

Tribal Affairs Minister Arjun Munda initiates Poshan Maah activities in Khunti district, Jharkhand

New Delhi, September 09 2021: Arjun Munda, Tribal Affairs Minister initiated Poshan Maah activities of Tribal Affairs Ministry this week with a programme organised in Khunti district, Jharkhand including a pledge with message of "Sahi Poshan Desh Roshan".

The health of tribal women is an important aspect of Poshan Maah and to bring focus to the nutrition of tribal women, Tribal Affairs Minister Sh. Arjun Munda met beneficiaries of Pradhan Mantri Matru Vandana Yojana and highlighted benefits of nutrition for pregnant and lactating mothers.

A nutrition counseling camp and nutrition seminar were organized in Jheelara village, a tribal dominated area of Kauakol block of Nawada district, Bihar this week in which all panchayat members participated.

Around 200 people attended this camp in the village located in Santhal tribal dominated area.

The children were weighed in advance by the volunteers and special counselling sessions were organised for mothers of malnourished children. Simultaneously, the applications of pregnant women was filled under the Pradhan Mantri Matru Vandana Yojana and applications also filled up under Kanya Utthan Yojana.

Nutritious cereals which are available at the regional level were also displayed at the camp.

Nutrition kits and sanitization kits were distributed to pregnant women. Mothers were told about the quality of 5 types of cereals which are available regionally.



Poshan Maah activities were also organized in Munda and Aggra Munda tribal dominated areas of Jharkhand. The locals were distributed fruits, vegetables, cereals and given the message of a healthy living with a nutritious diet.

Fourth Poshan Maah as a sequel of previous Poshan Abhiyaan which started in 2018 is being celebrated in the month of September with Ministry of Women and Child Development as the nodal ministry.

Given the importance of nutrition in mitigating anaemia, chronic nutrition deprivation in children which affects their survival, growth, learning, performance in school, productivity among Scheduled Tribes, Ministry of tribal affairs has planned to organise several activities and programmes at centre, state and local level.



Chennai: Minister of State for Information & Broadcasting and Fisheries, Animal Husbandry & Dairying Dr L Murugan met with Minister of Railways Ashwini Vaishnav.

Rotaract Club of VISTAS donated desktops to Sarada Vidyalaya Model Girls' School, T Nagar

Education is an important tool for national character building - Annapurna Devi

New Delhi, September 09 2021: Prime Minister Shri Narendra Modi addressed the inaugural conclave of Shikshak Parv on 7 September, 2021 via video conferencing. The inaugural conclave was followed by a technical session on the current year's theme: "Quality and Sustainable Schools: Learnings from Schools in India". Smt. Annapurna Devi, Minister of State for Education was the chief guest on the occasion. The session was chaired by Dr. K. Kasturirangan, Chairman, National Education Policy Committee. Prof. J.S. Rajput Former Director, NCERT and senior officials of the Ministry were present on the occasion.

Speaking on the occasion Smt Annapurna Devi stated that the development of a nation is dependent on education as education is an important tool for national character building. Therefore capacity building of children is essential. She stressed that it is important that both teachers and children learn together, they must also learn the local skills and acquire experience based learning to make education

more relevant in present times. She also mentioned that quality and sustainability are two sides of the same coin. Smt Annapurna Devi hoped that the discussions and ideas that emerge out of this conclave will help in realising the vision of our Prime Minister of strengthening the education system of our country.

Kasturiyan appreciated the efforts of the Ministry of Education in organising this important conclave with the Prime Minister setting the tone of the deliberations for the forthcoming sessions and also lauded the initiatives that have been taken to realise the vision of NEP 2020. He also appreciated the efforts taken by Sh. Dharmendra Pradhan, Minister of Education for the steps taken by him to realise the goals of NEP in such a short span of time. He pointed out that owing to the outbreak of Covid 19 there were some disruptions as well as learning loss among children and hopes that many of these issues and challenges will be addressed during the conclave. He emphasised on focusing on four issues in this regard: Firstly, the

Foundational Literacy and Numeracy is an important aspect mentioned in NEP 2020. Secondly, community engagement and support is also required to ensure that all children are retained in school. The third point is curricular transformation with regard to which the NEP focuses on lessening the burden so that there is more scope for other forms of learning. The fourth issue relates to the teachers who are central to the education system and have an important role to play in bridging the gap of learning loss. Thus restoring quality education and maintaining sustainability are the two major challenges, beside the challenges posed by the pandemic.

