Shiv Nadar School in Chennai. We will offer students a holistic learning experience, where academic excellence is combined with pursuit of the arts - music, theatre, dance and visual art, excellence in sport, problem solving and project-based learning, and leadership all essential elements of building an intellectually, socially and emotionally

tomorrow. Our school continuing to ramp up its practices envision employee base as it building a learning prepares for commercial community of teachers, operations. The company students and parents, is planning to add through new age significant numbers to its progressive educational existing about 8,000methods. The strong workforce in the International Curriculum next few weeks, a is led by exceptional Company spokesperson educators, from India and said. abroad, and will be supported by outstanding academic infrastructure. Shiv Nadar School in Chennai would benefit from the best practices and teaching methodologies that evolved at our three schools in Delhi-NCR manufacturing plant. The over the last ten years."

Tata Electronics, the newage greenfield company from Tata Group with a focus on manufacturing

The employees who will be directly or indirectly employed by the company will be based in the Krishnagiri district, Tamil Nadu where Tata Electronics has invested in a large

company is focused on

having upwards of more

from the state of Tamil transport to its employees Nadu itself.

The Tata Electronics spokesperson said, "We already have about 5,500 people employed from the Electronics continues to state of Tamil Nadu. We reiterate our unwavering commitment to the state of Tamil Nadu and its people as part of our company's growth plans and plan to have upwards of more than 80% of our workforce from the state of Tamil Nadu itself by Villupuram and the time we start our commercial operations."

significant base of Company offers meals, Bharathiar University,

Nadu.

The spokesperson informed that Tata conduct recruitment drives in collaboration with Government of Tamil Nadu in almost all districts in the state as it taps potential talent, and has selected 475 people in the last few days from Krishnagiri, Dharmapuri, e m p l o y m e n t Namakkal districts.

In addition to Tata Electronics has a recruiting people from Tamil Nadu, as part of its employees from plan to continue to Krishnagiri district and develop talent in the state, strives to grow the same Tata Electronics has also while ensuring diversity tied up with leading of talent in the universities of Tamil organisation. The Nadu. VIT, Vellore,

Chennai, Oct 19 2022: than 80% of its workforce accommodation, and Coimbatore, and Sastra University, Thanjavur are from other parts of Tamil the universities where undergraduate and postgraduate courses are being offered aligned to the emerging needs of the company. Over 400 students are already enrolled in these courses this year and these courses are expected to scale significantly next

> Apart from growing opportunities in the district and state of Tamil Nadu, Tata Electronics aims to make a difference in the social and cultural landscape in the surrounding areas through necessary intervention and assistance in health, hygiene, and education.

UTI Flexi Cap Fund - A flexi-cap portfolio with emphasis on business sustainability Creating wealth since 1992

Chennai, Oct 19 investor looking for a sharp and unpredictable fundamentals rather 2022: Setting a realistic fund that endeavors to and can surprise financial goal is the firststep towards successful investing for any investor. While looking for an investment option which can consistently reward you is important, it is equally important to understand the risk associated with it to aim for an optimal outcome in the long-term. Mutual fund option can be explored for meeting financial goals ranging from short-term to longterm, while choosing to invest from wide-range of products across the asset class. Here is one mutual fund product category that investors can look for investing in meeting long-term wealth creation goals. Flexi-cap funds are open-ended equity funds investing at least 65% of total assets are invested in equity assets of companies across the different market capitalizations viz., large-cap, mid-cap or small-cap fund. UTI Flexi Cap Fund is one of the oldest funds in the category (launched in 1992) and has a longterm track record of consistent performance. The Fund has completed 30 years of wealth creation in May 2022 and has successfully weathered market storms since 1992. The Fund has a corpus of around Rs. 25,700 crores and trusted by over 18.87 lakh investors (as on September 30, 2022). This offering from UTI

economic value for investors.

UTI Flexi Cap Fund's investment philosophy is built around the three pillars of Quality, Growth and Valuation. The portfolio strategy would be to focus on businesses that have an ability to show strong growth for a long period of time and are run by seasoned managements.

"Quality" signifies the ability of a business to sustain a high Return on Capital Employed (RoCE) or Return on Equity (RoE) over a long period of time. Truly high quality businesses are those that are able to generate high RoCEs and also RoEs even during difficult times for their respective industries or sectors and therefore operate above their cost of capital at all times. More often than not, a business with a high RoCE/ RoE shall be able to generate strong cash-flows and these strong cash flows become the source of economic value

"Growth" on the other hand signifies long term secular growth for the business. The fund emphasizes on businesses that have steady and predictable growth trajectory rather than cyclical and volatile growth. Mutual Fund is suitable Cyclical growth or defor any long-term growth can be very

invest in quality investors in either businesses having directions, as against potential for creating secular growth where there is relatively more certainty in understanding the long future outcomes. While high quality businesses create economic value, a high growth business enables compounding of this economic value. It is for this reason that the intersection of quality and growth.

