

**PM inaugurates and lays foundation stone of various development projects worth more than Rs 16,800 crores in Deoghar**  
**Projects will significantly boost infrastructure development, enhance connectivity and give an impetus to ease of living in the region**

Chennai, July 13 2022: The Prime Minister, Shri Narendra Modi inaugurated and laid the foundation stone of various developmental projects worth more than Rs 16,800 crores in Deoghar today. Governor Jharkhand, Shri Ramesh Bais, Chief Minister Shri Hemant Soren, Union Minister Shri Jyotiraditya Scindia, State ministers and people's representatives were among those present on the occasion.

Addressing the gathering, the Prime Minister said that with the blessings of Baba Baidyanath, projects worth more than Rs 16,000 crore have been inaugurated and the foundation stone has been laid today. These are going to give a huge impetus to Jharkhand's modern connectivity, energy, health, faith and tourism.

The Prime Minister remarked that the country has been working with the thinking of development of the nation by the development of the states since last 8 year. In the last 8 years, in the efforts to connect Jharkhand by highways, railways, airways, waterways, in every way, the same thinking and spirit have been paramount. All these facilities will positively impact the economic development of the state.

The Prime Minister said that today, Jharkhand is getting its second airport.

This will lead to tremendous ease for devotees of Baba Baidyanath. In the context of making air travel affordable for the common man through the UDAN scheme, the Prime Minister noted that today the benefits of the efforts of the government are visible across the country. About 70 new locations have been added through airports, heliports and water aerodromes in the last 5-6 years under the UDAN scheme. Today, ordinary citizens are getting the facility of air travel on more than 400 new routes. More than 1 crore people have experienced very affordable air travel, many for the first time. The Prime Minister expressed happiness that the flight from Deoghar to Kolkata started today and flights for Ranchi, Delhi and Patna will start soon. Work is on for airports in Bokaro and Dumka, he said.

The Prime Minister said along with connectivity, the central government is also focussing on the creation of facilities at important places related to faith and spirituality in the country. Modern facilities have also been expanded in Baba Baidyanath Dham under the PRASAD scheme. When a holistic approach guides the projects, new avenues of income come for various segments of the society and new facilities create new opportunities.



The Prime Minister also highlighted the benefits of the country's effort to enhance the gas-based economy for the state of Jharkhand. He said that PM Urja Ganga Yojana is changing the old picture. "We are taking many historic decisions for converting deprivation into opportunities", he said. The Bokaro- Angul section of Jagdishpur-Haldia-Bokaro-Dhamra pipeline of GAIL will expand the city gas distribution network in 11 districts of Jharkhand and Odisha.

The Prime Minister said we are following the mantra of Sabka Saath, Sabka Vikas, Sabka Vishwas and Sabka Prayas. New avenues of development, employment-self-employment are being discovered by investing in

infrastructure. We have laid emphasis on aspiration for development, focused on aspirational districts, he said, underlining the benefits of these initiatives for Jharkhand. He said most of the 18,000 villages which were electrified so long after independence are in inaccessible and remote areas. Government has worked in mission mode in the last 8 years to bring tap water, roads and gas connection, he said.

Referring to the spread of modern facilities beyond big cities, the Prime Minister said that these projects are proof that when steps are taken for improving ease of life for common citizens, then national assets are created and new opportunities of national development emerge. "This is the right

development and we have to collectively accelerate this development", he said.

Development projects in Deoghar

As a key step to provide direct connectivity to Baba Baidyanath Dham, which is an important religious destination for devotees from all over the country, the Prime Minister inaugurated the Deoghar Airport. It has been constructed at an estimated cost of around Rs. 400 crore. The Terminal Building of the airport is equipped to handle over five lakhs passengers annually.

AIIMS in Deoghar is a boon for the healthcare sector of the entire region. The services at AIIMS Deoghar will get a further boost as the Prime Minister will dedicate to the nation

the In-Patient Department (IPD) and Operation Theatre services at AIIMS, Deoghar. This is in accordance with the Prime Minister's vision to develop excellent healthcare facilities in all parts of the country. The Prime Minister had laid the foundation of AIIMS Deoghar on 25th March 2018.

Prime Minister's commitment to develop world class infrastructure at places of religious importance across the country and improve facilities to the tourists in all such places, will get a further boost as the components of project "Development of Baidyanath Dham, Deoghar" sanctioned under the PRASAD Scheme of the Ministry of

Tourism will get inaugurated. The projects being inaugurated by the Prime Minister include development of two large pilgrimage congregation halls with a capacity of 2000 pilgrims each; Jalsar lake front development; Shivganga Pond development among others. The new amenities will further enrich the tourism experience for lakhs of devotees who visit Baba Baidyanath Dham.

The Prime Minister inaugurated and laid the foundation stone of multiple road projects worth more than Rs. 10,000 crores. The projects that were inaugurated include six laning of Gorhar to Barwada section of NH-2; widening of Rajganj - Chas upto West Bengal border section of NH-32 among others. The major projects whose foundation stone were laid include four laning of Mirzachowki- Farakka section of NH-80; four laning of Hariharganj to Parwa More section of NH-98; four laning of Palma to Gumla section of NH-23; Elevated corridor of Kutchery Chowk to Piska More section of NH-75 among others. These projects will provide a further boost to connectivity in the region and ensure ease of movement for the common people.

The Prime Minister also inaugurated and laid the foundation stone of

various energy infrastructure projects around Rs. 3000 crore for the region. Projects that were inaugurated include the Bokaro - Angul section of Jagdishpur-Haldia-Bokaro-Dhamra pipeline of GAIL; New LPG Bottling plant of HPCL at Barhi, Hazaribagh and Bokaro LPG Bottling plant of BPCL. Foundation stone of Parbatpur Gas Collecting Station, Jharia Block, Coal Bed Methane (CBM) Asset of ONGC were laid.

The Prime Minister dedicated two Railway projects viz. Godda - Hansdiha Electrified Section and Garhwa-Mahuria Doubling project to the nation. These projects will help in facilitating seamless traffic movement of goods for industries and power houses. They will also ensure ease of train movement from Dumka to Asansol. The Prime Minister also laid the foundation stone for three Railway projects viz. Redevelopment of Ranchi railway station; Jasidih Bypass Line and LHB Coach Maintenance Depot, Godda. The proposed redeveloped Ranchi Station will have world-class passenger amenities including a Food Court, Executive Lounge, Cafeteria, Air-Conditioned Waiting Halls etc. for ensuring ease of movement as well as comfort of the passengers.