Prof. J.S. Rajput said there is a need to restore respect for teachers. He further said that, teachers must also remember that they must first know the child, understand the mind of the child and remember that nothing can be taught but learnt. Learning is the treasure within, teachers can only inspire the learners to realise the treasure from within, he added.

Anita Karwal thanked

Annarpurna Devi, Dr. K. Kasturirangan, Prof. J.S. Rajput and all the speakers.

She stated some of the initiatives taken by teachers are eye openers such as starting entrepreneurship for grade I, exposure of nature these are excellent examples of connecting learning to real life. There is need to build capacity of school, society and of parents to participate hand in hand to bring sustainability, she added.



Chennai, September, 09 2021: The Rotaract Club of VISTAS sponsored by Rotary club of Chennai golden star along with rotary club of madras south , Rotary international district 3232 , conducted a community service event "Vision through Machine" in association with Ford Rotary Initiative on the 7th of September 2021 at Sarada Vidyalaya Model Girls' School, T Nagar between 11:00AM-12:30 Pm .The Purpose of the event was to donate desktops to the school which should be helpful for their education. The dignitaries for the event were as follows: Rtr.R.Aadhith President Rotaract club of Vistas, Rtn. Gopala Krishnan District Youth service director, Rtn/Rtr. M. Sesha Sai District Rotaract Committee Chairman, Rtn. Mukund Vedapudi District Associate youth service director Guest of honour Rtn. Semmalar President Rotary club of Chennai Golden Star Rtn. John Vincent Secretary Rotary club of Chennai Golden Star Rtn. Navamani Youth service Director Rotary club of Chennai Golden Star Special invitees Rtr.P.P. Kamavel District Rotaract Representative Rtr. P.P Dinesh kumar District Community Service Director.

Genelia Deshmukh shares her family's secret remedy for cough and cold during monsoons

Chennai, September 09 2021: Monsoon for many is a shower of relief from the constant heat, the pleasant atmosphere or the splash of puddles loved by all. From little kids to the older ones, everyone has their own monsoon fun activity planned. Despite all the fun things that monsoon brings, we also see a lot of cold and cough symptoms coming up during this season. This means one needs to be extra cautious and mindful about their respiratory health and wellness with a simple regime that's easy to practice at home.

Talented actress and hands-on mom Genelia Deshmukh is known to balance fun and health and keeps giving a peek into the Deshmukh family's health regime on various occasions. With the monsoon here in full-

force, Genelia relies on simple home remedies to ensure her family is protected and on their ace health while enjoying the monsoon family fun at home. She ensures that her family starts their day with Yoga and deep breathing exercises, followed by healthy eating consisting of seasonal fruits and vegetables high in essential vitamins to enhance immunity.

Sharing more about her monsoon health regime, Genelia says "Outdoor activities are always a favorite in our family, more so during monsoons. However, monsoons are also tough to handle with little kids at home and us constantly traveling for work. Therefore, I ensure that my family follows a healthy routine during this time with yoga, eating healthy meals and in case of cough & cold



symptoms, steam inhalation with Vicks VapoRub to get relief from it."

She further added, "Being ardent believers of the goodness in traditional home remedies, this is the one thing I always carry with me and this practice has stuck through generations in our house. We start off by adding a teaspoon

of Vicks VapoRub into a bowl of hot water, not boiling, covering our head with the towel, and inhaling the vapors, followed by a good rest. With natural ingredients like eucalyptus, camphor and Menthol, Vicks Vapo Rub gives relief from symptoms of cough & cold and remains something I trust personally."

Chennai, September 09, 2021: Shriram City Union Finance Ltd. (Shriram City), India's largest two-wheeler financier (number of 2W financed) and part of the Shriram Group, has launched an AI-enabled lending platform - Express Two-wheeler Loans (E2L). The platform will allow instant loan approval of up to 100

percent on-road price of the two-wheelers.

Customers can avail a fully digital and paperless two-wheeler loan facility round the clock in just a few minutes, without visiting a branch and submitting physical documents.

Speaking at the launch YS Chakravarti, MD & CEO, Shriram City Union Finance

said, "India's growing digital loan market is set to touch \$1 trillion by 2024, and Shriram City being a leader in two-wheeler financing aims to further expand its market share through the newly launched E2L facility. This will enable customers to meet their financial requirements from the comfort of their homes. The platform will allow both existing and non-Shriram City customers to avail instant two-wheeler loans through our App or website in a completely paperless and digital manner. Technology is the backbone of all innovation at Shriram Group, and we are constantly working towards providing a superior customer experience."