The last pillar of the philosophy is Valuations". Valuations are an important metric as an entry point into a great business and therefore one should very carefully study this before entering a stock. Although a Price to Earnings (P/E) multiple is a good starting point for understanding the valuations of a business but it is also a widely misunderstood valuation technique. The P/E is merely a shorthand metric for the firm's cash flow generation and value creation potential over a long period. More often than not, a high RoCE and high growth business creates more value over the long-term and would hence mathematically deserve a higher P/E. It would still be an attractive investment for long term investors who invest on the basis of business

than on the basis of what would outperform in the next few months or quarters. Therefore, before reaching a judgement by looking solely at P/Es, one has to term drivers and hence carefully study the characteristics of each business and then establish the fair valuation band for each of them. The P/E hides more than it reveals and must always be fund's favorite hunting considered in the ground for stock context of RoCE, selection is the opportunity to reinvest in the business and free cash flow.

The Fund invests fund's investment across the market capitalization spectrum following the "Growth" style of investment. The scheme's top ten holding consists of Bajaj Finance Ltd., ICICI Bank Ltd., HDFC Bank Ltd., Infosys Ltd., Kotak Mahindra Bank Ltd., Avenue Supermarts Ltd., L&T Infotech Ltd., Info-Edge (India) Ltd., Astral Ltd. And HDFC Ltd. which accounts for around 40% of the portfolio's corpus as of September 30, 2022.

> UTI Flexi Cap Fund is suitable for those equity investors looking to build their "core" equity portfolio and seeking long term capital growth through investment in quality businesses that generate economic value. Investors with moderate risk-profile and looking to invest for at least 5 to 7 years to meet a longterm financial goal, may consider investing in this fund.

Tata AIA introduces Indian consumers to Vitality, a globally renowned Holistic Wellness program

TATA AIA

Chennai, Oct 19 2022: Tata AIA Life Insurance (Tata AIA), a leading Life Insurer in India has enhanced its bouquet of life insurance solutions with the launch of a unique wellness program - Tata AIA Vitality -available through its rider packages, Vitality Protect & Vitality Health. With this launch, Tata AIA introduces consumers in India to the globally renowned Vitality platform, that is already available in 40 countries and has benefitted over 30 million individuals over the last 25 years.

Accessible through an easy-to-use mobile app, Tata AIA's policyholders can use it to avail health check-ups and adopt wellness activities thereby benefiting from a healthier lifestyle. Add to this, consumers get upfront discount and renewal on their premiums.

Tata AIA Vitality wellness program uses data driven analytical tools to help consumers take essential measures towards holistic wellbeing. The mobile appbased interface is divided into three sections:

Know Your Health - Enables consumers to assess their current health and wellness status

Improve Your Health - Comprises weekly challenges and activities that consumers can participate in to improve their mental, physical, and social wellbeing

Ø Get Rewarded -Helps consumers avail discount on premiums upon reaching specific

TATA AIA Vitality

In essence,

TATA AIA Vitality is:

wellness milestones.

Consumers can avail

this holistic wellness platform by purchasing riders available with Tata AIA's insurance plans spanning term, saving and, retirement. Riders provide valuable benefits to consumers on payment of small additional premium along with the base insurance policy. Vitality Protect rider offers comprehensive cover against Accidental Total & Vitality Global, said, Permanent Disability, apart from giving associating with TATA consumers the option to AIA to expand the reach increase their term of Vitality program and insurance cover. The its ability to make Vitality Health rider millions of people covers like Critical healthier. This is a illness cover and daily significant milestone for cash in case one is hospitalized for any India to the list of treatment.

Speaking on the occasion, Venky Iyer, President & Chief Distribution Officer,

innovative and consumer centric solutions. Introducing Vitality proposition is a significant step in our transition from a Payor to Partner. We are confident that our initiative will provide the opportunity to our consumers to adopt a healthier lifestyle and give them additional benefits, over and above what they enjoy from our other solutions"

Commenting on the eventualities such as announcement, Barry Accidental Death, Swartzberg, CEO of the "We are very proud to be us as the addition of countries linking Vitality to insurance marks the 40th market across the globe."