**Strict adherence to election procedures is ECI's Hallmark: CEC**  
**Pre-defined SOPs for safe, secure and time bound dispatch of election material to State Assemblies for Presidential Election 2022**  
**ECI appoints senior officers as Observers for Election to the Office of President of India, 2022**

Chennai, July 13 2022: The Election Commission of India today started the distribution and dispatch of designated ballot boxes, ballot papers, special pens, and other sealed election materials to the State Legislative Assembly Secretariats including the National Capital Territory of Delhi and UT of Puducherry for the conduct of Presidential Election 2022 scheduled on July 18, 2022. This two-day exercise at Nirvachan Sadan, New Delhi for dispatch of election materials to States/UT in a time bound and secured manner is being undertaken under the supervision of Chief Election Commissioner Shri Rajiv Kumar and Election Commissioner Shri Anup Chandra Pandey.



they reach Delhi, officials are also assisted at the help desk at the Delhi Airport manned by the officials of the Election Commission of India, Civil Aviation, Delhi Police, and CISF. Ballot boxes along with other essential election materials are handed over to the AROs under appropriate security and safety measures after complete inspection at Nirvachan Sadan, New Delhi. Delhi Police teams escort the AROs while they come to collect the election material. The AROs return

to their respective States/UTs on the same day as the collection of the election materials. During the transportation, the Ballot Boxes fly on a separate air ticket in the front row of aircrafts beside the seat of the officer transporting the materials under personal supervision.

While speaking to the AROs from the states, CEC Shri Rajiv Kumar emphasized that strict adherence to procedures by the ECI teams has become its hallmark in delivering

error free elections time and again. He added that a set of well-defined instructions and Standard Operating Procedures that are required to be followed thoroughly to complete every electoral process account for ECI's robustness for conducting elections. He asked the officials to be vigilant and ensure strict adherence to protocols and guidelines for transportation and storage of election materials including ballot boxes and ballot papers.

Once the officers with

ballot boxes reach the state capitals, these are stored in previously sanitised and properly sealed strong rooms under strict Videography monitoring. Ballot papers for Presidential Election are also stored and sealed along with. After the poll is over, the polled and sealed Ballot boxes and other election material have to be transported back to the Office of Returning Officer that is Rajya Sabha Secretariat by the next

available flight. The boxes and other documents are carried personally in the aircraft cabins - never out of sight of accompanying officers.

The Commission has already issued specific guidelines for conduct of polls and AROs and Observers are trained as such. A workshop for the RO, AROs & CEOs was also organized on June 13, 2022 at Vigyan Bhawan to brief them on all aspects of election procedure for the

conduct of Presidential elections. The Commission has also appointed 37 Observers for overseeing the arrangements of polling and counting during elections and a briefing meeting of these Observers was also organized on 11th July 2022. The Observers are senior IAS Officers of the rank of Additional Secretary/Joint Secretary, Government of India. The Commission has deployed one Observer for overseeing polling at each

of the 30 places of poll in the State/UT Legislative Assemblies and 2 observers for Parliament House. The designated Observers will take stock of election arrangements made for security and transportation of ballot boxes and election material by the ROs and AROs and ensure free and fair elections. The Observers deputed at Parliament House will also oversee the counting process of votes on 21st July 2022.

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## ஸ்டார் ஹெல்த் மற்றும் சிஎஸ்சி இணைந்து சுகாதார காப்பீட்டை கிராமப்புற இந்தியாவில் அணுகக்கூடியதாக மாற்றுகின்றன சிஎஸ்சி உடன் கூட்டு சேர்ந்த, நாட்டிலேயே முதல் தனி மருத்துவக் காப்பீட்டு நிறுவனம் இந்தியாவின் கிராமப்புறங்களில் சுகாதார காப்பீட்டு ஊடுருவலை அதிகரிக்க உதவும் முயற்சி

சென்னை, ஜூலை 13 2022: நாட்டின் முன்னணி சுகாதாரக் காப்பீட்டு நிறுவனங்களில் ஒன்றான, ஸ்டார் ஹெல்த் அன்ட் அலைட் இன்சூரன்ஸ் கோ. லிமிடெட் மற்றும் மின்னணு மற்றும் தகவல் தொழில்நுட்ப அமைச்சகத்தின் கீழ் உள்ள பொதுச் சேவை மையங்கள், இந்தியாவில் உள்ள அடுக்கு-II, அடுக்கு-III நகரங்கள் மற்றும் கிராமப்புற சந்தைகளில், கிராமப்புற வாடிக்கையாளர்களின் தேவைகளைப் பூர்த்தி செய்வதற்காக, சிறப்பாக

வடிவமைக்கப்பட்ட ஸ்டார் ஹெல்த் இன்சூரன்ஸ் திட்டங்களின் தேர்ந்தெடுக்கப்பட்ட வரம்பிற்கும், 5 லட்சத்திற்கும் அதிகமான சிஎஸ்சி களுக்கு அணுகலை வழங்க கூட்டு சேர்ந்துள்ளன. சிஎஸ்சி கள் கிராமப்புற வாடிக்கையாளர்களுக்கு பல சிறப்பு அம்சங்களை வழங்கும், இதில் ஒரே விநியோக தளம் மூலம் ஒரு பெரிய அளவிலான இ-சேவைகள், உள்நாட்டிய மக்கள் நிறுவன குழு ஆதரவு மற்றும் அதிகப்பட்ச கமிஷன் பகிர்வு மாதிரியின் மூலம் வி

எல்சுகளின் நிலைத்தன்மை ஆகியவை அடங்கும். கிராமப் பஞ்சாயத்துகளில் உள்ள 5 லட்சத்திற்கும் அதிகமான சிஎஸ்சி களின் சுய-நிலையான நெட்வொர்க், கிராம அளவிலான தொழில்முனைவோரால் நிர்வகிக்கப்படுகிறது. இது கடைசி எல்லையில் உடல்நலக் காப்பீட்டுத் தயாரிப்புகளை எளிதாக அணுக உதவும். அதன் நெட்வொர்க் மூலம், சிஎஸ்சி ஆனது இந்த பிராந்தியங்களில் உள்ள சுகாதாரக் காப்பீட்டுத் தேவைகளைப் பூர்த்தி செய்வதற்காக, குடும்ப நல

ஆய்விமய இன்கூரன்ஸ் திட்டம், விபத்து பராமரிப்பு தநைப்பர் பாலிசி, ஸ்டார் மைக்ரோ ரூரல் மற்றும் ஸ்பார்ம்ரல் கேர் போன்ற கிராமப்புற சந்தைகளுக்கு பல பயனுள்ள திட்டங்களை வழங்கும். ஸ்டார் ஹெல்த் அன்ட் அலைட் இன்சூரன்ஸ் கோ. லிமிடெட் இன் நிர்வாக இயக்குநர் ஆணை ராய் கூறுகையில், "உடல்நலக் காப்பீட்டு நிபுணர்களாக, வாட்ப்புகளைக் கண்டறிந்து, மக்களுக்குப் பயனளிக்கும் ஹெல்த் இன்சூரன்ஸ் தயாரிப்புகளை

வடிவமைப்பதில் நாங்கள் எப்போதும் முன்னணியில் இருக்கிறோம். சிஎஸ்சி உடன் இணைந்துள்ள இந்த இணைப்பு, கிராமப்புற இந்தியாவில் உள்ள மக்களின் குறிப்பிட்ட தேவைகளைப் பூர்த்திசெய்யும் வகையில், எளிதான அணுகல் மற்றும் கூடுதல் தேர்வு ஹெல்த் இன்சூரன்ஸ் திட்டங்களை வழங்கும் எங்கள் முயற்சியில், இது ஒரு பெரிய படியாகும். சிஎஸ்சி இன் வலுவான நெட்வொர்க் மற்றும் இந்தியா முழுவதும் இருப்பு அவர்களை இந்த முயற்சிக்கு சிறந்த

விநியோக பங்காளியாக ஆக்குகிறது" என்றார். இந்த இணைப்பு குறித்து கருத்து தெரிவித்த சிஎஸ்சி எஸ்பிவி, சிஈஓ சஞ்சய் குமார் ராகேஷ், "கிராமப்புற மற்றும் பின்தங்கிய பகுதிகளில், சுகாதார காப்பீட்டு திட்டங்கள் குறித்த விழிப்புணர்வு குறைவாக உள்ளது. அதிக எண்ணிக்கையிலான இந்தியர்கள் எந்த அரசு அல்லது தனியார் மருத்துவக் காப்பீட்டுத் திட்டங்களிலும் இல்லை.

நாட்டில் பல குடும்பங்கள் மீண்டும் வறுமையில் வாடுவதற்கு சுகாதாரத்திற்கான தங்கள் சொந்த பண இருப்புகளில் இருந்து செலுத்தும் செலவுகள் ஒரு முக்கிய காரணமாகும். ஸ்டார் ஹெல்த் உடனான எங்கள் கூட்டாண்மை மூலம், காப்பீட்டு விழிப்புணர்வை அதிகரிப்பதற்கும், கிராமப்புற சமூகங்களை அவர்களின் நிதிப் பாதுகாப்பிற்காக சுகாதாரக் காப்பீட்டில் முதலீடு செய்ய

ஊக்குவிப்பதன் மூலம் நாங்கள் பணியாற்றுவோம்" என்று கூறினார். இந்த இணைப்பு, கிராமப்புற இந்தியாவில் சுகாதார காப்பீட்டு ஊடுருவலை அதிகரிப்பதற்கான ஒரு படியாகும். அதே நேரத்தில், இந்த சேர்க்கப்பட்ட விநியோக நெட்வொர்க், ஸ்டார் ஹெல்த் அதன் சந்தைப்பங்கை விரிவுபடுத்தவும், நாடு முழுவதும் அதன் இருப்பை வலுப்படுத்தவும் உதவும்.

## இந்திய குடியரசு கட்சி (அ) அம்பேத்கர் கட்சி சார்பாக மாநில தலைவர் கிருஷ்ணகுமார் தலைமையில் வளசரவாக்கத்தில் புதிய திரைத்துறை அலுவலகம் திறக்கப்பட்டது

சென்னை, ஜூலை 13 2022: முதல் கட்டமாக எங்களுடைய கேஜி எஃப் புரொடக்ஷன் டாக்டர் பாபாசாகிப் அம்பேத்கர் அவர்களின் நிதிமான் படம் எடுக்க உள்ளன. கேஜி எஃப் புரொடக்ஷன் ஸ்டார் ஹெல்த் மற்றும் மலர்ஸ் வரலாறு மற்றும் இயக்குனர் ராவ் விவேகானந்தர் ஆகியோர் மூலமாக ஒரு உண்மை சம்பவத்தை ஒரு நல்ல கருத்தோடு மக்களிடையே எடுத்துக் கொண்டு சேர்க்குவீர்களோம். இதற்கு பொதுமக்களின் ஆதரவும் பத்திரிக்கையாளர்களின் ஆதரவும் எங்களுக்கு தேவை. இந்த அரசாங்கத்தில் எங்களைப் போன்ற புதிய பதித்துள்ளோம். ஆதரவு தேவை. இந்த படத்தில் புதிய இயக்குனர்களுக்கும்



முகங்களுக்கு ஏற்படாமல் அவர்களுக்கான ஒரு பொக்கிஷமான இடமாக இதை இப்போது ஆரம்பித்து இருக்கிறோம். அந்த புதிய கலைஞர்களை ஊக்குவிக்கும் விதமாக எங்கள் அலுவலகம் செயல்படும் என்பதை இந்த நேரத்தில் தெரிவித்துக் கொள்கிறோம். அனைத்து ஜாதியினருக்கும் உரித்தான அம்பேத்காரின் வரை எத்தனையோ பேர் உலகம் போற்றும் நிதிமான் படத்தில் நிறைய கொண்டிருக்கிறார்கள். அவர்களுக்கான நியாயம் கிடைக்கும் வரை நாங்கள் போராடுவோம் என்பதை தெரிவித்துக் கொள்கிறோம். என்று தெரிவித்தார். இன்னும் 10 நாட்களில் ஆரம்பிக்க உள்ளது. புதிய கலைஞர்களுக்கு மட்டுமே இங்கு வாழ்பவர்கள் அதிகம்.