On launching the Tata AIA Life Insurance, initiative, Neeraj said, "At Tata AIA, we Chopra, Tata AIA Brand are driven by our value Ambassador said, "The of consumer obsession. importance of being We continuously evolve healthy and agile, in line with the changing cannot be emphasized needs of consumers and enough. But being ensure introduction of healthy is going beyond

mere physical fitness and needs to encompass all facets including mental, nutritional, and social fitness. I am proud to be a part of the launch of Tata AIA Vitality in India, as I believe this is a significant step taken in changing how we view wellness. By incentivising good health, Tata AIA Vitality will contribute to transforming the health status of Indians."

The Vitality Wellness Program was founded over 20 years ago in South Africa, and Vitality is guided by the wealth of data and information at its disposal. Vitality can continuously evolve its model by using its massive data asset over 50 million life years of behaviorallinked insurance data. Based on sound clinical and scientific research, it uses actuarial savings to incentivize better health choices.

The app-based wellness program delivers age-based assessment to educate consumers about their health goals, ways to pursue a fitter lifestyle, and keep at bay any factors that might put them at risk for disease. Users are assessed for health risks, with a review that involves 14 modifiable health risk factors. The app is specifically designed keeping in mind consumer convenience users can access their Virtual Health Record (VHR) both online as well as on the app. Scientific evidence shows that members who actively engage in the program live longer and have lower healthcare expenses.

TVS Credit adds sparkle to the festive season with its "Magical Diwali" Campaign Winners get prizes up to Rs.10 lakh upon participation in the contest

Chennai, Oct 19 2022: India's leading and one of the fastestgrowing financial services providers, TVS Credit, is celebrating the Diwali festivities with its ongoing campaign, Magical Diwali. Through this integrated marketing campaign, targeted at loan seekers and its brand followers, the company is offering exciting prizes worth Rs. 10 lakh on the purchase of products financed with a TVS Credit loan. Participation in the contest is open to customers across India from October 1 - 24, 2022.

Over the last 16 days, the campaign has attracted many participants who have engaged with the Magical Diwali contest by sharing a selfie with the purchase made using a TVS Credit loan. This makes them eligible to win daily and mega prizes like a TVS



and Consumer Durable media. products.

Jupiter, Gold Coins, a contest, which enables trip to Dubai, and many them to win exciting more. This contest is vouchers by simply open for customers clicking and sharing availing of a TVS Credit pictures/videos/reels loan to purchase Two about the Diwali Wheelers, Smartphones festivities on social

Commenting on the Additionally, for campaign, Charandeep TVS Credit's brand Singh, Head of followers, the company Marketing, said: "With has also introduced the the right mix of content, #SwagatKhushiyonKa and exciting offers used

in the Magical Diwali campaign, we expect to further strengthen our position as a dependable partner that drives customer delight by providing easy access to finance. TVS Credit family wishes its customers an incredibly happy festive season."

This Diwali, the company is fulfilling the customers' aspirations as well as their wish-list million online users.

the lives of every Indian across the length and festive promos like Magical Diwali, TVS a partner in its painting competition. customers' aspirations, augmenting their ambitions with its expertise.

Children to commemorate its 2nd Anniversary Celebration for the festivities. So far, Celebrations, Fortis based on the themes. the campaign has Hospital, Vadapalani Different contest themes connected with over 1 Chennai announced a have been allotted based TVS Credit remains children to encourage studying. 1st standard to committed to enriching their artistic talents. The 3rd has 'Care for Planet' breadth of the nation. place on October 30th the children can expand With its range of 2022 at Fortis their imagination to thoughtfully designed Vadapalani from 9:30 artistically depict the financial products and onwards. Students of concept through their art Credit envisions itself as participate in the would paint 'Care for The contest

welcomes children to use any medium of their

2022: In lieu of its 2nd poster colors, acrylic, 10th will have the theme participating should be Annivers ary etc. to depict their ideas as 'Care for Elders'. painting contest for on the standard they are Competition would take as the theme to which class 1 to class 10 can form. 4th standard to 6th Health' theme to which the children should express the importance of health through their

Chennai, Oct 19 choice be it watercolors, colors. Standard 7th to

Fortis Vadapalani Announces Painting Competition for

Mr. Jai Prakash, Director, Thapasiya School of Arts, Chennai and Ms. Ajanta Das, Alumnae Kalakshetra, Chennai would be the Guest Judges for this event organized by Fortis Hospital. The first three winners in their respective age group will get a chance to win cash prizes ranging from please contact: - Nirupa Rs. 10,000 to 2,000 based on their category of participation.

Children who are present at the hospital half an hour prior to the actual starting time of the competition. They must carry their own paint materials, water bottles and snacks. Children should bring their school ID card for verification purposes. Judges call would be the final call with regards to selecting the winner.

For further details, 78100 66466 / Revathy 90949 63497 / 98402 04444.



Toyota Kirloskar Motor's young employees trained at its Toyota Technical Training Institute (TTTI) makes the nation proud by winning Bronze at WorldSkills Competition 2022

Chennai, Oct 19 2022: In a major boost to Toyota Kirloskar Motor's contribution to the country's "Skill India" program, Mr. N Akhilesh and Mr. S N Karthik Gowda, from the company has made the nation proud by winning a bronze medal at the Mechatronics Skills during the WorldSkills Competition held in Germany from 4th to 7th October 2022. Having first been selected through an internal skill competition, they made it to the District, Zonal, State, Regional and IndiaSkills competition before reaching the WorldSkills arena.

Began in 1950, the WorldSkills Competition is the global hub for skills excellence and development. It is the global space for government, education, industry, and association leaders to discuss relevant and important issues related to skills management.

The participants were selected through a nationwide screening process under the aegis of National Skill Development Council (NSDC) and Electronics Sector Skills Council of India (ESSCI). Participants from 26 Countries including India, Japan, Korea, Chinese Taipei, Germany, Switzerland, United Kingdom etc. showcased their skills during the WorldSkills competition. In the Mechatronics Skills category, India won the bronze, Chinese Taipei bagged silver and Japan received gold.

Mr. G. Shankara, Vice



Resources and Services from Toyota Kirloskar Motor (TKM) commented: "Mr N Akhilesh and Mr. S N Karthik Gowda's win at the WorldSkills has given our skill development initiatives a much-needed boost. At Toyota, we are dedicated towards developing a selfsufficient and globally competitive value chain by making significant efforts and investments in human development. Toyota's human development efforts stem from the company's belief that its most valuable asset is its people and these initiatives contribute towards our mission of 'Producing Mass Happiness for All' by sharing knowledge and developing young people into world-class technicians. As a result, we believe in promoting skill development as the foundation for realizing Atmanirbhar Bharat. We thank Government of Karnataka and Government of India for promoting and developing young minds through the

Recently Mr. Likith Kumar Y P from TKM also won the Bronze medal at (DGT).

ManipalCigna Health Insurance onboards

Skill India Mission."

President, Human the WorldSkills

competition representing

India in Prototype Modeling Skills which was held at Switzerland from 7th to 9th September 2022. As a part of its commitment towards developing world class skilled workforce for the emerging Indian auto Industry, Toyota in 2007 established the Toyota Technical Training Institute (TTTI) that offers a three-year rigorous fulltime training in Automobile Assembly, Automobile Paint, Automobile Weld and Mechatronics to financially challenged students hailing from rural hinterlands across Karnataka state. This three-year free residential training program established by TKM concentrates not only on knowledge and skills but also on body and mind development. TTTI is recognized by National Council of Vocational Training (NCVT), Japan-India Institute for Manufacturing (JIM), Automotive Skill Development Council (ASDC) and Directorate General of Training class skill champions.

certified skilled faculty members of the institute.

Karnataka. TKM continues to train students in 53 institutes across 22 Indian states through the Toyota Technical 2022 Sodexo India, Education Program through its Stop Hunger (TTEP). The primary Trust, joined hands with objective of the TTEP initiative is to enhance the student's skill sets which will strengthen the talent pool from the grass root level and provide opportunities for youth with special focus on rural areas. Along with this, Toyota dealers also Ambassador of support by providing On- Uzbekistan to India it was the-Job training to these announced that his students. TKM also has country is going to collaborations with the provide seats to displaced governments of Indian students from Karnataka, Kerala, medical universities in Odisha, Tamil Nadu, Ukraine. He further Maharashtra, Haryana, mentioned that there will New Delhi, and Telangana to provide skill development to students and faculty members. TKM's skill outreach has grown over the years, resulting in creating world-

actor Manoj Bajpayee as Brand Ambassad Chennai, Oct 19 2022: because ManipalCigna am happy to join in their

ManipalCigna Health possesses all these values, journey and spread Insurance Company expertise, and more. Over awareness about the Limited, today the years, we have built a importance of health announced the comprehensive health appointment of Padma insurance portfolio with a Shri awardee and ace range of benefits, actor, Manoj Bajpayee, as including inpatient, its brand ambassador. outpatient, and wellness Through this association with Manoj Bajpayee, healthcare financing ManipalCigna aims to needs, and will continue spread the message about to be there for our the value of health insurance, drive customer conversions and propel they need us most" distribution growth across India.