## மணிப்பால் சிக்னா ஹெல்த் இன்சூரன்ஸ் நிறுவனம் தேசிய காப்பீட்டு விழிப்புணர்வு தினத்தை முன்னிட்டு, ரூ. 50,000 மதிப்பிலான வெளிநோயாளிகள் பிரிவுக்கான செலவுகளை உள்ளடக்கிய புதிய பாலிசியை அறிமுகப்படுத்தியுள்ளது

சென்னை, ஜூலை 13 2022: மணிப்பால் சிக்னா ஹெல்த் இன்சூரன்ஸ் கம்பெனி லிமிடெட் நிறுவனம், மணிப்பால் சிக்னா ப்ரோ ஹெல்த் ப்ரெம்ஸ் என்ற பாஸிசியை அறிமுகப்படுத்தியுள்ளது. இதன் மூலம் பணியில்லாத வெளிநோயாளிகள் பிரிவுக்குள் இந்த நிறுவனம் நுழைந்துள்ளது. இது மருத்துவரின் ஆலோசனைக் கட்டணம், பரிந்துரைக்கப்பட்ட நோயறிதல் சோதனைகள் மற்றும் மருந்தகம் போன்ற அன்றாட சுகாதாரச் செலவுகளின் கமைகளில் இருந்து மக்களைப் பாதுகாத்து அவர்களின் நிதிச் சமையைத் தவிர்க்கிறது. இந்தியாவில், மொத்த சுகாதாரச் செலவினங்களில் உத்தேசமாக 65 சதவீதம் சில்லறைச் செலவினங்கள் அல்லாதவை ஆகும். அதாவது திரும்பும் பெற இயலாத அல்லது திடீரென ஏற்படும் எதிர்பாராத சில்லறைச் செலவுகள் ஆகும். இவை சந்தையில் உள்ள

பெரும்பாலான உடல்நலக் காப்பீட்டுப் பாஸிசிகளில் உள்ளடக்கியதாக இல்லை. எனவே, அவுட்-ஆஃப்-பாக்-கெட் எனப்படும் சொந்த சில்லறைச் செலவினங்களின் சமையைக் குறைக்க, மணிப்பால் சிக்னாவின் புதிய பணியில்லாத வெளிநோயாளிகள் பிரிவு கவரேஜ் ஆன, மணிப்பால் சிக்னா ப்ரோ ஹெல்த் ப்ரெம்ஸ், பாஸிசியை அறிமுகப்படுத்தியுள்ளது. இது மருத்துவரின் ஆலோசனைக் கட்டணம், பரிந்துரைக்கப்பட்ட மருந்துகள் போன்றவை உட்பட வெளிநோயாளிகள் பிரிவுக்கான செலவுகளை அடங்கவிடும் பெறலாம்.

கவரேஜ் பற்றி கருத்திட்டு தெரிவித்த மணிப்பால் சிக்னா ஹெல்த் இன்சூரன்ஸ் கம்பெனி லிமிடெட் மேலாண்மை இயக்குனர் மற்றும் என்வென்ட் மென்ட் ஆன சிஎஸ்சி அதிகாரி திரு. பிரசுன் சித்தர் கூறுகையில், "மணிப்பால் சிக்னாவைப் பொறுத்தவரை நாங்கள் எங்கள் காப்பீட்டு சேவை வரிசையை தொடர்ந்து காலத்துக்கு ஏற்ப மாற்றி அமைத்துப் புதுப்பித்து வருகிறோம். எங்கள் நிறுவனம் சுகாதார காப்பீட்டை மட்டுமல்லாமல், முழுமையான சுகாதாரத் தீர்வையும் வழங்குகிறது. மணிப்பால் சிக்னா ப்ரோ ஹெல்த் ப்ரெம்ஸ் என்ற பாஸிசியை புதுப்பித்து மருந்தகம் போன்ற உடல்நலக் காப்பீட்டு திட்டங்களை உள்ளடக்கும் செயல்படுத்தப்படும், மணிப்பால் சிக்னா ப்ரோ ஹெல்த் ப்ரெம்ஸ் (செசயலி) அடிப்படையிலான பணியில்லாத வெளிநோயாளிகள் பிரிவுக்காக பரிந்துரைக்கப்படும் திட்டமாகும். ஒரு பட்டனைக் செய்வதன் மூலம்

வாடிக்கையாளர்களின் திடீர் சில்லறைச் செலவுகளின் கமைகைக் குறைக்க இந்த பாலிசியை உதவுகிறது." என்றார். சித்தர் மேலும் கூறுகையில், "தேசிய காப்பீட்டு விழிப்புணர்வு தினத்தை முன்னிட்டு மக்கள் தங்கள் அன்புக்குரியவர்களின் நிதி எதிர்காலத்தைப் பாதுகாக்கும் வகையில், தற்போதுள்ள பாலிசியை மதிப்பாய்வு செய்ய சிறு நேரம் ஒதுக்குமாறு கேட்டுக் கொள்ள விரும்புகிறேன். மேலும், ஒரு வருளுக்கு உடல்நலக் காப்பீட்டு இல்லையென்றால், அந்த நபர் மருத்துவமனைக்கு உள்ளேயும் வெளியேயும் ஏற்படும் சுகாதாரச் செலவுகளை முழுமையாக உள்ளடக்கும் வகையிலான முழுமையான மருத்துவக் காப்பீட்டுத் திட்டத்தில் சேர்வது இன்றியமையாதது ஆகும். ரொக்கமில்லா வெளிநோயாளிகள் பிரிவு காப்பீடு என்பது அதிக செலவுகள் உள்ளவர்கள்

அல்லது சுகாதாரச் சலுகைகள் மூலம் நீங்கள் ஆரோக்கியமாக இருக்க உடல்நலக் காப்பீட்டுத் திட்டத்தின் மூலமாகப் பெரிதும் பயனடையலாம்." என்றார். மணிப்பால் சிக்னா ப்ரோ ஹெல்த் ப்ரெம்ஸ் மற்றும் ஹெல்த் இன்சூரன்ஸ் பாலிசிகளில் இருந்து பெறப்படும் வெளிநோயாளிகள் பிரிவு நன்மைகளை மருந்தகச் செலவுகள் மற்றும் 570-க்கும் மேற்பட்ட நகரங்களில் ஸ்டோர் பி-அப்