Prasun Sikdar, MD and CEO, ManipalCigna Health Insurance said, "At ManipalCigna, our medical experts as I value with ManipalCigna, it is a goal is to provide lifetime their expertise above all seamless brand access to quality healthcare and ensure be part of a brand that's given his mass fan financial wellbeing in the viewed as a Health following across the lives of the millions of Insurance Expert for its country, we believe that people in India. Manoj level of reliability when it this association will help Bajpayee is a comes to supporting us maximize our reach, phenomenal ambassador people's healthcare strengthen our brand for this mission and it is a financing needs. awareness and build a moment of pride for us to ManipalCigna's rich deeper connection with be associated with a self- expertise lies in offering the consumers. We look made, passionate, expert, several innovative and forward to our and trustworthy fully loaded products in engagement and an personality like him who the market, providing has a pan-India appeal. quick and easy claim Sikdar further added, "As settlement, and an actor, Manoj strongly delivering better resonates with our brand healthcare experience. I

benefits to take care of customers and their families, especially when

insurance."

Sapna Desai, Chief

Marketing Officer, ManipalCigna Health Insurance said, "We are excited to bring Manoj Bajpayee on board to raise awareness about our health insurance solutions and build a purpose-driven connection with our Actor Manoj customers. Manoj Bajpayee said, "When it inspires trust and has the comes to my family's expertise to be associated health and my own, I with a category like always rely on trusted health insurance, thus else. So, it's an honour to association. Further enriching partnership"

Since its launch in 2014, ManipalCigna Health Insurance has



built the identity of a Trusted Health Insurance Expert with Global as a health insurance need, by making revenue of INR 70 Cr. healthcare Simple, Predictable, and secure life.

Adani Foundation teams up with Sodexo India to support women farmers in Chennai Chennai, Oct 19 2022:

The Adani Foundation, Kattupalli has been TKM has undertaken a major expansion of TTTI mandated to promote with capacity going up Organic Farming in from 200 to 1,200 students Farmers holdings of (academic batch-wise). Intervened Villages since This will be a major boost last year. In line with that, to the existing skill facility Awareness meetings in its Bidadi plant with a were conducted in these focus to scale-up students' Villages to sensitize skillset for advanced farmers on the ill-effects technologies, by globally of indiscriminate Fertilisers and Pesticides So far, TKM has and motivate them to take trained over 77,360 up Organic Farming. Last employable youths year, 30 farmers were through a variety of skill supported to take up cost development initiatives. effective and eco-friendly TKM is currently working Organic Methods in their on establishing one holdings. Based on the Industrial Training success accrued, Organic Institute (ITI) in each Cultivation of Paddy has district of the 31 districts in been scaled up to 300 Acres benefiting 300 farmers during this year

On World Food Day



application of Chemical the Adani Foundation, to purpose of creating a promote sustainable better everyday for livelihoods for 600 women farmers. Sodexo India plans to procure 500 kgs of green gram per month, produced by the women farmers from Minjur Marutham Farmers Producer Company Limited, Minjur Block, Vaazhindhu Kaattuvom Project, Government of Tamilnadu, for use in preparing fresh and healthy meals at its client sites. By doing so, the company reiterates its

everyone to build a better life for all.

Foundation has formed 3 taking shape.

Women Farmers Groups consisting of 126 Members who have been trained on various costeffective indigenous technologies of Crop Husbandry.

Sodexo India flagged off this pilot project with Adani Foundation in Chennai. The company provides ~35 lac meals at 40+ client locations in and around Chennai and the produce sourced locally will help to boost the nutrient content of the Further, Adani meals. Sodexo India Foundation is also plans to keep supporting forming Farmers Groups these women and with an objective to increase their business promote Collective with Sodexo by 20% Farming among them to every year. With the augment an Organised success of this project, the Marketing of their company also envisages Produces to evade associating with Adani Middlemen Exploitation Foundation to extend to realise premium price. similar support in other As a part of the cities across the country programme, Adani where their project is

Uzbekistan Welcomes Displaced Indian Students from Ukraine - Good News for Medical Students: Peoplehive

In a recent announcement by the provision of up to 2,000 seats, admission to these seats would be based on the guidelines set by National Medical Commission, Government of India.

A major step in Indo-

Modi's government. We had the

opportunity of meeting

delegation from Bukhara State Medical Institute (BSMI) in New Delhi with their exclusive partner for student recruitment in India Peoplehive LLC. The delegation was represented by Dr. Angela Kurbonova from International Department and Advocate Parmod Recruitment for admission process for Office. During our said 'there is a very Uzbek cooperation meeting we found out streamlined process of further strengthening the more information the Ministry of Higher relationship between the regarding the recruitment Medical Higher two countries especially process for Ukraine Educational Institute with the backdrop of the students from Dr. Angela (MHEI) Gov. of UZ. All SCO summit in Kurbonova. She said, students must submit Samarkand, Uzbekistan 'We are pleased to their academic and visit of the Hon'ble welcome displaced transcript/electronic Prime Minister Narendra medical students from journals for academic Modi. This gesture by Ukraine to BSMI if they evaluation. We match the Government of meet the required credit hours, hours Uzbekistan is a direct qualifications for studied by subject with result of the progressive transferring students to our curricula. Based on

as scholarship available.

We asked Dr. Joshi, Director, Medical Kurbonova about the Peoplehive LLC India Ukraine students. She

Chennai, Oct 19 foreign policy of the PM Uzbekistan. They need to this we will offer the apply through our partner applicant the year and Peoplehive LLC only". semester of admission. Advocate Joshi further Please DONOT believe commented on the agent who are assuring disparity of tuition fee you the same year of between PeopleHive study that you were LLC and ONE studying in Ukraine as CONSULTING and our curricula is different. others for BSMI. As per We are a government Advocate Parmod Joshi institute number 2 in UZ. (there is special fee for We follow Government Ukraine students of guidelines for transfers, if \$3500 maximum per year you don't follow these guidelines, you will not be able to get your final degree'. She informed us that she met with several parents in Hyderabad & Kerala, who have been assured falsely same year admissions. As well as they have been given inflated tuition fees and other charges. Further, she informed the parents that their official exclusive partner for ALL admissions is Peoplehive LLC, a USA based global education consultancy with office in Uzbekistan and India

Khatabook Unveils Platform Monetization Strategy; Expects to turn profitable in 18 Months

Chennai, Oct 19 2022: digital lending with a plan platform monetization Experience and Local Khatabook, India's Expertise. Manipal's leading Fintech / Finserv healthcare delivery start-up, revealed that it expertise and Cigna's has kicked off its strategic Biz Analyst by Khatabook global leadership in platform monetization health insurance firmly model and is expecting to establishes the brand as reach the profitability an expert. ManipalCigna, milestone in the next 18-20 months. The start-up started monetisation early expert, makes it easier for this year and currently has people to get the care they an annualized gross

Khatabook's monetization model is Affordable. By offering focused on scaling its bespoke health insurance FinServe / Digital

to touch an AUM of 1000 Cr. in the next 12 months. On the paid SaaS services, has 150K+ paid users and co-founder, of Khatabook. will be launching a paid desktop version of Khatabook in November.

Growth for the first three MSME segment, while its years and then enter core platform will monetization. Our growth journey has been very satisfying. We stand at 10 million monthly active users spread across almost products, high-quality Lending offerings along every district in India, and customer service and with increasing the our platform records more easy and faster settlement subscriber base for its paid than \$32 billion in of claims, the Company's SaaS service offerings. monthly transactions (in goal is to help its Khatabook has concluded value) by our MSME customers across the a successful pilot for users. We are now digital lending, which is focusing on organic country, to live a healthier now available in all major growth and adding 600K+ and more financially metros and tier-1 cities in monthly installs India. The startup intends organically. Early this to gradually scale up year, we started our

initiatives with a clear strategic roadmap to turning profitable" said Ravish Naresh, CEO, and

With its Biz Analyst platform, Khatabook is focused on simplifying "We had a strategic accounting for relatively timeline to focus on large businesses within the continue to solve everyday business and financial management challenges for small to large merchants.

"We are an experiment-driven startup. We have developed a strong understanding of MSME business and our scale of offerings, and funding round, with a financial service offerings



suitable for the segment. We are consolidating all our SaaS offerings under Khatabook and Biz Analyst platforms and building Finsery / Digital Lending on top of SaaS.' he added.

Khatabook closed a finance behaviour with USD 100 million Series C now we are well valuation close to USD positioned to enable 600 million in August 2021.