சுகாதாரச் சலுகைகள் மூலம் நீங்கள் ஆரோக்கியமாக இருக்க உடல்நலக் காப்பீட்டுத் திட்டத்தின் மூலமாகப் பெரிதும் பயனடையலாம்." என்றார். மணிப்பால் சிக்னா ப்ரோ ஹெல்த் ப்ரெம்ஸ் மற்றும் ஹெல்த் இன்சூரன்ஸ் பாலிசிகளில் இருந்து பெறப்படும் வெளிநோயாளிகள் பிரிவு நன்மைகளை மருந்தகச் செலவுகள் மற்றும் 570-க்கும் மேற்பட்ட நகரங்களில் ஸ்டோர் பி-அப்

நகரங்களில் 27,105 பின் கோடுகளைக் கொண்ட இடங்களில் 1.60 லட்சத்துக்கும் மேற்பட்ட மருத்துவர்களுக்கான பரிந்துரைக்கப்பட்ட வெளிநோயாளிகள் பிரிவு மருந்தகச் செலவுகள் மற்றும் 570-க்கும் மேற்பட்ட நகரங்களில் ஸ்டோர் பி-அப்

பரிந்துரைக்கப்பட்ட மருந்துகள், ஆய்வுக் சோதனைகள் மற்றும் சுகாதார துணைப்பொருட்கள் மீதான தள்ளுபடிகள் இதை வெளிநோயாளிகள் பிரிவு நன்மைகளைப் பெற, பாஸிசியை தங்கள் காலத்தில் அளவு எண்ணிக்கையை அடைவதற்கு புதுப்பித்தல் பிரிமியத்தில் 20 சதவீதம் வரை வெகுமதி புள்ளிகள் அடிப்படையிலான 36 ஆபத்து



# One Station One Product Stalls across Southern Railway gain patronage Scheme enters into sixth phase of its implementation today with XX numbers of products across various Stations of Southern Railway Rs. 1.20 Crores earned as cumulative revenue by local artisans, weavers and Craftsmen in last five phases of the scheme

Chennai, July 13 2022: The 'One Station One Product' scheme launched by Southern Railway has gained patronage and five phases of the ambitious initiative have been successfully completed so far. The zone launched the first spell of the Sixth Phase today (8th July 2022) at 89 stations with variety of products displayed for promotion and sale across its six divisions.

In the first spell of Phase VI, products such as palm products, textiles, Palani Pancharitham, Srivilliputhur palgova etc. will feature in OSOP stalls at various railway stations providing an opportunity for the passengers to buy locally renowned, indigenous handicraft products, Textiles and Handlooms, local agricultural produce, etc.,

The pilot scheme which was launched from 25.03.2022 in Puratchi Thalaivar Dr. MGR Chennai Central has proliferated into 53 stations at the conclusion of its fifth spell and has now reached 89 stations in its Sixth spell. A cumulative revenue of Rs. 1,20,85,362 was registered by the OSOP outlets in Southern Railway till 07.07.2022 spanning across five phases of its implementation and thus serving as source of livelihood for local artisans, weavers and craftsmen who had set up these outlets.

Southern Railway's endeavour to identify and promote indigenous products of local fame has received wide acclaim with the One Station One Product Kanchipuram Silk Saree Stall at Dr



MGR Chennai Central of OSOP stalls registering outlet registered 2022, the conclusion of topping the pan-India list highest turnover. The Rs.55,57,605 till 7th July fifth spell, with an

average sale of Rs.52,000 per day. Sungudi Saree Stall at Madurai, another Kanchipuram Silk Saree Stall at Chennai Egmore, Palm Product Stalls at Tirunelveli and Tiruchendur also featured in the top 10 list.

Southern Railway has identified 483 stations for the launch of OSOP Scheme in the subsequent phases. These stations will be part of the initiative to be launched across 5000 stations over Indian Railways.

## One Station One Product Scheme

ONE STATION ONE PRODUCT - OSOP scheme was announced by the Hon'ble Finance Minister in the budget 2022-23. It is a scheme envisaged to popularise and encourage local business and supply chain. A scheme to

provide enhanced livelihood and skill development to artisans, craftsmen, potters, weavers, tribals etc.

Railway Board has notified the policy for implementation of "One Station One Product" Scheme vide Commercial Circular no.12 of 2022 on 20.05.2022. The PAN India launch of OSOP scheme at around 5000 stations is likely to be done around the first week of September, 2022.

OSOP sale outlets at the identified stations will have distinctive look, feel and logo. This selling outlet has been conceptualized by the National Institute of Design (NID), Ahmedabad, and development of the detailed design and the working prototype are under process.

## Apollo Institute of Colorectal Surgery completes 500 Robotic Colorectal Surgeries

- ~ The centre excels in low rectal resection and reconstruction to avoid colostomy and improve quality of life after colorectal cancer surgery ~
- ~ Dr. Venkatesh Munikrishnan and his team completed more than 500 surgeries
- ~ Performed the world's first rectal cancer surgery with the new Hugo robotic surgery system at the Apollo Main Hospital

Chennai, July 13 2022: Apollo Institute of Colorectal Surgery, India's Premier Dedicated Centre for Colorectal Cancer Management has successfully completed more than 500 robotic colorectal surgeries over six years. The Apollo Institute of Colorectal Surgery began offering cutting-edge minimally invasive robotic surgical techniques and technology in the treatment of patients with colorectal diseases, especially colorectal cancer since 2016.

The rate of colorectal cancer has been increasing among young adults in their 20s to 40s over the last two decades. If colorectal cancer is identified in the early stages it can be completely cured and Robotic Colorectal Surgery helps patients avoid colostomy and lead a normal life. Colorectal cancer is a common cancer globally but has a low reported incidence in

India with GLOBOCAN 2018 ranking colon cancer 13th in terms of incidence and mortality with 27,605 new cases and 19,548 deaths annually. Since 2018, 27,605 new cases have been registered across India and the total number of patients living with the disease in India is estimated to be around 53,700. Colorectal cancer is on the rise especially among young Asian males with unhealthy lifestyle patterns one of the key reasons for its occurrence.

Ms. Preetha Reddy, Executive Vice Chairperson, Apollo Hospitals Group said, "At Apollo, we are bringing in cutting edge medical technology, representing the next era of healthcare innovation to treat cancers. In 2016, we started a specialised department for Colorectal Surgery and also simultaneously started Robotic Colorectal Surgery. This has led to



precision surgery that causes minimal side-effects in patients. Over the last few years, there have been several advances in minimally invasive techniques such as Robotic Colorectal Surgery, which has led to significant change in the management of colorectal diseases, particularly for rectal cancer surgery." She added, "Being one of India's first dedicated centres for management of diseases of the colon, rectum and anus, the Institute offers Robotic & Laparoscopic Colorectal Surgery for Colorectal Cancer and cutting-edge treatments in Proctology and Pelvic Floor Diseases. The Robotic Colorectal Surgery Programme is the busiest in the country with over 530 robotic colorectal surgeries completed since its opening in 2016, of which 500+ have been performed by Dr. Venkatesh Munikrishnan and his team, who holds the distinction of being the highest volume robotic colorectal surgeon in the country. More recently we have added the new Hugo

robotic surgery system and performed the world's first rectal cancer surgery cases with this new system."

Dr. Venkatesh Munikrishnan, Consultant Colorectal & Robotic Surgeon, Apollo Hospitals, Chennai, highlighted the importance of early diagnosis and its impact on the patients' recovery, he said, "A matter of concern has been the rise in patients coming with late-stage cancer to the hospital. There is an urgent need to educate the patients to prevent this 'stage migration' of the cancer from the early stages I and II when it is easy to treat, to stages III and IV, when recovery can be challenging. It is important for people to be aware and identify symptoms early so they can get appropriate care. There is an urgent need to create awareness as symptoms of colorectal cancer and benign conditions such as

haemorrhoids are similar."

Dr. Venkatesh Munikrishnan, also added, "With Robotic Colorectal Surgery we are able to perform complex surgeries to remove the cancer and reconstruct the colon to rectal / anal connection, thus avoiding a permanent colostomy for the patients. The use of robotic surgery also has several short term benefits such as less blood loss, quicker recovery, and better maintenance of normal bodily function."

The high volume of robotic colorectal surgeries allows cost efficiency with the cost of robotic colorectal surgery almost at par with standard keyhole surgery. This advancement has also benefited patients who present with other colorectal diseases particularly in the treatment of rectal and pelvic disorders such as rectal cancer or rectal prolapse.

## Farmer friendly decision arrived at in virtual meeting between Union Minister of Agriculture and Farmers Welfare and Chief Minister of Andhra Pradesh

Chennai, July 13 2022: The Andhra Pradesh government has decided to rejoin the ambitious Pradhan Mantri Fasal Bima Yojana (PMFBY) following talks between the Union Minister of Agriculture and Farmers Welfare, Shri Narendra Singh Tomar and the Chief Minister of Andhra Pradesh, Shri Y.S. Jagan Mohan Reddy. Shri Tomar appreciated this step of the state government. With this important decision, crops of more than 40 lakh

farmers of the state will get insurance cover in case of natural calamity.

Shri Tomar said that the Central Government has made PMFBY simple and convenient as per the suggestions of the states. The Central Government is working continuously with the States to improve the condition of farmers and make them prosperous and transform agriculture into advanced farming.

In the meeting, Shri Reddy thanked the Central Government for re-



implementing PMFBY in the state. Shri Reddy said that after discussion with the Center, the State Government has decided to provide the farmers of the State with crop insurance cover under the PMFBY. Andhra Pradesh has decided to implement the PMFBY from Kharif-2022 season. The Central Government is committed to empower the farmers across the country including Andhra Pradesh by securing their income-livelihood and to realize the dream of Prime Minister Shri Narendra Modi's AatmaNirbhar Bharat (self-reliant India) and self-reliant farmer. Keeping in view the suggestions of Andhra Pradesh and other states, the Central Government revamped the scheme in February-2020 with new features, such as voluntary enrolment for all farmers, wider use of technology in yield estimation, risk coverage to choose for payment of sum insured to the States as per the option

and prevailing risk profile and a provision of 3% was made for administrative expenses.

On July 7, a team headed by the Union Agriculture Secretary Shri Manoj Ahuja also gave a presentation to the Chief Minister regarding the scheme.

PMFBY and Restructured Weather Based Crop Insurance Scheme (RWBCIS) have been successfully implemented in Andhra Pradesh from Kharif-2016

to Kharif-2019.

Special Chief Secretary, Andhra Pradesh Smt. Poonam Malakondaiah, Additional Secretary, Union Agriculture Ministry, Shri Abhilaksh Likhi also addressed today's meeting. The CEO and Joint Secretary of the scheme, Shri Ritesh Chauhan, gave welcome speech and presentation. Senior officials of Central and State Government were also present in the meeting.



## Oxidative stress on the skin impact and protection Authored by Dr. Subhashini Mohan, Consultant Dermatologist, Fortis Malar, Chennai

Chennai, July 13 2022: Oxidative stress- another annoyance added to our ever-increasing pile of stresses in the world. As if we don't have to worry enough about the ongoing pandemic, the ever-increasing population and global warming! Alas, oxidative stress is another agent that heavily ads on the skin's ageing process.

### What is skin ageing?

Ageing of skin is natural process as age grows. It is not solely chronological but also aided by many other contributing factors which either fall into intrinsic or extrinsic kind.

Intrinsic ageing - the naturally occurring process of thinning your skin cells gradually stop regeneration and renewing themselves is called intrinsic ageing. This is controlled by each person's individual genetic clock and occurs because of a reduction in telomerases, an enzyme that help in DNA repair after each cycle. The process of intrinsic ageing starts in your mid-20s and continues throughout life. This may not become evident for decades. Ultimately, collagen production deteriorates, skin turnover decreases, and your skin appears duller by the day, and this cycle continues till your skin cells die. The sign of intrinsic ageing includes hollowed cheek and eye, loss of skin firmness.

Extrinsic ageing - also known as environmental ageing, occurs with the help of environmental factors that amplify the process of extrinsic ageing. Major reasons that induce



formation of an enzyme called matrix metalloproteinases responsible for degrading collagen and elastin. Reactive oxygen species disrupt the antioxidant system in your body resulting to oxidative stress.

How do you prevent the damage caused by oxidative stress?

In simple terms, oxidative stress can be prevented or reduced by altering the lifestyle and dietary changes to our daily life. This can be achieved by:

- Include relevant antioxidants in your skincare routine. Ascorbic acid, or vitamin C, acts as a ROS scavenger by acting as an electron donor. Out of all the antioxidants, vitamin C is the most

effective. By saving skin cells from being oxidized, it has a potent and strong effect on reversing and preventing the signs of ageing.

Secondly, vitamin E is another compound that protects the skin against oxidative damage. This lipid-soluble vitamin is abundant in plant oils. It induces detoxification, as well as decrease the occurrence of cancer caused by the sun rays.

Beta carotene, which is a form of Vitamin A, scavenges free radicals and inhibits the oxidation of cell membranes. By directly combining with the free radicals and forming a product that is decomposed and protects the cell membranes from oxidation. Other forms of Vitamin A, including retinol and retinoic acid have also proven to reduce oxidative stress.

Chennai, July 13 2022: HCL, a US \$11.5 billion global conglomerate along with the Squash Rackets Federation of India (SRFI) today announced new initiatives as part of the HCL Squash Podium Program to significantly improve the Squash ecosystem in India over the next five years. The multi-pronged program will nurture existing senior and junior Squash players and help them finish at the podium at major international events including the Commonwealth & Asian Games. The program will also help enhance coaching standards and encourage and identify the next generation of Squash players in the country through grass-roots initiatives.

The HCL Squash Podium Program will host multiple initiatives including:

High-Performance Camp for Commonwealth Games 2022 and World Junior Championship: The two-week performance camp will be held from July 11 to 25 for seniors and juniors with top national and international coaches, including Chris Walker, Gregory Gaultier & Sebastien Bonmalais. These camps will be geared towards improving game strategy and tactics, strength, conditioning and nutritional direction. Individual player assessment reports will be created during these camps by leveraging sports science, to offer customized guidance to each player and help them perform better. Graeme Everard, an experienced physiotherapist from England will accompany the players for

to offer not just health insurance but a complete healthcare solution. Our new digitally enabled, unique App based Cashless OPD proposition under ManipalCigna ProHealth Prime helps our customers reduce the burden of out-of-pocket spending at just a click of a button."

In India, approximately 65% of the total health care expenditures are out of pocket expenses, which are not covered by most health insurance policies in the market. Therefore, to help reduce the burden of out-of-pocket spending, ManipalCigna's new Cashless OPD coverage under ManipalCigna ProHealth Prime gives policy holders option of ₹ 20,000, ₹ 30,000 or ₹ 50,000 per policy year, to cover for expenses they incur on outpatient expenses, including dental, vision, physical doctor consultation fees, prescribed medicines, etc.

Speaking about the new cashless OPD coverage, Mr. Prasun Sikdar, Managing Director and CEO, ManipalCigna Health Insurance Company Limited said, "We at ManipalCigna believe in constantly innovating our product line

## HCL and SRFI Accelerate Efforts to Transform India's Squash Ecosystem in the Next Five Years HCL Squash Podium Program enhanced to nurture senior and junior Squash talent to finish at the podium

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the Commonwealth Games, starting July 25th.

PSA Tournaments in India-HCL and SRFI will organize multi-city Professional Squash Association (PSA) tournaments in India for both men's and women's categories. These tournaments help talented Indian players gain international ranking points and the right exposure from competing against some of the best international players. This will also help build and strengthen the next rung of Indian players.

Grassroots Squash - HCL and SRFI will work to broad-base squash and increase participation by identifying and nurturing untapped talent across the country. Talent at the grassroots level will be identified and nurtured through inter-school tournaments and local clubs. As part of this initiative, HCL will support institutions to build squash courts, offer curriculum & technical support to institutions with existing squash courts, enhance coaching standards and ultimately reward players with ranking points and exposure to move to the top of their game.

HCL Indian Junior Open - Keeping in mind the above initiatives, HCL will

aim to increase the number of participants in the junior category. This will be organized as a Platinum event under the Asian Squash Federation (ASF) calendar (the highest level championship in the Asian Circuit) and will be rated as a Six-star tournament by SRFI. The top players from this tournament will receive ranking points which will add up to their junior Asian rankings in the relevant age group.

Multiple coaching camps and referee clinics - HCL and SRFI will work towards capacity-building and skill enhancement for existing Indian coaches and referees and benchmark them to standards recommended by World Squash Federation (WSF). HCL and SRFI will also host referee clinics along with each PSA tournament to help improve refereeing standards.

Announcing the HCL Squash Podium Program, Mr. Rajat Chandolia, Associate Vice-President and Head, HCL Brand said, "HCL aims to multiply the potential of not only individuals but society at large. HCL has been a long-term investor in promoting and nurturing India's sports ecosystem, especially those sports which have remained outside the spotlight. We

launched the HCL Squash Podium Program in 2019 and conducted junior tournaments, PSAs and training camps for the coaches. As the world returns to normalcy post Covid, we are thrilled to create an enhanced program that will encourage and support not just existing players, but also create a grassroots movement for Squash in our country, ultimately adding brilliant players to the country's repository and delivering sporting success on the global stage."

Mr. Cyrus Poncha, Secretary-General, Squash Rackets Federation of India said, "Indian Squash is gaining popularity as a competitive sport with the success of players like Joshna Chinappa, Dipika Pallikal, and Saurav Ghoshal securing important international wins for the country. Our joint effort with HCL, has helped India rise to the third place behind Egypt and the UK among countries with the highest globally ranked players. In less than a year of launching the program, Indian players with world rankings increased to 54. This is a testimony to the powerful impact committed corporates such as HCL bring to the sporting ecosystem. Over the next five years, we would like to build a strong community of squash talent to enable India to dominate the world stage."

In the past, HCL partnered with SRFI for HCL Junior Squash tournament, HCL Senior National Squash Championship 2017 and 2018.

## Leading Taiwan-Based Aircraft Maintenance, Repair and Overhaul Service Provider, Air Asia Company Limited Goes Live with Ramco Aviation

Chennai, July 13 2022: Global aviation software provider Ramco Systems announced that it has successfully gone live at Air Asia Company Limited (AACL), Taiwan's first privately-owned aircraft maintenance company catering to aircraft maintenance of commercial aircraft, helicopters, military and a designated 'Government owned contractor operated facility' (GOCO), with its Aviation M&E MRO Suite V5.9, thereby automating AACL's business processes.

With modules for Production Planning, Commercials, Maintenance Execution and Supply Chain Management, Ramco's one stop solution, Ramco Aviation Suite V5.9 replaced AACL's existing legacy system for proposal management, production Planning, heavy maintenance process for commercial aircraft, and interfaces with AACL's inventory management solution. As a result, AACL has now recorded a

15% reduction in its production planning process. In addition, Ramco's next-gen innovations like its Mechanic Anywhere mobile app and real-time Dashboards together with the digital transformation initiatives for Task Card Management, Electronic Signoffs, enable the company to streamline communication between its departments, analyze manhour consumptions, track opportunity details, progress of work packages and report non-routine tasks on the go.

Eric Y.C. Tsai, Director of Commercial Aircraft Planning, Air Asia Company Limited, commented, "With a primary goal to achieve paperless operations and support green environmental protection, and with a vision to become a world-class and professional aircraft Maintenance, Repair and Overhaul (MRO) service provider, we found a perfect technology partner and a best-in-class Aviation software provider in Ramco Systems.

Ramco's rich domain expertise along with the able team members at AACL and Ramco ensured to turnaround this project during the pandemic. Ramco's Digital Task card feature has been helping us achieve our goal. We are confident that these will be signed off by the Civil Aviation Authority (CAA) and Federal Aviation Administration (FAA), as well."

Manoj Kumar Singh, Chief Customer Officer - Aviation, Aerospace & Defense, Ramco Systems, said, "With the growing aviation industry, organizations today are being mindful of choosing innovative solutions that are not only helping them improve efficiency, but are also helping them achieve green initiatives. Ramco's Task Card Digitization is a step towards sustainability in aviation. Equipped with the latest technology stacks around artificial intelligence and machine learning, Ramco Aviation Suite has been helping companies embrace paperless operations and embark on digital

transformation. We are happy to support Air Asia Company Limited in their endeavor and help them scale to greater heights."

Ramco Aviation, Aerospace & Defense is trusted by 24,000+ users to manage 4,000+ aircraft globally. Accessible on cloud and mobile, Ramco Aviation & Defense Software continues to innovate with 'Anywhere Apps', significantly reducing transaction time both during aircraft-on-ground (AOG) conditions and critical aircraft turnarounds. Ramco is changing the paradigm of enterprise software with Artificial Intelligence based solutions, powered by cool new features such as digital task cards, offline capability, chatbots, mail bots, HUBs and cognitive solutions. With 80+ Aviation organizations onboard, Ramco is the solution of choice for top heli-operators, leading defense companies, space launch vehicles, UAS/Drones, eVTOL and multiple MROs around the world.

## To mark National Insurance Awareness Day, ManipalCigna Health Insurance launches new policy that covers up to ₹50,000 OPD expenses

Chennai, July 13 2022: ManipalCigna Health Insurance Company Limited, enters cashless OPD with the launch of ManipalCigna ProHealth Prime to protect people's finances from day to day healthcare expenses such as doctor's consultation fees, prescribed diagnostic tests and pharmacy.

In India, approximately 65% of the total health care expenditures are out of pocket expenses, which are not covered by most health insurance policies in the market. Therefore, to help reduce the burden of out-of-pocket spending, ManipalCigna's new Cashless OPD coverage under ManipalCigna ProHealth Prime gives policy holders option of ₹ 20,000, ₹ 30,000 or ₹ 50,000 per policy year, to cover for expenses they incur on outpatient expenses, including dental, vision, physical doctor consultation fees, prescribed medicines, etc.

Speaking about the new cashless OPD coverage, Mr. Prasun Sikdar, Managing Director and CEO, ManipalCigna Health Insurance Company Limited said, "We at ManipalCigna believe in constantly innovating our product line

to offer not just health insurance but a complete healthcare solution. Our new digitally enabled, unique App based Cashless OPD proposition under ManipalCigna ProHealth Prime helps our customers reduce the burden of out-of-pocket spending at just a click of a button."

Sikdar further added, "Today on the occasion of National Insurance Awareness Day. I would also like to encourage people to set aside some time to review their existing coverage to safeguard their loved ones' financial future. Furthermore, if one does not have a health insurance, it is vital to get a complete healthcare insurance plan that fully covers healthcare expenses both inside and outside of the hospital. Cashless OPD cover is especially beneficial to people with higher out of pocket expenses or parents with infants or young children prone to ailments that require over-the-counter medicines or get tests done quite frequently. These expenses add up to a lot, but go unnoticed by most health insurance plans. Thus people who require regular OPD consultations can benefit greatly from a health insurance plan

which helps cover their OPD expenditures on cashless basis and lets you stay fit with simplified wellness offerings.

The ManipalCigna ProHealth Prime provides following OPD benefits different from the other health insurance policies:

§ Annual Health Check-up from 1st year onwards

§ Doctor Consultation - Physical with 6000 + Doctors, 16+ major consultation specialties, both Hospital and Clinic based network

§ Prescribed Diagnostic Expenses across 20+ chains & individual centres for all major lab tests

§ Prescribed Pharmacy Expenses for 1.60 Lac + medicine items across 27,1051 pin-codes in 2890 cities, and store pick-up in 570+ cities

§ 24X7 Unlimited Tele Consultations in 16 major Indian languages with 10000+ Doctors

§ Reward points of up to 20% on renewal premium for achieving daily step count

§ Domestic 2nd opinion for 36 listed Critical Illnesses

§ Condition

Management Program

§ Discounts on prescribed medicines, lab tests and health supplements

To avail these OPD benefits, policyholders just need to book cashless services for themselves and their dependents on ManipalCigna App.

ManipalCigna ProHealth Prime also comes with an option to earn attractive rewards points of up to 20% of your base premium for completing the number of predefined steps towards wellness in a day. These reward points can be used towards a discount on your renewal premium. A Cashless OPD cover provides many other cost benefits that can help individuals save a lot of money over time. Take for instance, a comprehensive health insurance hospitalization cover under ManipalCigna ProHealth Prime for an amount of Rs 5 lacs along with Rs 20 thousand of OPD coverage, completely on cashless basis for consultation, diagnostics and pharmacy expenses for a 35 year old male shall be available for Rs 9,783 (Premium including GST in cities such as Mumbai and Delhi).